

Carers Reference Group

Friday 3rd June 2016

Carers Leeds - The Headrow Leeds

Present at the meeting		Apologies
Lynn Bailey, Family Carer and Facilitator Liz Davis, Family Carer Kausar Iqbal, Family Carer Maureen Lumb, Family Carer Becky Mitchell, Family Carer Shirley Evison, Family Carer Yvonne Ugarte, Family Carer Ann Seaton, Family Carer Marie Sykes, Family Carer		Suzanne Jackson Bailey, Family Carer Madeleine Fahy, Connect in the North Louise Mills, Adult Social Care Jackie Hartley, Family Carer
1.	Minutes of the meeting held 4th March 2016	
	Date needed changing and then these were agreed	
2.	Learning Disability Partnership Board	
	Carers discussed topics that they would like to speak about at the Learning Disability Partnership Meeting. These would be Ribby Hall Away Days, meetings attended Health task Group, Yorkshire & Humber Regional Family Carers Network, St James's Health Steering Group, Good Lives Leaders and events Thackray Museum, Epic Leeds Event, St James's Health events, PSI Network. Also people that have visited Carers Reference Meetings; Norman Campbell to talk about Thackray Museum Event, Kauldeep Bajwa & Anne Hill Financial assessments, Ian Brookes-Mawson introduced himself as the new Strategic Commissioning Manager, Carers Leeds Workers Jill Morris older carers shared roles, Charissa health & wellbeing, Adam parent carer support & Tom time for carers. Action Lynn to prepare power point presentation & write up feedback sheet.	
3.	Carers Reference Group Priorities for Next Year	
	The priorities for carers next year: Financial Assessments Breaks for Carers – respite & health respite. Transport Information & Communication Education for over 25yr olds	
4.	Carers Health & Wellbeing Charissa Chester	
	Charissa spoke about a new 1 year pilot project working with Carers Leeds to help improve the health & wellbeing of carers. She will be working with carers for 6 – 8 sessions on one to one and going to social groups to help with healthy eating, stopping smoking, reducing alcohol etc. Charissa will be able to meet carers in GP surgeries, hubs, or at home. All Carers over 18yrs old who live in the North, South or East Leeds will be able to access the service. The group spoke to Charissa about running a session to help with stress & anxiety. Charissa would look into this and get back to the group.	
5.	Any Other Business	

	Jill Morris Engagement Worker Carers Leeds asked to speak to the group about mutual carers – where people with learning disabilities are in relationships where they become carers themselves (please see attached sheet). Carers agreed that it would be a good idea to have regular meetings with the Peoples Parliament. Lynn handed out Carers Emergency Services Leaflet and Carers Emergency Card.
6.	Dates for Diary
	National Learning Disabilities Week 20th – 26th June. National Carers Week events 6th – 12th June Yorkshire & Humber Regional family Network – 23rd June. Group meeting 16th September 2016 Learning Disability Partnership Board 27th September 2016