



Learning Disability Partnership Board
Tuesday 8th December 2015
The Thrackray Medical Museum, Leeds 9
Notes from the meeting



Board Members (who signed the attendance list)	
	Joint Chairs Aaron Wood Councillor Adam Ogilvie
	Learning Disability People's Parliament Ann Shuter Annabel Park Daniel Froment, Co-Chair of Being Connected David Norman Susan Hanley Karen (NHS supporting Annabel) Claire Nixson, Advonet Kirsten Trickett, Advonet
	Carers Reference Group Jackie Hartley, Family Carer Liz Davis, Family Carer Lynn Bailey, Family Carer and Facilitator Maire Sykes, Family Carer Shirley Evison, Family Carer Suzanne Jackson Bailey, Family Carer Liz Brightwell, Family Carer
	Statutory Services Lana Northey, Adult Social Care Norman Campbell, Clinical Commissioning Group North Sadie Dunne, Leeds Teaching Hospital NHS Trust Dr Sam Browning, Leeds South & East Clinical Commissioning Groups Max Naismith, Adult Social Care Peter Johnstone, Leeds and York NHS Foundation Trust Parveen, Healthwatch Leeds
	Person Centred Approaches



Cathy Wintersgill, Connect in the North

Tenfold - Voluntary Sector Forum

Kath Lindley, Tenfold

Tina Turnbull, People Matters

Linda Langstaff, Specialist Autism Services

Supporting the Board

Louise Mills, Adult Social Care

Guests

Jackie Whittle, Leeds Teaching Hospitals NHS Trust

Julie Cole, Adult Social Care

Lauren Lewis, Adult Social Care

Ian Brooke-Mawson, Adult Social Care

Diane Shires, Adult Social Care

Ian Buttery, Health Task Group

John Burley, Leeds and York NHS Foundation Trust

Peter Mitchell

Rachel Smith

Jane Westmoreland, Leeds Teaching Hospitals NHS Trust

Sarah Bennett

Allan House, University of Leeds

Julie Royle-Evatt, Complex Multiple Impairment Nurse

Sheila Truran, Complex Multiple Impairment Nurse

Janet Tsiga, Complex Multiple Impairment Nurse

Get Me Better Champions

Bernadette Spellman

Philip Hayes

Anthony Patterson

Chris Charlton

Jonathan Butler

Anna Brier (Health Matters team)

Apologies (Members who told us they could not come)

Helen Gee, Adult Social Care

Lynne Collins, Affinity Trust, Representing Tenfold

Madeleine Fahy, Through the Maze/Connect in the North.

	Notes from the meeting
	Welcome and opening comments
  	Councillor Ogilvie welcomed everyone and explained that the meeting was looking at the 'Being Well' part of the learning disability strategy. Thanks were given to the Leeds Teaching Hospitals NHS Trust who had helped towards the cost of the meeting. Jackie Whittle, said the Trust were pleased to host the meeting and it was good to see that so many people had come. Jane Westmoreland stood in for Julian Hartley, the Hospital Trust's Chief Executive and talked about the work Julian and the Get Me Better Champions have done to improve the quality of care for people with learning disabilities in hospital. In March 2015, Julian made a pledge to make sure hospitals understand and respond to the needs of patients with learning disabilities. Sadie explained that Julian has attended a lot of learning disability events and worked with the Get Me Better (GMB) Champions to raise awareness of learning disabilities. The GMB Champions recently opened a full time office and helped interview people applying for work at the hospital. Sadie invited people to contact her if they wanted more information.
	Launch of hospital passport and other updates – Sadie Dunne
 	The hospital passport is for people with learning disabilities to use when they go to hospital. It tells hospital staff about a person's needs and dislikes and should be filled in before they go into hospital. Hospital staff should also add information to help the patient and care providers/families when they leave hospital. A board member asked about a special hospital form mentioned in the news. The form is called the DNA CPR and tells doctors what the patient wants doctors to do if their heart stops. The form should be explained to patients and families very carefully. If a person wants this form, it will be kept in the hospital medical file.

   	There is a section in the hospital passport which shows if a DNA CPR has been discussed and/or completed. There is a Discharge Planning Team who look into whether patients (with or without learning disabilities) need support when they leave hospital. A range of easy read leaflets are now available about things like the emergency department, hospital assessments and reasonable adjustments. The hospital computer system (PAS) has a system that tells staff if a person has a learning disability and may need extra support (reasonable adjustments). Sadie would like to hear from people if anything goes wrong when they are in hospital, and if they are pleased with the service. To get a hospital passport or any of the leaflets, telephone or email Sadie; 0113 2066405 or sadie.dunne@nhs.net
Leeds Learning Disability Health Task Group   	Being Well – Ian Buttery and Norman Campbell Norman and Ian gave a presentation which told us about some of the things the health task group have been working on and the general picture of learning disabilities in Leeds. • There are 3,257 people with learning disabilities registered with a GP in Leeds. 25% have had a learning disability health assessment and 26% have a health action plan. The task group want to increase the number of people having assessments and plans • The task group met with psychologists and podiatrists and gave advice on making information accessible • The task group want to create one document that contains both the 'all about my health' record and the 'Hospital passport' • They also want to improve access to health screening • NHS England said transforming care for people learning

	disabilities is very important and people should work together to improve care. This will be a priority for everyone next year. • Areas need to get better at collecting information about the health and wellbeing of people with learning disabilities because there are still gaps and people missing out on the support they need.
Objectives in action (what is being done to support the aims in the strategy)	
 GP Surgery    	Presentation by Janet Tsiga, Sheila Truran and Julie Royle-Evatt – Community Learning Disability Nursing Team. Since July 2014, the community nurses have been working in GP practices and with other health staff on the following; • GP registers - making sure the GP registers hold accurate information about people with learning disabilities and that no one has been missed off. • Health checks - improving access and quality of health checks, increasing the number of people who have them. (If a person's learning disability is not recorded on the GP register, they might not receive an invitation for a learning disability health check). • Accessible information - working with John Burley to develop accessible information, such as ○ 'Get Checked Out' check list – this helps people with learning disabilities prepare for their visit to the GP and should be filled in before the visit. The GP can add helpful information for the person to take with them ○ Information for families and carers about health checks ○ All the leaflets are available on the your health matters website. Presentation by Sadie and the Get Me Better Champions ○ On 18th June, people with learning disabilities and health staff put on a fashion show of specially designed nurse's uniforms. This helped people feel less anxious about uniforms and enabled health staff and patients to work together. ○ Improving Care in Hospital Report 28th September 2015 – this

report showed how important communication is for people with learning disabilities and included some of the things people don't understand or dislike about coming into hospital.

Tenfold – updates by Kath Lindley, Tina Turnbull and Linda

Langstaff. The voluntary sector organisations want people with learning disabilities to have better health and organise activities that might help. For example;



Purple Patch Arts run feel good programmes at Rothwell Fulfilling Lives. These include weight management, exercise classes and training for carers and support staff.



Vera Media are running free cookery courses starting 12th January in Beeston.



People Matters run courses on understanding your body, first aid and managing emotions. Health staff sometimes refer patients to People Matters. A new activities brochure is available from Tina Turnbull.



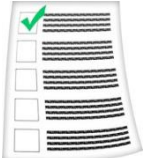
Specialist Autism Services run social skills workshops to help people overcome loneliness, isolation and improve peoples mental health wellbeing.



University of Leeds and OK Diabetes – Professor Allan House talked about the research he has been doing into type 11 diabetes amongst people with learning disabilities. 172 people took part and a lot of them were over weight and wanted to get healthier. The University now want to do a study to see how they can help people with learning disabilities by linking with the health checks programme.



Midwife Service - Sarah Bennett is a midwife and has just started a new job working on the Leeds Maternity Strategy 2015 – 2020. Her first priority is to work with people with learning disabilities. Sarah

 	would like to talk to learning disability group in Leeds. Your Health Matters – the Leeds and York NHS Partnership Foundation Trust run the Your Health Matters website and Easy on the Eye service. They have produced a lot of leaflets for services such as telecare, the making time pharmacy project and people supporting patients facing the end of life. Click here for their website. Respite care in Leeds – Kris Southby works for the Leeds Beckett University and was asked to find out about respite in Leeds. Kris asked people who use respite services, family carers and staff, what they liked/didn't like about the different types of respite and if there were problems accessing respite. Some people said they would like more overnight respite, more activities and to spend more time with people with similar interests. The report is now being written and will be sent to the Board and organisations soon.
	Carers Reference Group
 	Carers read out a list of questions they they had for the Board and special guests. Question 1. Is there any way of checking that people in supported living are attending regular health checks with their GP, dentist and optician, for example? Answer – when the Council inspect services, they use the Quality Standards Assessment tool (QSA), which includes a section on health checks. The Care Quality Commission also look into this when they do their inspections. Norman pointed out that there are still some gaps and more work needs to be done. Question 2. What is available to parents and carers about life changes? For example contraception and health screening. Where can a parent/carers go to find help and advice about this? Answer – The Family Planning Association have easy read

 	information – click here for the link. Families may find it helpful if a GP assesses how much a person with learning disabilities understands about contraception and health screening. Question 3. Is there a way that family carers and the person with a learning disability can have a health check at same time so they would see there wasn't anything to worry about? Answer: There is no reason why GPs would refuse to do this although the surgery may need to book extra time for the appointment and fit this in to their busy diaries.
Learning Disability Peoples Parliament Feedback	
	The Peoples Parliament met on 24th November and talked about Being Well. A lot of health professionals came and talked about what they do and how they can help. The report is being written and will be sent out soon.
Partnership Board Business	
  	Guest speakers and Board Members were invited to send further information and website links to Louise Mills. These will be added to the minutes and Through the Maze website. Minutes of the meeting held 29th September 2015 The Board were unable to check the minutes due to lack of time. As the minutes went out 6th November and no one had asked for any changes, they will go on the Through the Maze website. Dates of next meetings <u>Tuesday 15th March 2016</u> – the theme is Being Connected and the meeting will look at transport, information, activities and employment.
Close of meeting – Councillor Ogilvie	
	Councillor Ogilvie thanked Norman, Ian, Sadie, the health task group and guest speakers for all their hard work.