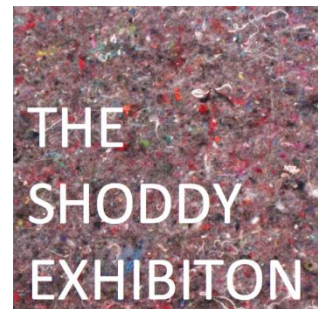


Through the Maze

Spring Edition 2016



Leeds
CITY COUNCIL

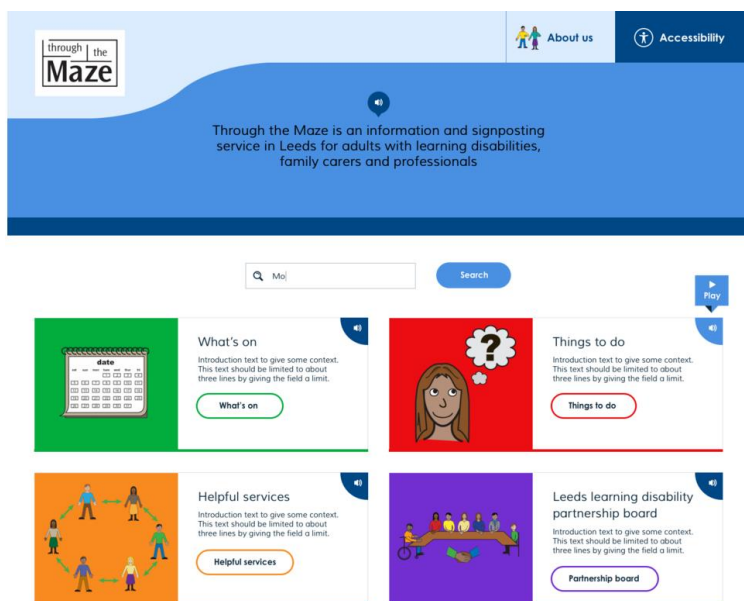
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Welcome to Through the Maze

Hello and welcome to our Through the Maze Newsletter.



In April the new Through the Maze website will be ready for you to use.

The new website is in an EasyRead accessible format.

We hope you like it and find it useful.



You can let us know what you think about it by coming to our drop in.

See page 4 of this newsletter for more information.



Through the Maze – Drop In



Drop in at – Connect in the North

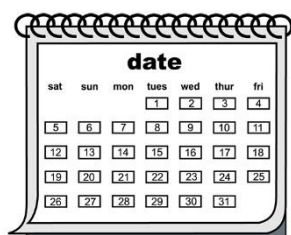
Bridge House, Balm Road, Leeds LS10 2TP

How to find us –

<https://tinyurl.com/bridge-house-directions>



Time Every Monday 1.00 PM → 3.00 PM.



Dates

Monday 4th of April.

Monday 11th of April.

Monday 18th of April.

Monday 22nd of April.



April – Through the Maze new website launch.
Come and learn how to use our new website.



May – Find out about art events and activities happening in Leeds.



June – Find out about sporting events and leisure activities happening in Leeds, including Leeds Learning Disability Week.



In April 2015, Leeds Advocacy joined together with 3 other advocacy organisations in Leeds. We are all now called Advonet.



Advonet provides advocacy for people with learning disabilities, just like Leeds Advocacy did.

Most of the old Leeds Advocacy staff are now working for Advonet.

Advonet is based at the old Leeds Advocacy office and the phone number is still the same.



You probably will not notice any difference. You will not see the old Leeds Advocacy logo anymore.

Unity Business Centre
26 Roundhay Road
Leeds
LS7 1AB



☎ 0113 244 0606

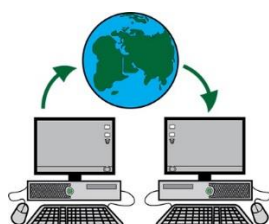
✉ office@advonet.org.uk

Website: www.advonet.org.uk

Leeds Learning Disability Week



This year Leeds Learning Disability week will start on 20 June 2016.



Below are some of the events taking place please look at www.throughthemaze.org.uk for more information.

Event	Venue	Contact
Leeds Partnership Board AGM/Tenfold Market Place.	West Yorkshire Playhouse.	Louise Mills 0113 378 3846
Supported sponsored walk.	Swinsty Reservoir.	Cath or Mark at Aspire CBS 0113 336 7713
Victorian Day.	Armley Mills Museum.	Jackie or Vicky at Aspire CBS 07891 271 499
Meanwood Fest.	Meanwood Valley Urban Farm.	Carol-Ann Reed 0743 270 2911

Fashion Show.	St James' Hospital.	Sadie Dunne  0113 243 9477
Boccia Tournament.	Middleton Leisure Centre.	Martin Brennan  0743 270 2911
Customer Awards.	John Charles Centre for Sport (by invitation only).	For a customer award nomination pack please call Through the Maze.  0113 270 3233 Closing date for nominations 22 nd April.
Beyond Festival Evening Event.	Wharf Chambers.	James Hill  0113 234 6040
Picnic in the Park.	Temple Newsam.	Carol Benson at Aspire CBS  0113 378 1919
Totem pole workshop.	Pyramid of Arts.	James Hill  0113 234 6040

Pass it on People



Pass it on People are a group of people with learning disabilities.

We meet every 2 weeks. From April some of us will get paid.



We share information with each other.

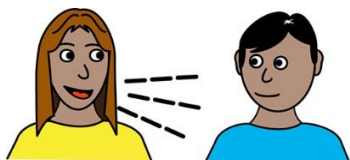
It's about what's happening in Leeds for people with learning disabilities.



We pass on what we have found out with the people we know.



We visit places where people with learning disabilities work.



We would like you to tell us about what's happening in Leeds.

We would like to visit groups of people.

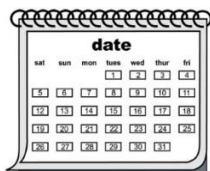


Ring Tania or Sarah

☎ 0113 270 3233

✉ tania@citn.org.uk

✉ sarah@citn.org.uk



What's On Pages



Events



Café Leep



22nd April – St Georges Day.



20th May – Abba Day (fancy Dress).



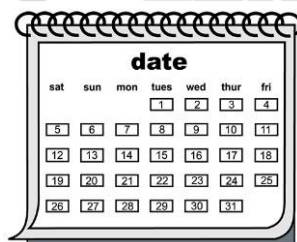
13th June – Café Leep 1st Birthday Party.



For more information contact

☎ 0113 243 9477

✉ manager@leep1.co.uk



Leep the Bridge has Talent

Come to the audition during the friendship group.

Tuesday 5th April.
Tuesday 12th April.
6.00 PM → 9.00 PM

☎ 0113 243 9477

✉ volunteer@leep1.co.uk



Unit 14
26 Roundhay Road
Leeds
LS7 1AB



People Matters

Community Learning Summer 2016.

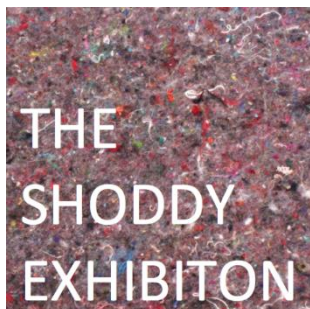
Most course start in the week
beginning 18th April.



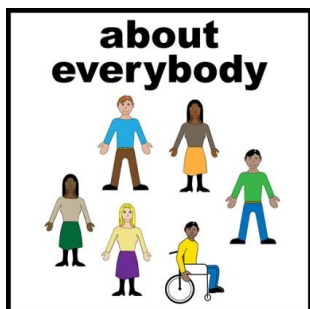
For more information contact

☎ 0113 234 6896

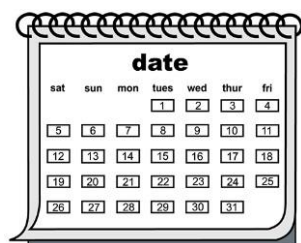
www.peoplesmattersleeds.co.uk



Shoddy Art Exhibition



The exhibition says that disabled people are NOT shoddy, but the way we are treated by the government and by society is sometimes shoddy.



It's on from Thursday 7th April to Saturday 16th April 2016.

It's open every day 12.00 → 7.00 PM.
It is closed on Sunday 10th April.

There will be a launch event on Wednesday 6th April, 6-8pm.

The exhibition will be at Live Art Bistro Regent Street, Leeds, LS2 7QA.



The building is an old warehouse. It is accessible for disabled people, but please get in touch if you want more information.



For more information contact
Gill Crawshaw

☎ 0790 585 2341

✉ gill.crawshaw@gmail.com

<https://shoddyexhibition.wordpress.com>

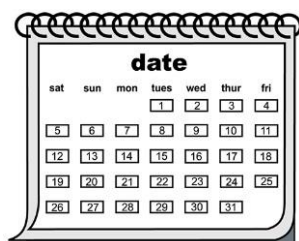


Leep 1 invite you to their pamper evening.



Treat yourself to

- Nail painting.
- Hair dressing.
- Make up.



Thursday 31st March 2016.

6.00 PM → 9.00 PM.

Cost: £7 entry.

To book a place call



☎ 0113 243 9477

Unit 14
26 Roundhay Road
Leeds
LS7 1AB



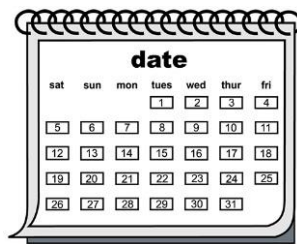
William Merritt Accessible Gaming



Accessible gaming days are a chance to meet people who enjoy play video games.



The William Merritt Centre has accessible computer equipment to help people with disabilities play video games.



11th April – 1.00 PM → 4.00 PM.

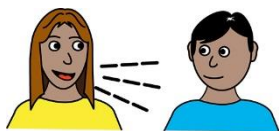
1st June – 1.00 PM → 4.00 PM.



The Disabled Living Centre
St. Mary's Hospital
Green Hill Road
Armley
Leeds
LS12 3QE

☎ 0113 350 8989

✉ info@wmdlc.org



Groups



Women's Health Matters

Do you want to be in a women's group for women with a learning disability?



We will get together, have a cuppa and talk about our health.

Wednesday mornings 1.00 AM → 1.00 PM

For more information contact Jane



☎ 0113 276 2851

✉ admin@womenshealthmatters.org.uk



Leep 1 Tuesday Games Days

Come along to meet new people.
Enjoy soup and a roll at Café Leep.



At Leep1
Unity Business Centre
26 Roundhay Road
Leeds
LS7 1AB



For more information contact Paul

☎ 0113 2439477



Music



Leeds Beat It!

Beat It's Got Talent Drum Circle, Jamming Session and more.



Every Friday 11.00 AM → 4.00 PM.



2 free taster sessions to all newcomers.



The Old Chapel Studios
Crossland Court
Czar Street
Leeds
LS11 9PR

For more information contact Mollie

☎ 01422 363 817



First Floor is West Yorkshire Playhouse's venue for 11 to 19 year olds (14 to 25 with a learning disability).



Whether you want to try something new or develop your skills, there are lots of different music, drama and art activities on offer.



It is opposite BBC Yorkshire and next door to Yorkshire - Just look for the bright red door!



Buzz

Creative arts projects and workshops for people with learning disabilities aged 14 to 25.



For more information on Buzz, please call Maria

☎0113 245 5252

✉maria.thelwell@wyp.org.uk



Nights out

Beat It Nightclub



The nightclub is held on the first Thursday of every month. It is at Leeds Merchant, Woodhouse Lane, Leeds.



Tickets Are £5 in advance and £6 on the door. The ticket price includes a free drink and food from the buffet.

There is also a performance from the band The Outsiders.



For more information please call

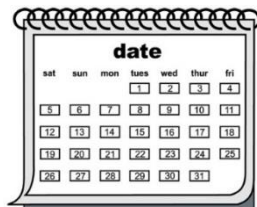
☎ 01422 363 817



Leep the Bridge

Leep on Dancing 7.00 PM → 10.00 PM

Future Dates :



20th April at the Tetley.

19th May at Tiger Tiger.

16th June at Tiger Tiger.

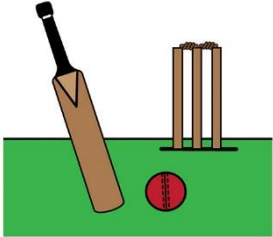
22nd June at Meanwood Valley Urban Farm.



For more information please call

☎ 0113 243 9477

Sporting Events to watch

	Friday 29th April – Sunday 1st May.	Tour de Yorkshire passing through Harewood and Lotherton Hall on Saturday 20th April. The Tour de Yorkshire finishes in Scarborough on Sunday 1st May. Welcome to Yorkshire ☎ 0113 3223 500 http://letour.yorkshire.com
	Thursday 19th – Monday 23rd May.	1st Test Series England v Sri Lanka At Headingley Cricket Ground, Leeds. Ticket co-ordinator ☎ 0113 2033 603 https://tinyurl.com/yorkshire-cc-2016
	Saturday 11th – Sunday 12th June.	World Triathlon Series in Leeds. The open water swim will be in Roundhay Park Lake. The cycling and running events will take place in and around Leeds City Centre. http://leeds.triathlon.org

	Friday 10th June – Sunday 10th July.	2016 UEFA European Football Championship. Kick off in France 10th June. The final to be played in France on 10th July. www.uefa.com/uefaeuro
	Monday 27th June – Sunday 10th July.	Wimbledon 2016, London. ☎ 020 8944 1066 www.wimbledon.com
	Friday 5th August – Sunday 21st August.	2016 Olympics in Rio de Janeiro, Brazil. www.rio2016.com/en
	Wednesday 7th September – Sunday 18th September.	2016 Paralympics in Rio de Janeiro, Brazil. www.rio2016.com/en/paralympics

Contact Us



By phone

 0113 270 3233



Write to

Connect in the North
Bridge House
Balm Road
LEEDS
LS10 2TP



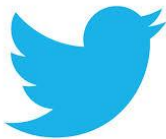
By email

 ttm@citn.org.uk



Facebook

www.facebook.com/throughthemazeleeds



Twitter

@ThroughTheMaze



Website

through-the-maze.org.uk

Thanks to



for the use of their image bank ©LYPFT www.easyonthei.nhs.uk