

# Through the Maze

Summer Edition 2015



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## Welcome to Through the Maze

Hello and welcome to our new look Through the Maze Newsletter.



Since our last edition we have successfully moved to Connect in the North in Hunslet.

Sadly Emily has left the team. We wish her Good Luck for the future.



We have all been very busy. The Pass on People Group have started to meet every other week.

The group hear news about issues which affect people with learning disabilities in Leeds.



They pass this information on to friends and family and any other people they know.



Please let us know what you think about our new look newsletter?

Contact us if you would like to add anything to our Autumn Newsletter.



## SLATE

A lot has been happening at SLATE recently. We have a new furniture store in Armley and new head office on Balm Road.



We are pleased to announce that the Leeds Inspired Art Project has begun. It's on Thursday afternoons at the warehouse and head office on Balm Road

The course will run for 10 weeks.



The Leeds Inspired Project will end with an exhibition in Armley.

This is a photo of the volunteers at the Armley store.



Contact details:

SLATE, Unit 1,  
Balm Road Industrial Park,  
Balm Road,  
LEEDS  
LS10 2BG

Telephone ☎ 0113 270 4005

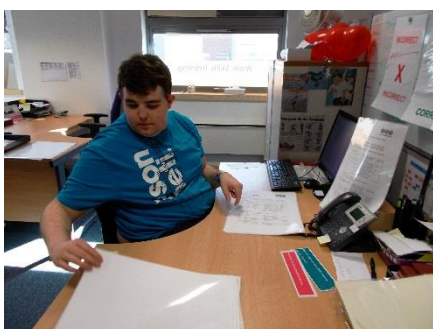


## Paperworks has Moved



Paperworks has moved.  
This is what the team thinks.....

- It'll be good moving because we'll have loads of space.
- I'm really looking forward to having a quiet area.



We wanted more space so that:

- we can complete a wider range of jobs in the workshop
- we can offer more training spaces to adults with learning disabilities and additional needs



Our new office is in Seacroft. It can be reached easily by public transport.

To help make Paperworks as inclusive as possible the building has a large accessible toilet, stand aid and break out room.



If you would like more information about training at Paperworks, please contact Helen McKay.

☎ 0113 834 66 37

[www.paperworks.org.uk](http://www.paperworks.org.uk)

@PaperworksNorth

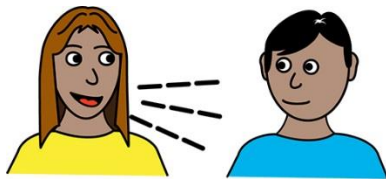
[ask@paperworks.org.uk](mailto:ask@paperworks.org.uk)



## Citizens Advice



Hello, my name is Kate Huthwaite. I am the Learning Disabilities and Difficulties caseworker at Chapeltown Citizens Advice Bureau.



I am here to help answer any questions you might have about benefits.



I can help you, your family and carers with applying for new benefits, filling out forms and I can check to see what other benefits you might be entitled to.

I can also give work, debt and housing advice.



You can arrange an appointment to come and see me work, or I can come and visit you at home



### **Kate Huthwaite**

Telephone ☎ 0113 284 9165

Mobile ☎ 07957 123 575

Fax 0113 237 4894

Email

[kate.huthwaite@chapeltowncab.org.uk](mailto:kate.huthwaite@chapeltowncab.org.uk)



## Pyramid of Arts

Pyramid of Arts is a collective of almost 100 creative Leeds people.



We run weekly art sessions. There are sessions in sensory art, movement, music and visual arts.

We also provide personal tuition.

We make art to share in exhibitions and festivals in Leeds and beyond.

## Beyond

We are working with other local arts organisations on a project called Beyond.



We are starting an annual arts exhibition to show the work of people with learning disabilities.



## High Rise

High Rise is our new project, funded by the National Lottery. It means that we can run arts sessions for people with high support needs. There are still places.



To find out more call Sarah on ☎ 0113 234 6040 or email [info@pyramid-of-arts.org.uk](mailto:info@pyramid-of-arts.org.uk)



## Safe Places Scheme

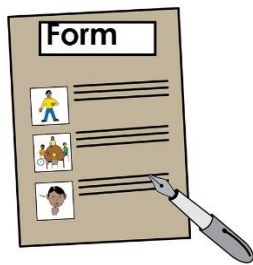


If someone is having a difficulty they can look for the Safe Places logo being displayed in a nearby window.

A Safe Place is where there are staff who will be able to help.



If you are interested in being part of the Safe places scheme, either as a member or as a Safe Place organisation, please let us know.



We will send you an information pack together with an application form.

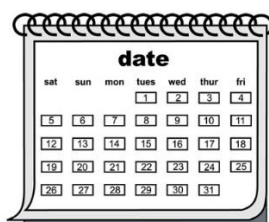


You can contact us at :

Email [safeplaces@leeds.gov.uk](mailto:safeplaces@leeds.gov.uk)

Telephone ☎ 0113 378 1919

## What's On Pages



### Events

#### Pyramid of arts

**Monday 20th July to Sunday 2nd August -**

Exhibition of work by the Ribblehead and Eden Groups in the Shirley Cooper Gallery at The Tetley.

**Thursday 23rd July** - The Yo-Yo Group's new game, Jalicks, will be at The Tetley from 10am - 4pm as part of the Breeze Arts Festival.

**Sunday 27th July** - Our AGM, from 11am - 2pm at The Tetley.

The Tetley Hunslet Road Leeds LS10 1JQ

<http://thetetley.org/visit-the-tetley/>



## **People Matters - Summer Celebration Wednesday 5<sup>th</sup> August 2015**

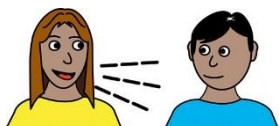
10.30am – 1.30pm

Chat with lunch and dance.

St Georges Centre, Great George Street,  
Leeds, LS1 3BR

All welcome for free but lunch tickets £2

For more information please contact the  
People Matters Office ☎ 0113 234 6896



### **Groups**



### **Pass it on People**

We are looking for people with learning disabilities to volunteer as 'Pass it on People'

The group find out about news or issues affecting people with learning disabilities in Leeds. They pass this information on to people they know.

If you are interested or want to know more, ring Sarah or Tania

☎ 0113 270 32 33 or email

[sarah@citn.org.uk](mailto:sarah@citn.org.uk)

The group meet every other Tuesday  
10:30 – 12:00 at Connect in the North.



## **Womens Health Matters**

Do you want to be in a women's group for women with a learning disability/difficulty?

We will get together, have a cuppa and talk about our health.

Wednesday mornings 11am -1pm

Contact Jane if you are interested

☎ 0113 276 28 51

Email

[admin@womenshealthmatters.org.uk](mailto:admin@womenshealthmatters.org.uk)



## **Music**

### **Leeds Beat It!**

Beat It's Got Talent Drum Circle, Jamming Session and More

Every Friday 11.00am – 4.00pm

The Old Chapel Studios, Crossland Court,  
Czar Street, Leeds, LS11 9PR

2 Free Taster Sessions to All Newcomers.

For more information contact Mollie

☎ 01422 363 817





## Nights out

### Beat It Nightclub

Do you like music, dancing and fun?



The nightclub is held on the first Thursday of every month. It is at Leeds Merchant, Woodhouse Lane, Leeds

Tickets Are £5 in advance and £6 on the door. The ticket price includes a free drink and food from the buffet.

There is also a performance from the band The Outsiders.

For more information please call

☎ 01422 363 817



### Leep on Dancing

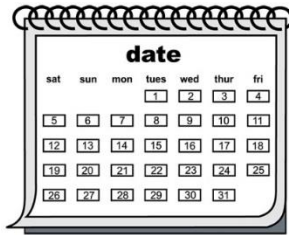
**Thursday 23<sup>rd</sup> July 2015**

7.00pm – 10.00pm

at Tiger Tiger, Albion Street, Leeds, LS2 8DY

Animal Theme (fancy dress optional).  
Karaoke Special.

Please call for information as spaces are limited.



## Future Dates :

13<sup>th</sup> August 2015 – Tiger Tiger

17<sup>th</sup> September – Tiger Tiger

28<sup>th</sup> October – The Tetley

19<sup>th</sup> November – Tiger Tiger

Leep the Bridge presents Connect in the North 20<sup>th</sup> Birthday Party.

1990's theme (fancy dress optional).



## Places



## Café Leep is now open

Unity Business Centre, 26 Roundhay Road,  
Leeds, LS7 1AB

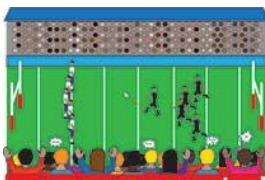
Opening Times Monday – Friday  
8am – 2pm

Take away orders welcome

For more information please ring

☎ 0113 243 6791

[www.cafeleep.co.uk](http://www.cafeleep.co.uk)

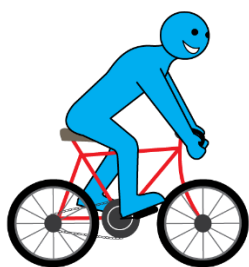


## Sport

### Leeds Disability Tag Rugby Festival 2015 Tuesday 22<sup>nd</sup> September 2015.

10am – 2pm at Headingley Carnegie Stadium.

£25 per team. Junior and Senior Teams Welcome. For more information please contact Ross Bibby ☎ 0113 395 015



**Try out on a range of adapted bikes** on the purpose built outdoor cycling area.

Herd Farm Activity Centre, Eccup Reservoir, Harrogate Road, Leeds, LS17 7RJ

Saturdays until 10<sup>th</sup> October 2015.  
1.00pm – 2.30pm

£2.00 per session

For more information contact Herd Farms

☎ 0113 378 3088. [www.herdfarm.co.uk](http://www.herdfarm.co.uk)



## Training Courses



**Streetwise – Getting around by yourself**  
**29/7, 5/8, 12/8, 19/8** – Leeds.

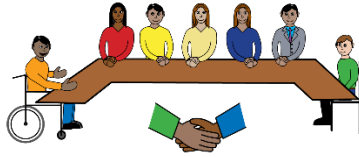
Free 4 day training course for adults with learning difficulties.

Lunch will be provided.

For more information please ring

☎ 0113 270 3233

## Leeds Partnership Board



The Partnership Board meets to help make life better people with learning disabilities and their families.

Leeds Partnership Board has people from -

- The Leeds Learning Disability People's Parliament,
- The Carers' Reference Group
- Senior Managers from health, social care and the voluntary sector.

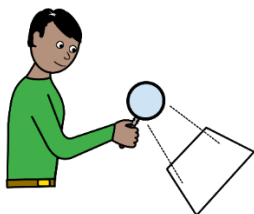


The Board meets to talk about important issues and share news.

There are groups who meet between Board meetings. They are called sub-groups. They find out what lots of people think. They do work on things the Partnership Board thinks are important.

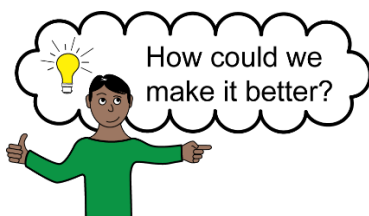
For more information contact Louise Mills on ☎ 0113 378 3846

## News from Leeds Partnership Board



### April

Over 140 people and 25 organisations came to the Board's Friendships and Fun Market Place event at the Civic Hall.



People with learning disabilities could find out about activities and get information.

People were asked what stopped people with learning disabilities socialising, and what could help.

What was said, will help the Board's work on 'Being Connected and preventing social isolation'.



### June

The Board held its annual public meeting. We said thank you and good luck to Susan Hanley. She supported the Board for over 6 years.

Susan has handed over her role as Joint Chair to Aaron Wood.



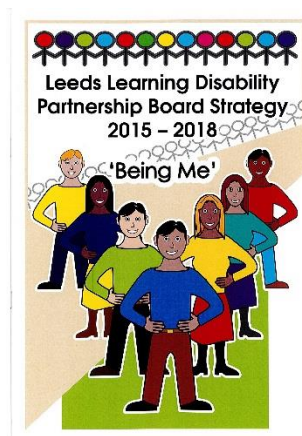
He will chair his first meeting in September.

Susan now has the title of Learning Disabilities Ambassador. This is because of all her hard work over the years.



At the same meeting Connect in the North held their We've Got Pride Awards.

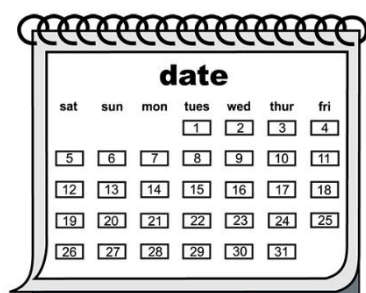
There were some great entries for the competition. The winner was Paul Jackson.



The new learning disability strategy, 'Being Me' is out.

The Partnership Board and sub-groups will work on this over the coming year.

To give us more time to get the work done in between meetings, we are reducing the number of Board meetings to four a year.



The dates and themes of meetings for the next 12 months are:

- Tuesday 29th September – Being Safe
- Tuesday 8th December – Being Well
- Tuesday 15th March 2016 – Being Connected
- Tuesday 14th June 2016 – annual open meeting



## Leeds Learning Disability Week

Date for your diary Leeds Learning Disability Week 2016

13<sup>th</sup> June → 17<sup>th</sup> June.

Here are some photographs of this year's Leeds Learning Disability Week, a great time was had by all.

### Tenfold Awards



### Football



## Sponsored Walk



## Boccia



## Down Memory Lane



## Customer Awards and Photography competition



## Interactive Cafe



## Get Me Champions, Leep 1 and People Matters – Hospital Fashion Show



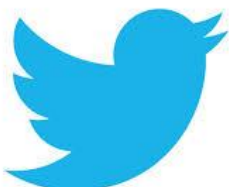
## Meanwood Fest



## Picnic at Temple Newsam



## Contact Us

|                                                                                     |          |                                                                                                 |
|-------------------------------------------------------------------------------------|----------|-------------------------------------------------------------------------------------------------|
|    | By phone |  0113 270 3233 |
|    | Write to | Connect in the North,<br>Bridge House,<br>Balm Road<br>LEEDS<br>LS10 2TP                        |
|   | By email | <a href="mailto:ttm@citn.org.uk">ttm@citn.org.uk</a>                                            |
|  | Facebook | <a href="https://www.facebook.com/throughthemazeleeds">www.facebook.com/throughthemazeleeds</a> |
|  | Twitter  | @ThroughTheMaze                                                                                 |