CareChoices Publications









Leeds

Care Services Directory 2023

The essential guide to choosing and paying for care and support

In association with

Leeds Care Association

www.carechoices.co.uk

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Roundhay, Leeds LS8 2JU
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All the listings in this publication of care homes, care homes with nursing and home care providers are supplied by the Care Quality Commission (CQC) and Care Choices Ltd cannot be held liable for any errors or omissions.

To obtain extra copies of this Directory, free of charge, call **Care Choices** on **01223 207770**.

Alternative formats This Directory is available electronically at **www.carechoices.co.uk/** The e-book is also Recite Me compatible for those requiring information in the spoken word.

PARK HOMES

quality care homes

Call us for a chat about yours or your loved ones care needs on **01274 201279**

Park Homes have been providing nursing and residential care along with dementia and mental health care since 1996, our homes provide homely environments ranging from fully purpose built to those which have been sympathetically converted from period buildings. Most homes offer single ensuite rooms some with level access showers , our Each Step branded homes offer additional facilities such as cinema room , cafe and ground floor only rooms. Our homes are managed by experienced qualified nurses and qualified care managers registered with the CQC , why not give us a call to discuss your care needs and see how we can help share the burden of caring for you or your loved ones.



Claremont Care Home

New Street, Farsley, West Yorkshire, LS28 5BF

Email: **claremont@parkhomesuk.co.uk** • Telephone: **01132 360 200**

Claremont Nursing Home is situated in the picturesque West Yorkshire village of Farsley. The Home is easily accessible by public transport, and within easy access of the main railway line. Farsley is a beautiful conservation village located between Leeds and Bradford. Situated in the heart of Farsley, next to the Park, Claremont has ties with all aspects of the local community. It is ideal for residents and families who have a requirement for convenient access.

Allerton Park Care Centre

39-41 Oaks Lane, Allerton, Bradford, West Yorkshire BD15 7RT

Email: **allertonpark@parkhomesuk.co.uk** • Telephone: **01274 496321**

Welcome to Allerton Park where we pride ourselves in person centred care and encouraging our residents to live independent and engaging lives. We think of ourselves as an extended family and residents part take in interests such as baking, cooking and even helping to decorate their home.





Hazel Bank Care Home - New Dementia Unit Opened

Hazel Bank Care Home, Daisy Hill Lane Heaton Bradford BD9 6BN

Email: **hazelbank@parkhomesuk.co.uk** • Telephone: **01274 547331**

Situated a stone's throw away from the Bradford Royal Infirmary, Hazel Bank has ties with all aspects of the local community. The Post Office, pharmacy, park and churches are all within easy reach, as are the dentist, opticians and public houses. The Home is easily accessible by public transport.

Holly Park Care Home

Clayton Lane Clayton Bradford West Yorkshire BD14 6BB

Email: **hollypark@parkhomesuk.co.uk** • Telephone: **01274 883480**

Situated in the heart of Clayton next to St John's Church, Holly Park has ties with all aspects of the local community. The Post Office, pharmacy, village hall and the park are all within easy reach as are the dentist, opticians and public houses.





Norman Hudson Care Home

Norman Hudson Care Home, Meltham Road, Lockwood Huddersfield HD1 3XH

Email: **normanhudson@parkhomesuk.co.uk** • Telephone: **01484 451669**

Situated in the heart of Lockwood next to the canal, Norman Hudson has ties with all aspects of the local community. The Home is situated in extensive grounds consisting of lawned areas and a car park to the front.

St. Andrews Care Home

St Andrews Care Home, Stirches Hawick, RoxburghshireTD9 7NS

Email: **standrews@parkhomesuk.co.uk** • Telephone: **01450 372360**

Welcome to St Andrews, standing on an impressive elevated site overlooking the town of Hawick. This 200 year old mansion commands magnificent views of the border and Teviot Hills and is within the vicinity of many local amenities.



Introduction

From October 2025, the Government intends to introduce a new £86,000 cap on the amount anyone in England will need to spend on their personal care over their lifetime.

The upper capital limit, the threshold above which people become 'self-funders' and will pay for their care in full, will rise to £100,000 from the current £23,250. This means that more people will be protected from paying the full cost of their care from their assets.

The lower capital limit, the threshold below which people will not have to pay for their care from their assets and only what they can afford from their income, will increase to £20,000 from £14,250. This means that more people will be protected from paying towards their care from their assets.

As per the current system, people whose assets fall between the capital limits will pay what they can afford towards the cost of their care from their income, plus a means-tested 'tariff' contribution from their assets. For more information, visit **https://engage.dhsc.gov.uk/social-care-reform**

Welcome to this edition of the independent Leeds Care Services Directory, which contains information for adults looking for care or support within the county, whether they are paying for it themselves or receiving support from the council.

Staying as independent as possible is important to everybody. This Directory contains information about the care and support services available to enable you to do this when remaining at home, moving into a housing with care scheme, or within a care home or care home with nursing. If you feel you need support to remain independent, first look to your community. There's a host of organisations and voluntary services available.

If you think you need more formal care and support, arrange an assessment with your local adult social care department to establish your needs. This is free, irrespective of your income, and available to all those who appear to need care and support.

More details are provided on page 14. The assessment will determine whether you are eligible for financial support via a Personal Budget, which may allow you to buy in your own support and take control of your situation.

Alternatively, your circumstances may mean you are classed as a 'self-funder', with the means to pay for your care. This is discussed on page 23 for those paying for care at home and page 55 for those paying for residential care.

Support or care to remain living in your own home may be the option that best suits your circumstances. Ideas to make life easier at home start on page 8 and a list of local home care providers begins on page 27.

If you are unable to remain at home, you may want to consider a housing with care scheme (see page 38) or residential care. Comprehensive lists of care homes and care homes with nursing in Leeds start on page 61. There's also important information about care decisions, including finding care in another county, making a comment or complaint about a service and how solicitors can help you.

Looking for care in your area? Want to know the quality rating of providers you're considering? Care Choices, publisher of this Directory, has a website providing comprehensive details of care providers as well as essential information.

You can search by postcode, county or region for care homes, care homes with nursing and home care providers that meet your needs across the country. Your search can be refined by the type of care you are looking for and the results can be sent to you by email. They can also be saved and emailed to others.

The website includes detailed information for each care provider, including the address, phone number and the service's latest CQC inspection report and rating (see page 58), indicating the quality of care provided. You can also view an electronic version of this Directory on the site and have it read to you by using the 'Recite Me' function. Visit **www.carechoices.co.uk**



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OULTON | YORKSHIRE

Oulton Manor luxury care home

3 Wakefield Road, Oulton, Leeds LS26 8EL
Call **0113 511 7866** | Visit **www.OultonManor.org.uk**

Leeds Care Association

Welcome to this independent edition of the Leeds Care Services Directory. As the membership body for care providers in Leeds, we hope you find it useful.

Finding care services, whether that's a care home or home care agency, for yourself or a loved one is never easy. You may find that you don't have time, or you aren't sure what you should be looking for. This Directory and Leeds Care Association could help you.

Are you looking for a care provider?
Leeds Care Association (LCA) may be able to help. Many of the independent care providers in Leeds are members of LCA and as such, are committed to continuous improvement in the quality of the services they provide, the environment they create and the training and development of their staff. They cover a range of services, including care homes, care homes with nursing, intermediate care, domiciliary care, supported living and some can offer respite care.

Visit **www.leedscare.co.uk** for details of our member providers.

LCA can assist you in finding a provider
Email **info@leedscare.co.uk** with the type of service you are looking for and brief details of the care and support you need. LCA will find out for you where the vacancies are amongst members.

Aims and objectives
LCA has a number of main aims, including to:

- raise the profile and increase the status and recognition of the work of its members;
- maintain a strategic knowledge bank for the benefit of its members; and
- develop membership, member benefits and services across all areas of care provision to meet the needs of service users.

This is done by:

- supporting members in the effective management and development of their business; and
- providing impartial advice to those seeking care/ housing options.

Funding
LCA distributes the Workforce Development Fund (WDF) on behalf of Skills for Care for accredited training. It also provides free support and guidance on how to access funding.

Disclosure and Barring Service (DBS)
LCA is a registered umbrella body for the DBS. Members benefit from a discounted rate for their staff disclosures and LCA offers a personal and efficient service which supports care employers in their recruitment and HR activities.

Website
A one-stop-shop for information on issues within the sector. LCA members are entitled to free advertising along with job vacancies and bed vacancies.

If you are a care provider and have any questions about **LCA** membership, or if you are looking for care in Leeds and need some support, please contact us.
Tel: **0113 287 3490**
Email: **info@leedscare.co.uk**
Web: **www.leedscare.co.uk**



Helping you to stay independent

Services developed in partnership with the voluntary sector

Adult social care works with voluntary and community organisations to supply preventative care services. These are a vital form of support and help to maintain independence and social inclusion, and delay or avoid the need for more statutory interventions.

Examples include:

- day services, lunch clubs and social groups;
- befriending, visiting and telephone contact services;
- support schemes to help people being discharged from hospital;
- support for carers; and
- handyperson schemes.

Day care centres

Many people can feel lonely or isolated without an opportunity to fill their days with meaningful activities. Research has shown that one way to alleviate loneliness and promote wellbeing and independence is to provide regular social contact and a focus for activities.

Day care centres give people the chance to change their routine, meet new people, take up an activity or receive specialist services such as chiropody.

There is a wide variety around the county, catering for older people and people with mental health conditions, learning disabilities and dementia. Centres can be as important for carers as those attending as they allow regular breaks from caring.

You can find local day opportunities by searching 'day centre' at **www.leedsdirectory.org**

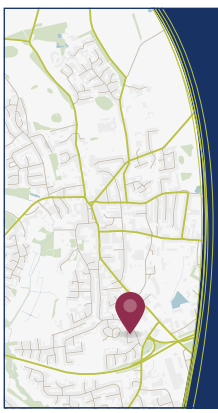
Meals on wheels

Some services can deliver frozen or freshly cooked meals to your home. Frozen meals can be delivered in bulk and kept in your freezer until required, while hot meals should be eaten immediately. In Leeds, Meals on Wheels delivers this service as part of Leeds City Council.

For more information, visit **www.leeds.gov.uk** (search 'meals on wheels' and select 'Presto'). You can also call **0113 378 3750**.

Alternatively, you could arrange to have meals delivered privately. You may find a service by word of mouth or using the internet – your local library may be able to help here.





Search for care in your area

CareChoices

www.carechoices.co.uk

With so many providers to choose from, where do you start?

- Find care providers quickly and easily
- Search by location and care need
- Information on care quality
- Links to inspection reports
- Additional information, photos and web links
- Brochure requests

Adapting your home

To remain in your own home for as long as you would like, you should ensure that it is safe, secure and warm. Some forward planning to ensure that the garden doesn't become a burden is also sensible. If you are not planning to move, think about adaptations that would make life easier now and later on.

Home Improvement Agencies (HIAs)
HIAs are local organisations funded and supported by local and central Government. They work professionally and sensitively with older and disabled homeowners, providing advice, support and assistance to help them repair, improve, maintain or adapt their homes to meet their changing needs.

Most HIAs provide three main services, including: information and advice on repairs or adaptations you may be considering – this usually entails a visit to your home and is often free; a handyperson service for small jobs and repairs – typically, the HIA will employ its own handypersons and charge you an hourly rate for their services; and a home adaptations service for more major works.

The HIA will work with you to specify the adaptations needed and will normally offer to get estimates from one or more of its regular contractors. Subject to your acceptance, the HIA will then offer to manage the works contract for you for an agreed fee.

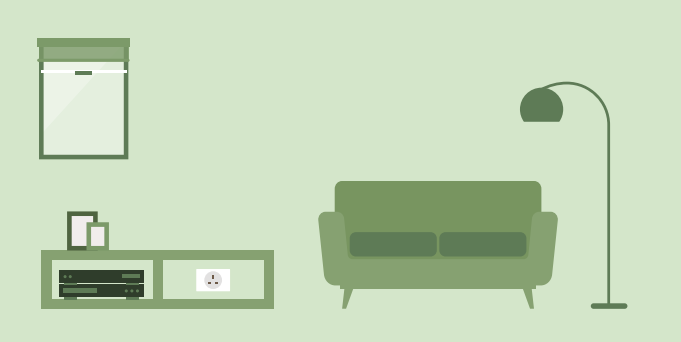
HIAs may also be helpful if you are not sure whether you can afford the home repairs or adaptations you need. They can advise on your eligibility for any grants and, if necessary, put you in touch with an independent financial adviser.

For further information about, and contact details for, local HIAs, visit **www.housingcare.org** or contact **Leeds City Council.**
Tel: **0113 222 4401**



Making life easier at home

If you're having difficulties with everyday tasks at home, these simple solutions could make life easier and keep you independent. These are a starting point; other solutions are available which might better suit your needs.



Finding it difficult to **get in and out of chairs**? Try putting a piece of hard board under the seat base. Alternatively, buy chair raisers, a higher chair or an electric riser chair. Also try taking regular gentle exercise.

If you can't **reach your windows**, could you move furniture out of the way? Ask someone to help if you need to move heavy furniture. There are also tools for opening and closing windows.

Struggling to **keep warm/cool**? Consider a fan or heater. Is your house insulated? Are there any draughts? You may also be eligible for the winter fuel payment from the Government. Visit **www.gov.uk/winter-fuel-payment**

If you have trouble **using light switches**, think about replacing your switches for ones that are easier to use. Consider handi-plugs or light switch toggles, or there's even technology available so that you can turn your lights on and off using speech.

Use subtitles if you **can't hear the TV**, or buy wireless headphones. Do you need a hearing aid? Request an assessment from your council.



Do you **forget to take your tablets**? Try making a note of when you've taken them, or buy an automatic pill dispenser or pill box. If you struggle to open your medicine, you can ask your pharmacist for advice on alternative packaging that could make it easier for you.

Can you **reach everything in your cupboards**? If not, try a handi-reacher or rearrange your kitchen so the things you use most are within easy reach.

If you are having **problems with preparing food**, consider buying ready-chopped options or try a chopping board with spikes. There are also long-handled pans, teapot tippers and lid grippers that could help. Palm-held vegetable peelers or a food processor might be a solution and meal delivery services are also available.

Is **eating and drinking becoming difficult**? Large handled cutlery could help, or non-slip mats for the table. Lightweight cups and mugs with two handles could also be a solution.

Using taps can be made easier by fitting tap turners. You could also consider changing to lever-style taps which might be easier for you to use.



Handled plug



Chair raisers



Chopping board

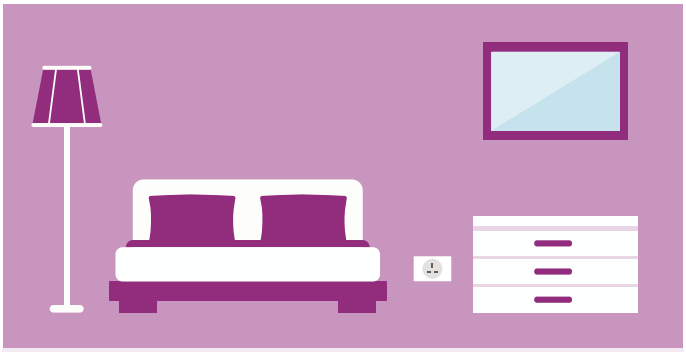


Level indicator



Teapot tipper

More information on staying independent and ideas to help you live at home can be found online at **www.carechoices.co.uk/helping-you-to-stay-independent/** There is also information on making larger adaptations to your home.



If **moving whilst in bed** is a problem, have you thought about using an over-bed pole? You might also want to buy a pillow raiser or change your bedding so it's lighter.

Is it becoming **difficult to get dressed**? If so, specially adapted clothing is available, or you could buy a long-handled shoe horn, a dressing stick or a button hook. If you are having a lot of difficulty, consider home support, see page 19.

Clocks are available with large numbers or lights if you **can't read the time** in bed. You can also buy clocks that speak the time.

If you are **finding it harder to read in bed**, consider an e-reader that allows you to change the font size. Some also have integrated lights. Look for bedside lamps with a step-on or button switch if yours are difficult to use.

Do you **struggle to get in and out of bed**?
You could learn new ways of moving around, purchase a leg lifter or a hoist or install grab rails for support. Seek advice about these options.
If the bed is the issue, you could buy an electric adjustable bed or raise the bed to the right height.



If it's **hard to hold your toothbrush**, try a toothbrush gripper. You might also benefit from having an electric toothbrush or sitting on a stool while brushing your teeth.

You might like to buy a raised toilet seat, or a seat with a built in support frame if it's **hard to use your toilet**. Flush lever extensions are also available.

Has it become more **difficult to wash**? Items are available, like long-handled sponges and flannel straps. You could also consider a slip resistant bath mat, grab rails, a half step to help you get in and out of the bath or a bath or shower seat. Tap turners can also be used in the bathroom.

For more information on technology that could make your life easier, contact your council for an assessment. They might refer you to an occupational therapist (OT) or you could contact an OT privately. Search online for OTs near you.

Leeds City Council • Tel: **0113 222 4401**
Email: **feedback@leeds.gov.uk**
Web: **www.leeds.gov.uk/residents/health-and-social-care/adult-social-care**



Grab handles



Bed table



Hand rail



Hand trolley



Tap turners

Specialist equipment

There is a range of equipment available to make life easier and to improve safety and independence in the home, such as stair rails, raised toilet seats and shower stools. These items are often referred to as 'simple aids for daily living'.

The Disabled Living Foundation (DLF) provides a quick and easy-to-use online guided advice service called AskSARA, which can help anyone who finds they have difficulties with everyday tasks.

Visit **https://asksara.livingmadeeasy.org.uk** to learn more about possible solutions or see pages 10 to 11. Once you have identified equipment that might help with your support needs, use the checklist on page 13 to make sure it's right for you.

Leeds Community Equipment Service (LCES)
Leeds City Council's integrated supplier of daily living equipment.
Tel: **0113 378 3282**

William Merritt Disabled Living Centre and Mobility
Independent information and advice about specialist equipment.
William Merritt Centre, Aire House,
100 Town Street, Rodley LS13 1HP
Tel: **0113 350 8989**
Email: **info@wmdlc.org**
Web: **www.wmdlc.org**



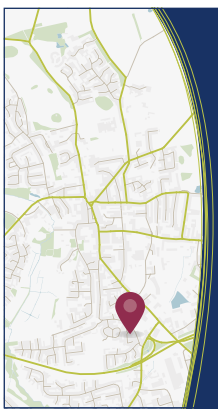
Telecare

Telecare is equipment that can detect falls, inactivity, smoke, flooding, gas or extreme temperatures in the home. Sensors, when activated, will connect to a response centre where trained operators will contact the individual through their home unit. They will take the most appropriate action, such as contacting a nominated responder, family member, carer, neighbour, doctor or the emergency services.

Telecare can allow users to regain confidence in their homes and remain independent.

Relatives and carers are also reassured, safe in the knowledge that, should an incident occur, they will know about it. Some devices can also help to monitor particular health conditions and reduce the need for hospital admission.

You can buy telecare and assistive technology from private companies and organisations or, if you're eligible through an assessment (see page 14), Leeds City Council may be able to provide it for you. For further information, visit **www.leeds.gov.uk** and search 'equipment to help you live at home'.



Search for care in your area

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With so many providers to choose from, where do you start?

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- Information on care quality
- Links to inspection reports
- Additional information, photos and web links
- Brochure requests

Assistive technology checklist

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Consider the following questions before buying any assistive technology. If you are in doubt about what technology might help meet your needs, you can contact your council or visit **https://asksara.livingmadeeasy.org.uk**

You can download and print this checklist at **www.carechoices.co.uk/checklists**

Suitability

- [ ] Does the equipment support your specific needs?
- [ ] Are you willing to use it?
- [ ] Will it fit into your everyday life and routine?
- [ ] Have you tried a demo of the equipment?
- [ ] Do you understand what the equipment is for?
- [ ] Do you need to take it with you when you leave the house? Is it transportable?
- [ ] Does the equipment have any limitations that would make it unsuitable for you?
- [ ] Will it work alongside any assistive technology you already have?

Usability

- [ ] Is a simpler piece of equipment available, e.g. a pill case rather than an automated pill dispenser?
- [ ] Does the equipment need a plug socket, and will its wire cause a trip hazard?
- [ ] Is it easy to use? Can you read/hear it clearly and are any buttons big enough for you?
- [ ] Are you able to use it? Are there any aspects you don't understand?
- [ ] Is it portable?
- [ ] Will it need to be installed by a professional?
- [ ] Can the retailer provide you with training in using the equipment?

Reliability

- [ ] Will it work if you have pets or live with other people, e.g. could someone else set off a sensor alarm by accident?
- [ ] Have you read reviews of the particular piece of equipment you are looking at? Consider these before making your purchase.
- [ ] Can you speak to someone who already uses it?
- [ ] Does it require batteries? Find out how often they will need changing and whether the equipment will remind you to do this.
- [ ] Is it durable? If you might drop it, is it likely to break?

Cost

- [ ] Do you know how much it costs?
- [ ] Will you need to pay a monthly charge?
- [ ] Are there alternative solutions that might be free?
- [ ] Is there a cost associated with servicing the equipment?

Notes

Support from the council

The way councils provide services to eligible adults and their carers is called personalisation. This term is used to describe several ways in which eligible adults can receive a mixture of local authority and government money to pay for the care services they need without direct council involvement. If you approach the council for social care support, your needs and finances will be assessed. If you have a carer, they can be involved and have their needs assessed too.

Your assessment

If you appear to have care or support needs, you have the legal right to an assessment of your care needs and finances. Councils are statutorily obliged to provide this to you, regardless of whether you access their services. The assessment (which is free) will consider:

- how you can best be supported to live as independently as possible;
- your home and how you are coping in it;
- your emotional wellbeing;
- your diet; and
- any health and medical treatments you need.

You will need to contact adult social care to arrange an assessment. Call **0113 222 4401**.

Once adult social care understands your care and financial needs, it will determine what services you may be eligible for and who will pay for them. The council will give you more information on eligibility and the national eligibility criteria it uses at the time of your assessment. Information on paying for care is on page 23 if you are receiving home care and page 52 if you are moving into a care home.

Personal Budgets

If you are eligible for support from the council, you may be given a Personal Budget. A Personal Budget is the amount of money that the council calculates it will cost to meet the support needs of eligible people. If you are eligible for a Personal Budget, the actual amount you receive will depend on your eligible needs and your finances.

The money should be spent in line with a support plan that has been agreed by both you and the council and can be either a full or a partial contribution to such costs. You may also choose to pay for additional support on top of the budget. Any eventual contractual agreement for services is between you and your care provider, not the council. If you are eligible, a Personal Budget may be taken:

- in the form of a Direct Payment, held directly by you or, where you lack capacity, by a 'suitable person';
- by way of an account held and managed by the council in line with your wishes; or
- as a mixture of these options.

Assessments from hospital

If you have been admitted to hospital and you might need care on discharge, you may be referred to the discharge team for an assessment, which will take place on the ward. The team may be made up of social workers, carers' officers, mental health workers and housing officers.

Whatever services you need on discharge, adult social care will work with you, your family and carers to either restart services already in place prior to admission or to provide the appropriate services if you are eligible. Sometimes interim care packages are set up to facilitate your discharge and you will be reassessed by a community social worker within four to six weeks.

Reablement

Reablement is an intensive short-term service that helps people regain skills and confidence, for example, after a fall or hospital stay. You may need to have an assessment of your care needs to decide whether you are eligible. If you are eligible, a reablement worker will support you for a limited period, usually up to six weeks.

Reablement helps people to learn or re-learn daily living skills. It is not about doing things for you; it's about giving you the skills and confidence to do things for yourself. It can also mean that you do not start to depend on support that costs money.

For example, a reablement worker could help you regain your confidence following a fall or provide support that enables you to prepare a meal if there has been a change in circumstances that means you need to cook. They may also identify pieces of equipment that could support you to regain or maintain your independence for as long as you can.

Speak to your GP, hospital staff or care manager if you think you might benefit from reablement. They can put you in touch with the right services if they feel that reablement will help you.

Intermediate care

This aims to give recovery and rehabilitation support to help people regain their independence when they come out of hospital or, just as importantly, prevent them from going unnecessarily into hospital.

Intermediate care can be provided in your own home or in a care home, depending on local policy and your specific needs. It can be provided by care staff, occupational therapy and physiotherapy, with additional support provided by the local GP surgery, social workers and community nurses.

This combined resource helps people to regain their independence and feel confident in their ability to manage for themselves with any necessary additional support.

Intermediate care, including any care home fees where relevant, is provided by the NHS and is free. It is usually limited to a maximum of six weeks. If, after this, you have ongoing care or support needs, the council will conduct an assessment and may help you to arrange any services you might need. There may be a charge for these services.

NHS Continuing Healthcare

NHS Continuing Healthcare is a package of continuing care that is arranged and funded solely by the NHS. This is free of charge, wherever it is delivered. NHS Continuing Healthcare support may be provided in a care home or care home with nursing or in a person's own home.

People eligible for NHS Continuing Healthcare will have been assessed to have a 'primary health need' and are likely to have complex medical needs and substantial or intense ongoing care needs.

See page 55 for more information.

Personal health budgets

A personal health budget is money to support a person's identified health needs. It is planned and agreed between the person and their local NHS team.

The aim is to enable people with long-term conditions and disabilities to have greater choice, flexibility and control over the healthcare and support they receive.



Services for carers

Who is a carer?

Carers regularly look after, help or support someone who wouldn't be able to manage everyday life without their help. A carer doesn't have to be living with the person they care for, and the help they give doesn't have to be physical. The carer may be caring for a partner, another relative, a friend or a neighbour. For example, it may be someone who:

- is over 60;
- is living with dementia;
- has a physical or learning disability or a mental health condition;
- has sight, hearing or communication difficulties;
- has a long-term health condition; or
- misuses drugs or alcohol.

The carer may be helping with:

- personal care, such as washing and dressing;
- going to the toilet or dealing with incontinence;
- eating or taking medicines;
- getting about at home or outside;
- practical help at home and keeping someone company; or
- emotional support or communicating.

Anyone who is caring for someone in Leeds can contact Carers Leeds below for information and advice. There's a host of guidance on the website or carers can call, email or drop in for support with their specific needs.

Carers Leeds
6-8 The Headrow LS1 6PT
Tel: **0113 380 4300**
Email: **advice@carersleeds.org.uk**
Web: **www.carersleeds.org.uk**

Having a carers' assessment

Anyone who provides, or intends to provide, regular unpaid support to someone who could not manage without their support has the right to have their own needs assessed, even if the person they care for has refused support services or an assessment of their own needs.

A carers' assessment is an opportunity for people to tell the council what they need as a carer and to find out what support might be available. The assessment is an essential first step for carers to get the support they may need. It looks at the following:

- the care the carer provides and how this affects their life;
- any support they are getting now and what else would help; and
- what they would like their support to achieve.

The assessment can also give lots of information about other services that might help and other ideas for support. The carer's assessment will show if the carer qualifies for support from adult social care.

Carers' Personal Budgets
The carers' Personal Budget is a single payment that can be used towards the cost of something specific that will support carers in their caring role. For example, it could be used for leisure activities, education or training, or just to take a short break from caring.

When adult social care considers a carer's Personal Budget, it gives priority to situations where there is a significant risk of the carer not being able to continue to provide care if they do not get some support. The amount a carer could get depends on their needs identified by their carers' assessment. The money is not taxed, and it will not affect any benefits.

For more information about different types of care home, see page 52.

Respite at home

Home-based respite services give carers a break from their caring responsibilities. A care worker can come in to look after the person being cared for, so the carer can have some time to themselves. The breaks could be regular or just when needed.

Respite at home is considered to be a service for the person who is being cared for. If they have a Personal Budget for their own needs (see page 14), they could use that money to pay for it. A financial assessment of the person being cared for will confirm whether they need to pay towards the cost of this service.

Benefits

Carers may want to explore whether they are entitled to Carer's Allowance – currently £69.70 per week but this may change over the lifetime of this Directory.

Carers may also qualify for Carer's Premium or Carer's Credit depending on their eligibility. The Government's website (**www.gov.uk**) has more information on benefits, including carers' benefits. Alternatively, contact a local carers' organisation, which may be able to help undertake a benefit check.

You can find out more about what organisations support carers in Leeds by exploring **www.leedsdirectory.org**

Resource for those supporting disabled children

My Family, Our Needs is an online resource providing impartial information for parents, carers and practitioners supporting children from birth to 25 years with additional needs. As well as guidance, policy and signposting, there is a lifestyle section for parents covering topics such as health and wellbeing, work, family and relationships. Visit **www.myfamilyourneeds.co.uk**



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- Can support recovery and health outcomes
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- Respite care
- Palliative care
- Dementia care

> "Elder provides choice and matches carers to the specific needs of my patients and their families. The service is always responsive and in some cases the request for a carer has been arranged within 48 hours - I couldn't recommend Elder more highly."
>
> Dr Mashkur Khan, Consultant Geriatrician

Find out if live-in care is right for your situation - speak to a Senior Care Advisor today on

0330 134 2879 I partnerships@elder.org I elder.org

Care in your own home

Carefully chosen home care with a good-quality provider is an excellent way to retain your freedom and independence, whilst getting the help you need to stay happy and safe. It can offer the opportunity to stay at home, in your own familiar surroundings, and to retain a quality of life you might have feared lost.

Why choose home care?

Reasons for choosing home care can vary. Sometimes after a stay in hospital, someone might find they need some help whilst they recuperate. Others can find that a long-term condition or disability means they can no longer cope, and they need a bit of help.

After a stay in hospital, someone may carry out an assessment of your situation to see if home care will benefit you. You and your family will be fully involved in looking at what will suit you best if you'd like them to be.

Alternatively, you or those close to you might notice changes in your ability to manage the day-to-day things you normally cope with easily, like preparing meals or looking after yourself.

If this happens, contacting adult social care is a good first step towards finding help.

How home care can help you

The level of home care provided can be tailored to meet your needs – from a visit once a day to a much greater amount of support.

Even those with quite significant and debilitating medical conditions can get skilled personal care that can enable them to stay in their own homes. Some agencies will provide live-in care, where a care worker will stay with you at home to support you throughout the day and night. See below for more information about live-in care. A list of all home care agencies operating in Leeds starts on page 27.

Live-in care

Live-in care is a viable alternative to residential care, where a fully trained care worker lives and works in your own home to support your individual needs and help you maintain your independence. The carer must be allowed breaks and have somewhere to sleep at night.

Support available from live-in carers can range from personal care and mobility assistance to more complex health requirements, as necessary.

The cost of live-in care varies depending on your circumstances, including the level, type and duration of care that you require.

Any organisation that employs live-in carers is required to register with the Care Quality Commission (CQC) and ensure that its employees follow the essential standards of quality and safety in their practices. For more information about the CQC, see page 58.

Finding care in your area

Looking for care in your area? Want to know the quality rating of providers you're considering? Care Choices, publisher of this Directory, has a website providing comprehensive details of care providers as well as essential information.

You can search by postcode, county or region for care homes, care homes with nursing and home care providers that meet your needs across the country. Your search can be refined by the type of care you are looking for and the results can be sent to you by email. They can also be saved and emailed to others.

The website includes detailed information for each

care provider, including the address, phone number and the service's latest CQC inspection report and rating (see page 58), indicating the quality of care provided.

You can also view an electronic version of this Directory on the site and have it read to you by using the 'Recite Me' function. Visit **www.carechoices.co.uk**

The Care Quality Commission (**www.cqc.org.uk**) is responsible for checking that any care provided meets essential standards of quality and safety. Further information is on page 58.

The Homecare Association requires its members to comply with a code of practice. This code includes a commitment to treat customers with dignity and respect and operate at a level above the legal minimum required in legislation.

Social care regulations do not apply to cleaners, handypersons or gardeners. However, some home care agencies are increasingly providing staff who can help meet these needs too. The benefits of using a regulated agency include:

- assessing your care needs and tailoring a plan to meet those needs;
- advertising, interviewing and screening suitability of workers;
- arranging necessary insurance cover;
- providing training and development for care workers;
- managing workers' pay, including compliance with the National Minimum Wage;
- managing employment relationships, including sickness, absence and disciplinary matters; and
- managing health and safety issues.

Living with dementia at home

If you are concerned about persistent forgetfulness or memory difficulties, it is important to consult a GP. They can undertake an initial examination and refer you to a memory clinic for further investigation if necessary.

The various types of support available to you and your carer are likely to involve NHS services, adult social care and voluntary agencies. Some examples of services and support to help people living with dementia include:

- specialist day centres;
- respite care or short breaks;
- assistive technology and community alarms;
- home care;
- meals at home;
- community equipment;
- extra care sheltered housing; and
- carers' support groups.

Family support

If you know someone who is worried about their memory, encourage them to visit their GP. The more support you can give someone, the better life with dementia can be, especially in the early years. Focus on what the person can do, not what they cannot do, help with little errands or with cooking, listen to the person with dementia and find out more about the condition. When someone is living with dementia, they need:

- support to live their life;
- reassurance that they are still valued and that their feelings matter;
- freedom from as much external stress as possible; and
- appropriate activities and stimulation to help them to remain alert and motivated for as long as possible.

See page 49 for a residential dementia care checklist.

Dementia Friends

People with dementia sometimes need a helping hand to go about their daily lives and feel included in their local community. Dementia Friends is giving people an understanding of dementia and the small things they can do that can make a difference to people living with dementia – from helping someone find the right bus to spreading the word about dementia. Visit **www.dementiafriends.org.uk**

Respite care

Spouses, partners and relatives who care for a person with dementia may require a break from their caring responsibilities. This is known as 'respite care' and may be a regular break of a few hours a week or a period of a few weeks. It may be planned or be required in an emergency and can involve the person with dementia attending a day centre or a care worker visiting the person's home to enable the carer to have a break. Contact the council to see if you are eligible for support with arranging these services – see page 14 for information on assessments.

Care at home

It can often be best for a person with dementia to stay living in their own home for as long as possible. This may mean that they require some support services at home. The person living with dementia will respond best to the same care staff who know them well. Continuity of care can be provided by either care agencies or carers employed directly by the person or his or her family.

Specialist dementia day centres

A good day care service will be able to offer a range of activities and support that will enable the person with dementia to retain skills and remain part of their local community. Specialist day centres for people with dementia should be organised and run with their needs in mind, aiming to build on their strengths and abilities.

Activities may include outings, entertainment, personal care, meals, hairdressing and support for carers. Attendance at day centres can be offered from just a few hours a week to a number of days. Contact the council or your local Alzheimer's Society office for more details – see 'Useful local contacts' on page 76.

Alzheimer's Society

This leading charity works to improve the quality of life of people affected by dementia. If you have concerns about any form of dementia, please contact your local office for information and support and access to local services. See page 76.

Alzheimer's Society's Dementia Connect support line is available on **0333 150 3456** and can provide information, support, guidance and signposting to other appropriate organisations. The helpline is open from 9.00am to 8.00pm, Monday to Wednesday; 9.00am to 5.00pm, Thursday and Friday; and 10.00am to 4.00pm, Saturday and Sunday.

For more information on care homes for people with dementia, see page 53.



my family our needs

The lifestyle site for parents and carers of children with additional needs and those who support them.

www.myfamilyourneeds.co.uk

hello@myfamilyourneeds.co.uk • @WeAreMFON

- Birth to adulthood
- Real life blogs
- Directory
- Ask the experts
- Monthly columnist

Ask questions

Get involved

Join the family

Paying for care in your home

Figures in this section are subject to change from October 2025. See page 5 for more information.

Councils provide upfront information on how much people can expect to pay for home care and how charges are worked out. This information must be made available when a needs assessment is carried out. Written confirmation of how the charge has been calculated must be provided after a financial assessment.

If you have more than £23,250 in savings or capital, you will have to pay the full cost of your care. The value of your home is not counted when working out charges for non-residential care. If you have more than £23,250, you should tell adult social care when your savings are likely to fall below this amount.

The council calculates charges in accordance with national eligibility criteria set by the Government. This ensures people are only required to pay what they can afford, taking into account capital, income and expenditure.

Your assessment looks at how much money you have coming in, gives an allowance (set by the Government) for everyday living expenses and makes allowance for disability-related expenditure. This is the extra amount you spend as a result of your disability or illness. Adult social care can help you to identify these costs. They will also carry out a full benefit check and, if you want them to, assist you with claiming your full entitlement.

Non-means-tested care and support

Care provided by the NHS is free; for example, services provided by a community or district nurse. Some people do not have to pay towards care services. For example, aftercare services provided under section 117 of the Mental Health Act are free of charge.

If you need care or support, you may be eligible to claim Attendance Allowance (AA) or Personal Independence Payments (PIP). AA and PIP are non-means-tested benefits.

Provided you are eligible, you can receive AA or PIP regardless of how much income or capital you have. There are different rates that can be awarded, dependent on the level and type of help you need. These can be found at **www.gov.uk**

AA cannot be claimed before State Pension age and PIP can be claimed from the age of 16 until State Pension age. Check your State Pension age at **www.gov.uk/state-pension-age**

Other ways to fund your care and support

It is important to seek independent financial advice if you are paying for your own care and support. There are independent financial advisers who focus specifically on care funding advice, often referred to as specialist care fees advisers. They are regulated by the Financial Conduct Authority (FCA) and must stick to a code of conduct and ethics and take shared responsibility for the suitability of any product they recommend.

Money Helper
A free and impartial money advice service set up by the Government.
Tel: **0800 138 7777**
Web: **www.moneyhelper.org.uk**

Society of Later Life Advisers (SOLLA)
Aims to assist consumers and their families in finding trusted, accredited financial advisers who understand financial needs in later life.
Tel: **0333 202 0454**
Web: **www.societyoflaterlifeadvisers.co.uk**

Further information on paying for care can be found beginning on page 54.



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- Dementia Care
- Home Help
- Rehab and recovery
- Live-In Care



For more information, please contact our specialists:

- For Wetherby and North Leeds, please call **01937 220510** or visit www.homeinstead.co.uk/Wetherby

- For Ilkley, Skipton and Settle, please call **01943 662188** or visit www.homeinstead.co.uk/Ilkley

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Home care agency checklist

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	Fees per week	Quality rating*
Agency 1	£	
Agency 2	£	
Agency 3	£	

We suggest that you have paper with you when speaking with home care agencies so you can make notes. You can download and print this checklist at **www.carechoices.co.uk/checklists**

About the agency

- How long has the agency been operating?
- How long are staff allocated per visit?
- Can you contact the agency in an emergency or outside office hours?
- Does the agency have experience with your specific needs?

Staff

- Are you likely to be visited by different staff each day?
- Are all staff checked with the Disclosure and Barring Service?
- Will you be notified in advance if your care worker is on holiday or sick?
- Are staff matched to you specifically, based on your needs and preferences?
- Can you meet your care worker(s) before they start?
- Does the agency have both male and female staff?

Accommodating your needs

- Can the agency accommodate your needs if they increase? Ask about the process for this.
- Does the agency have a training scheme in place?
- Are all staff trained to a certain level?
- Are staff able to help with administering medication if required?
- Is there a way for staff to communicate with each other about the support they provide when they visit you? How?

Regulation

- Will your support plan be reviewed at regular intervals?
- Can you see the agency's contract terms?
- Can you lodge a complaint easily?
- Are complaints dealt with quickly?
- Can you see a copy of the agency's CQC registration certificate and quality rating?

Notes

*See page 58.



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for more details visit: **helpinghands.co.uk**

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Otley
Tel: 01943 854720
OP PD SI YA

Adopt Healthcare Ltd
Leeds
Tel: 07856 522354
OP PD LDA MH SI YA AD

Advanced Medcare
Leeds
Tel: 07983 591002
OP D PD LDA MH SI YA AD

Aegis Care Solutions
Leeds
Tel: 0113 467 3545
OP D PD LDA MH SI YA

Affinity Trust
Leeds
Tel: 0113 242 1388
LDA

Agincare
Leeds
Tel: 0808 278 0050
Advert page 26
OP D PD LDA MH SI YA AD

Allied Hands Home Care and Support Service
Pudsey
Tel: 0113 873 0133
OP D PD LDA MH SI YA

Allied Health – Services Leeds
Seacroft
Tel: 0113 201 8281
OP D PD LDA MH SI YA AD

Amblers Orchard (Office)
Leeds
Tel: 07990 583871
D PD LDA MH SI

Anchor Trust (The Laureates)
Guiseley
Tel: 01943 876228
Advert pages 6 & 48
OP YA

Angels Community Enterprises CIC
Leeds
Tel: 0113 277 2222
OP D PD LDA MH SI YA AD

Arch Healthcare Ltd
Leeds
Tel: 07515 726408
OP D PD LDA MH SI YA AD

AS Care Ltd
Leeds
Tel: 0113 242 8822
OP D PD

Aspire Specialised Supported Living Service
Leeds
Tel: 07545 604093
OP D PD LDA MH SI YA AD

Assisi Place
Leeds
Tel: 0113 200 8140
OP D PD LDA MH SI YA

At Home Specialists In Care
Leeds
Tel: 0113 512 2227
OP D PD MH SI YA

Be Caring Leeds
Leeds
Tel: 0113 277 7871
OP D PD LDA MH SI YA

Beekay Ltd
Leeds
Tel: 03335 777 244
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OP D PD LDA MH SI YA

Bkind Care Ltd
Leeds
Tel: 07753 170268
OP D PD LDA MH SI YA AD

Blue Arrow Healthcare
Leeds
Tel: 07429 947994
OP PD YA

Bluebird Care (Leeds North)
Horsforth
Tel: 0113 258 9677
OP D PD LDA MH SI YA AD

Burley Hill Leeds
Leeds
Tel: 07809 428407
OP D PD LDA MH YA AD

Cardinal Care Services Ltd
Leeds
Tel: 0113 322 9664
OP D PD YA

Care Cover
Leeds
Tel: 0113 239 2412
OP D PD LDA MH SI YA

Care247 Healthcare Services Ltd
Leeds
Tel: 07868 121689
OP D PD LDA MH SI YA

Cared4Leeds
Leeds
Tel: 0113 318 4843
OP D PD LDA MH SI YA

Caremark (Leeds) LCA
Leeds
Tel: 0113 264 4466
Advert page 26
OP D LDA MH SI YA AD

Service User Bands							
OP	Older people (65+)	**D**	Dementia	**PD**	Physical disability	**LDA**	Learning disability, autism
MH	Mental health	**SI**	Sensory impairment	**YA**	Younger adults	**AD**	People who misuse alcohol or drugs

LCA Leeds Care Association member – see page 7

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Emergency Care • Live In Care • Complex Care

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Catholic Care – Diocese of Leeds
Headingley
Tel: 0113 388 5400 LDA

Chandos Walk, 2
Leeds
Tel: 07459 948506 OP D YA

City Force Healthcare Ltd
Leeds
Tel: 0113 263 8830 OP D PD MH SI YA AD

Classic Health Care Solutions – Leeds
Leeds
Tel: 07859 007992 **Advert page 28** OP D PD MH Y

Comfort Call – Leeds
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Core Healthcare Professionals Ltd
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Tel: 07538 382034 OP D LDA MH YA AD

Cornerstone Healthcare Services Ltd
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Tel: 07881 745169 OP D

Creative Support
Brandling Court
Tel: 0113 271 3246 LDA MH

Hall Lane
Tel: 0113 261 1600 LDA

Hampton Crescent
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Day&Night Social Care Ltd
Wetherby
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Detailed Care Ltd
Leeds
Tel: 0113 331 0287 OP D PD YA

Dovetail Care Ltd
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Dynamic Social Support
Leeds
Tel: 0113 457 1646 OP D LDA MH

Elmar Home Care Ltd – Horsforth
Leeds **Advert page 28**
Tel: 0113 258 1570 OP D LDA MH SI YA

Epoch Homecare Ltd
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Ethicare
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Extra Care Service
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Tel: 07891 276432 OP

Service User Bands							
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MH	Mental health	SI	Sensory impairment	YA	Younger adults	AD	People who misuse alcohol or drugs

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Tel: 07824 770328
OP D YA

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Tel: 0113 277 3103
OP D PD SI YA

Gloriavd Health Care Ltd
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Tel: 07594 397584
OP D

Glory House
Leeds
Tel: 0113 294 2963
OP D PD YA

Goshen Social Care Ltd
Leeds
Tel: 0113 414 1113
OP D PD LDA MH SI YA AD

Grayson Home Care
Wetherby
Tel: 01937 918141
OP D PD SI YA

Green Force Healthcare
Leeds
Tel: 0113 350 7369
OP D PD LDA YA AD

Green Pastures Services Ltd
Leeds
Advert page 28
Tel: 07723 131242
OP D PD LDA MH SI YA AD

Greenmill Gardens
Leeds
Tel: 0845 155 1234
OP D PD LDA MH SI

Greenstar Health Care Ltd
Leeds
Tel: 0113 247 3835
OP D PD LDA MH SI YA

Hadi Healthcare Services
Leeds
Tel: 0113 249 9786
OP D PD MH YA

Haigh Care Ltd
Leeds
Tel: 07961 817708
OP D PD MH SI YA

Hales Group Ltd – Leeds LCA
Leeds
Tel: 0113 208 3346
OP D PD LDA MH SI YA AD

Happy Home Care Services Ltd
Leeds
Tel: 07761 529190
OP D PD MH SI

Healing Hands Care
Leeds
Tel: 07878 979701
OP D PD LDA MH YA

Hearts At Home HomeCare Ltd
Leeds
Tel: 01733 844096
OP D PD MH SI YA

Helping Hands Leeds
Leeds
Advert page 26
Tel: 01138 687 293
OP D PD LDA MH SI YA

Helping Hands Rothwell
Leeds
Advert page 26
Tel: 01135 376 725
OP D PD LDA MH SI YA AD

HF Trust – Leeds & Bradford DCA
Leeds
Tel: 07917 557487
OP LDA YA

Hillcrest Community Ltd
Leeds
Tel: 0113 212 1783
OP D PD SI YA

Hillside House Domiciliary Care
Headingley
Tel: 07970 810947
LDA MH YA

Home Instead Central Leeds
Leeds
Tel: 0113 518 3005
OP D PD MH SI YA

Home Instead Wetherby and North Leeds
Leeds
Advert page 24
Tel: 01937 220510
OP D PD LDA MH SI

Hope Homestay Ltd
Leeds
Tel: 07511 332265
OP D PD MH YA

iCare World Ltd
Leeds
Tel: 07949 132322
OP D PD LDA MH SI YA AD

ILS24Health Care Ltd
Leeds
Advert page 30
Tel: 0747 828 3274
OP PD LDA MH SI YA

Ivegate House
Leeds
Tel: 0113 219 2053
OP YA

Jayrima Care Ltd
Leeds
Tel: 0113 217 2366
OP D PD YA

Jays Homecare Ltd
Leeds
Tel: 0113 273 6457
OP D LDA MH SI YA AD

Select Choice
Community support

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Enhancing lives by building connections

Select Choice was founded in 2020 with the vision of providing support to the more vulnerable members of our community. Started as a family run business, we pride ourselves in our ability and willingness to support your families in a personalised, caring and dignified manner.

As experts in providing tailored and bespoke solutions for those requiring support in the community, we specialise in supporting individuals with Dementia, as well as those with physical learning impairments.

We take a unique approach to working with our service users. We focus on working in partnership rather than working in the more traditional transactional service method. Our service users, along with their families and friends have a number of options available to tailor their package of support, including personalised assessments, goal setting and tracking, involvement in the recruitment and more.



- *Personal Care*
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- *Support for Families*
- *Medication Support*
- *Overnight Support*
- *Live-in Care*
- *Hospital to Home Service*

"I think things just run better here, I'm involved in decisions about my brother in a way I haven't been before. We all work together as a team and it's clear to everyone involved that it's paid off. When I'm unhappy about something, I can raise it and we can have a discussion, but it feels like we're usually singing from the same hymn sheet"

Chris W - Leeds

Tel: **0113 831 3663** Email: **Enquiries@Select-Choice.co.uk**

Leeds Learning Disability Community Support Service – East and North East Leeds
Potternewton
Tel: 0113 378 1035 OP PD LDA MH SI YA AD

Leeds Learning Disability Community Support Service – South and South East Leeds
Woodlesford
Tel: 07891 277031 OP LDA YA

Leeds Learning Disability Community Support Services – West and North West Leeds
Bramley
Tel: 0113 378 1014 OP PD LDA MH SI YA AD

Lifeway Care Ltd
Leeds
Tel: 07734 909829 OP D PD SI YA

Local Care Force
Leeds
Tel: 0113 244 4644 PD LDA MH YA

Local Homecare
Leeds
Tel: 0113 320 6677 OP D PD LDA MH SI YA

Loidis Care Services Ltd
Leeds
Tel: 07916 505189 OP D PD SI YA

Lotus Home Care Leeds
Leeds
Tel: 0113 493 1993 OP YA

Love In Care
Leeds
Tel: 07539 022642 OP D PD LDA MH SI YA

Medacs Healthcare PLC
Leeds
Tel: 0113 287 4612 OP D PD LDA MH SI YA AD

Mental Health Accommodation Based Services
Leeds
Tel: 0113 336 7732 OP D MH YA AD

Meridian Health and Social Care – Leeds
Leeds
Tel: 0113 278 2001 OP D PD LDA MH SI YA

Metis Care Ltd
Leeds
Tel: 07963 434830 OP D PD YA

Miracle Care Centre
Bradford
Advert page 34
Tel: 0113 251 2053 OP D PD MH SI YA

MK Care Services Ltd
Leeds
Tel: 0113 834 6703 OP D PD LDA MH YA

Moor Allerton Care Centre
Leeds
Tel: 0113 288 8355 OP D PD LDA MH SI

Moorcare
Leeds
Tel: 0113 268 4211 OP D PD MH SI

My Homecare Yorkshire
Leeds
Tel: 0333 920 9500 OP D LDA MH YA

My Horizon Care Ltd
Leeds
Tel: 07460 472050 OP D PD LDA MH SI YA AD

Nefid Personnel
Leeds
Tel: 07859 327652 OP D PD LDA MH SI YA AD

Newcross Healthcare Solutions Ltd – North
Leeds
Tel: 0113 350 8791 OP D PD LDA MH SI YA

Newdon Care Services Ltd
Leeds
Tel: 0113 288 3006 OP D

Novo Healthcare Ltd
Leeds
Tel: 0208 187 7840 OP D PD LDA SI YA

Number 12 Chapeltown Enterprise Centre
Leeds
Tel: 07783 597254 OP D PD LDA MH SI YA AD

Olive Lodge
Leeds
Tel: 0113 259 3800 OP D PD SI

Service User Bands
OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol or drugs

LCA Leeds Care Association member – see page 7

Advertisers are highlighted

my family our needs

The lifestyle site for parents and carers of children with additional needs and those who support them.

www.myfamilyourneeds.co.uk

hello@myfamilyourneeds.co.uk • @WeAreMFON

- Birth to adulthood
- Real life blogs
- Directory
- Ask the experts
- Monthly columnist

Ask questions

Get involved

Join the family

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0113 2512053

E: leeds@miraclecarecentre.co.uk

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Tel: **0113 457 4772**
Email: **enquiries@surecarenorthleeds.co.uk**

Website: **www.surecare.co.uk/northleeds**
@surecarenorthleeds

OOJ Homecare Services Ltd
Leeds
Tel: 07735 579243
OP D PD LDA SI YA

Page Alliance Healthcare Ltd
Leeds
Tel: 0113 350 1185
OP D PD LDA MH SI YA

Park Lodge
Roundhay
Tel: 0113 265 9353
OP YA

Pennington Court Nursing Home LCA
Beeston
Tel: 0113 228 4040
Advert pages 50 & 51
OP

People Matters
Leeds
Tel: 0113 234 6896
OP PD LDA YA

Personal Care Specialists
Leeds
Tel: 0113 345 0630
OP D PD MH SI YA

Phoenix Health Kare
Leeds
Tel: 07749 800849
OP D PD LDA SI YA

Positive OT & Case Management Ltd
Leeds
Tel: 0112 871 5975
OP PD LDA MH SI YA

Pre Care Services Ltd
Leeds
Tel: 07939 592110
OP D PD LDA MH YA

Prestige Nursing – Leeds
Leeds
Tel: 0113 275 2555
OP D PD LDA MH SI YA AD

PRN Healthcare Staffing Ltd
Leeds
Tel: 0113 534 0046
OP D PD YA

Pro Healthcare Services
Leeds
Tel: 07539 061154
OP YA

Rani Care C.I.C.
Leeds
Tel: 07720 260209
OP YA

Rapid Healthcare & Recruitment Ltd
Leeds
Tel: 0113 534 5220
OP D PD YA

Reablement SkILs
Leeds
Tel: 0113 376 0445
OP D MH YA

Real Life Options – Yorkshire
Leeds
Tel: 0113 271 4100
OP D PD LDA MH SI YA

Reed Specialist Recruitment Ltd – Leeds
Leeds
Tel: 0113 394 2940
OP D PD LDA MH SI YA AD

Reflections Community Support
Guiseley
Tel: 01943 876649
OP D PD MH SI YA

Regent Street Leeds, 22
Leeds
Tel: 0333 987 4688
OP D PD LDA MH SI YA

Rest Assured Homecare Services
Otley
Tel: 01943 466292
OP D PD LDA MH SI YA AD

Restore7 Ltd
Leeds
Tel: 0113 239 2151
OP D PD MH SI YA

Roche Caring Solutions
Leeds
Tel: 0113 271 9456
OP D PD LDA MH SI

Routes Healthcare Leeds
Leeds
Tel: 0113 532 4375
OP D PD LDA MH SI YA AD

Rumney Care and Ambulance Service Leeds
Leeds
Tel: 0113 426 5432
OP D PD YA

Sabin Care
Leeds
Tel: 07770 712133
OP D PD LDA MH SI YA

Salem Community Services Ltd
Leeds
Tel: 07874 659058
OP D PD SI YA

Select Choice Community Support Ltd
Leeds
Tel: 0113 831 3663
Advert page 32
OP D PD LDA MH YA

SENSE Community Services – West Yorkshire
Leeds
Tel: 0113 205 9500
PD LDA SI YA

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Tel: **0113 262 1866**
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www.yhha.co.uk

Home care providers continued

See page 37 for the **Service User Bands** key

Servoca Complex Care – Leeds
Leeds
Tel: 0113 518 1518
OP D PD LDA MH SI YA AD

Shield Health & Social Care Ltd
Pudsey
Tel: 0113 243 0344
OP D PD YA

Siban Ltd
Leeds
Tel: 07932 966540
OP D PD MH SI YA

Southlands Retirement Apartments with Care and Support LCA
Leeds **Advert inside front cover and pages 50 & 51**
Tel: 0113 265 5876
OP YA

Springfield Healthcare (Leeds and Wakefield) LCA
Garforth
Tel: 0113 287 6789
OP D PD LDA MH SI YA AD

St Anne's Community Services – Leeds DCA
Leeds
Tel: 0113 200 8347
LDA

St Anne's Community Services – Leeds DCA 2
Leeds
Tel: 0113 243 5151
LDA

St Anne's Leeds Domiciliary Care 3 (DCA 3)
Leeds
Tel: 0113 243 5151
OP PD LDA SI YA

St Gregory's Homecare Ltd
Leeds
Tel: 01524 720189
OP D PD LDA MH SI YA

Starcover Health & Social Care Ltd
Leeds
Tel: 07762 477654
D PD MH SI

Step Ahead Home Care Services
Leeds
Tel: 0113 247 3911
OP D PD LDA YA

Sugarman Health and Wellbeing – Leeds
Leeds
Tel: 0113 457 3150
OP D PD LDA MH SI YA AD

Sure Healthcare (Leeds)
Leeds
Tel: 0113 350 2100
OP D PD MH SI YA

SureCare North Leeds Ltd
Leeds
Tel: 0113 457 4772
Advert page 34
OP D PD LDA MH YA

Talbot Gardens
Leeds
Tel: 0113 249 1295
OP D LDA MH SI YA AD

Tamar Leeds
Leeds
Tel: 0113 532 9141
OP D PD MH SI YA

Tate Care Ltd
Leeds
Tel: 07387 470334
OP D LDA SI YA

Total Care Nursing Ltd
Leeds
Tel: 0113 288 8728
OP D PD LDA MH SI YA

TPS Healthcare
Leeds
Tel: 0113 244 1584
OP D PD LDA MH SI YA

Triaje Care Services Leeds
Leeds
Tel: 07485 244884
OP D PD LDA YA

Trust Life Care
Leeds
Tel: 0113 251 5009
OP D PD LDA MH SI YA

Unique Support Solutions
Leeds
Tel: 07960 131848
OP PD LDA MH YA

United Response – Leeds-Harrogate
Leeds
Tel: 01423 867109
LDA YA

Unity Plus Healthcare Leeds
Leeds
Advert page 40 & inside back cover
Tel: 0330 127 1848
OP D PD LDA MH SI YA

Valeo Domiciliary Care Service
Leeds
Tel: 0113 272 6020
PD LDA MH YA AD

Victoria Court
Leeds
Tel: 0113 278 7588
OP

Victorletticia Care Services
Leeds
Tel: 0113 493 1660
OP D PD LDA MH YA

Vive UK Social Care Ltd
Leeds
Tel: 0113 320 2222
OP D PD LDA MH SI YA

Voice2Care Ltd
Leeds
Tel: 07984 223866
OP D

Voyage (DCA) Pennines
Leeds
Tel: 07547 953636
OP PD LDA MH SI YA AD

Westward Care Ltd – Outreach Office
Headingley
Advert inside front cover, 50 & 51
Tel: 0113 331 4830
OP

Willow Homecare Leeds Ltd
Leeds
Tel: 07511 261474
OP D

Winserve Care Services
Leeds
Tel: 07388 191702
OP D PD LDA MH YA

XL Care Services Ltd
Leeds
Tel: 07449 714908
OP D PD YA

Yorkshire and Humber Healthcare Alliance
Leeds
Advert page 36
Tel: 0113 262 1866
OP D PD LDA MH SI YA AD

Yorkshire Homecare Ltd
Leeds
Tel: 07451 056391
OP D PD LDA SI YA

Your Life (Leeds)
Leeds
Tel: 0113 269 8365
OP D SI

Your Safe Homecare Ltd t/a Kare Plus Leeds
Leeds
Tel: 07903 052396
OP D PD LDA MH SI YA

For information on home care and how it could help you, see page 19.

Service User Bands	OP Older people (65+)	D Dementia	PD Physical disability	LDA Learning disability, autism
	MH Mental health	SI Sensory impairment	YA Younger adults	AD People who misuse alcohol or drugs

LCA Leeds Care Association member – see page 7 — **Advertisers are highlighted**

Housing with care

Housing with care combines independent living in a home with security of tenure, along with care services arranged according to need. Schemes may be run by housing associations, the local authority, voluntary organisations or private companies.

Properties may be available for rent, mixed tenure or to purchase.

Supported Living

Supported Living is a term generally used to describe situations in which people (often adults with a learning disability or mental health condition) rent their home, and their personal care or support is arranged separately. This means they can change their support without having to move or move and take the same support with them. People have greater security of tenure and can claim a wider range of welfare benefits than in residential care.

Supported Living can be delivered in a range of settings, including individual flats or houses, clusters of self-contained flats on the same site, shared accommodation and extra care housing.

The individual, a landlord, a housing association, a local authority or a charity may own the property.

Supported Living refers to the way in which accommodation and support are organised, rather than the amount of support. This will be tailored to individual need and can include access to support 24 hours a day if assessed as necessary, although many people do not require this – particularly with the use of assistive technology (discussed earlier on page 12).

Contact **Leeds City Council** for more information. Tel: **0113 222 4401**

Shared Lives

Shared Lives is a care service for adults with learning or physical disabilities and for older people. It is family-based care provided by individuals and families.

Shared Lives carers are local people recruited and trained to make sure they have the right qualities to provide care and support.

Sheltered housing

Sheltered (or retirement) housing is provided by local authority housing departments and housing associations for older people who would like to remain independent but prefer the added security and reassurance of a scheme manager and an alarm call service.

A scheme manager is either based at the site or visits regularly. Many sheltered housing schemes also have communal lounges, laundry facilities, lifts, door entry systems and specially adapted facilities.

For further information, visit the **Elderly Accommodation Council (EAC)** website at **www.eac.org.uk**

Extra care housing

Extra care housing is similar to sheltered schemes, with self-contained accommodation together with some communal facilities. In an extra care scheme, instead of low-level support traditionally provided by wardens in sheltered schemes, higher levels of care and support are provided on site by a designated team of care workers, who can be available 24 hours a day.

Extra care allows you to retain your own tenancy

and have care services delivered, ensuring that you can remain safely in your own self-contained accommodation. For information on extra care housing in your region, contact adult social care or visit the Elderly Accommodation Council (EAC) website at **www.eac.org.uk**

Extra care housing schemes in Leeds

Amblers Orchard
Westerton Walk, Tingley, Wakefield WF3 1FQ
Tel: **0345 141 4663**

Assisi Place
Belinda Street, Leeds LS10 2PR
Tel: **0113 200 8140**

Bedford Court/Olive Lodge
Bedford Court, Horsforth, Leeds LS8 2PL
Tel: **0800 587 0211**

Box Tree Court
Westwood Way, Boston Spa,
Wetherby LS23 6DX
Tel: **0370 192 4000**

Cardinal Court
Cardinal Walk, Beeston, Leeds LS11 8HP
Tel: **0113 270 0436**

Gascoigne House (coming Summer 2023)
Nightingale Court, Leeds LS10 4YA
Email: **gascoigne.house.enquiries@leeds.gov.uk** (enquiries).

Greenmill Gardens
Seacroft Crescent, Seacroft, Leeds LS14 6PA
Tel: **0345 141 4663**

Hampton Crescent
Upper Accommodation Road, Richmond Hill,
Leeds LS9 8NH
Tel: **0800 020 9516**

Headingley Hall Apartments with Care and Support
5 Shire Oak Road, Headingley,
Leeds LS6 2DD
Tel: **0113 275 9950**

Independent Living Apartments
Wetherby Manor, St James Street,
Wetherby LS22 6NS
Tel: **01937 588001**

Lady Ida Lodge
Oak Park Lane, Cookridge, Leeds LS16 6FF
Tel: **0345 608 4021**

Mexborough Grange Retirement Apartments
Main Street, Methley, Leeds LS26 9JP
Tel: **0113 270 3355**

Pennington Court Extra Care Plus Apartments
Hunslet Hall Road, Beeston, Leeds LS11 6TT
Tel: **0113 228 4040**

Rossefield Manor
Rossefield Lawn, Bramley, Leeds LS13 3TG
Tel: **0800 280 2575**

Southlands Apartments with Care and Support
13 Wetherby Road, Roundhay, Leeds LS8 2JU
Tel: **0113 265 5876**

Thackrah Court
Squirrel Way, Shadwell, Leeds LS17 8FQ
Tel: **0113 269 8365**

The Laureates
Shakespeare Road, Guiseley, Leeds LS20 9BR
Tel: **0800 020 9516**

Victoria Court
224 Kirkstall Lane, Headingley, Leeds LS6 3FB
Tel: **0113 229 6200**

Wharfedale View Extra Care Scheme
Silver Lane, Yeadon, Leeds LS19 7FA
Tel: **0113 378 3696**

Woodview
Eastwood Drive, Swarcliffe, Leeds LS14 5HU
Tel: **0113 260 0777**

Yew Tree and Rosewood Court
Courts 2-4 Cranmer Close, Moor Allerton,
Leeds LS17 5PT
Tel: **0113 288 8355**

Specific care and support services

Learning disability

If you are living with a learning disability in Leeds, you should contact your local council for support. They might be able to signpost you to local services and assess your needs in case they can help you. The council aims to keep people living independently in their own homes wherever possible but, if you need to move somewhere with care and support, you might like to consider a housing with care scheme – see page 38.

If your needs are such that you require support in a care home, this Directory contains a list of all care homes in Leeds. Any learning disability providers are denoted with **LDA**. You may also find the following organisations useful.

Mencap

Supporting people with learning disabilities to feel valued equally, listened to and included.
Tel: **0808 808 1111**
Email: **helpline@mencap.org.uk**
Web: **www.mencap.org.uk**

Scope

Offers free, impartial and expert information, advice and support to disabled people and their families.
Tel: **0808 800 3333**
Email: **helpline@scope.org.uk**
Web: **www.scope.org.uk**

Through the Maze

An information service for adults with learning disabilities, their family, carers and professionals. The service can also help you find events, activities and groups being run for people with learning disabilities.
Sugar Mill Business Park, Oakhurst Road LS11 7HL
Tel: **0113 270 3233** • Email: **ttm@citn.org.uk**
Web: **www.through-the-maze.org.uk**





24hr Complex Care Packages
- Learning Disabilities & Autism
- Young Adults
- Degenerative Conditions
- Dementia

TAO Complex Care

TAO Complex care believes that quality of life is everything, our dedicated staff will encourage and support everyone to maintain their independence and overall well-being.

Phone: **0330 174 2697** Email: **complexcare@tao-ss.co.uk** Website: **tao-ss.co.uk**



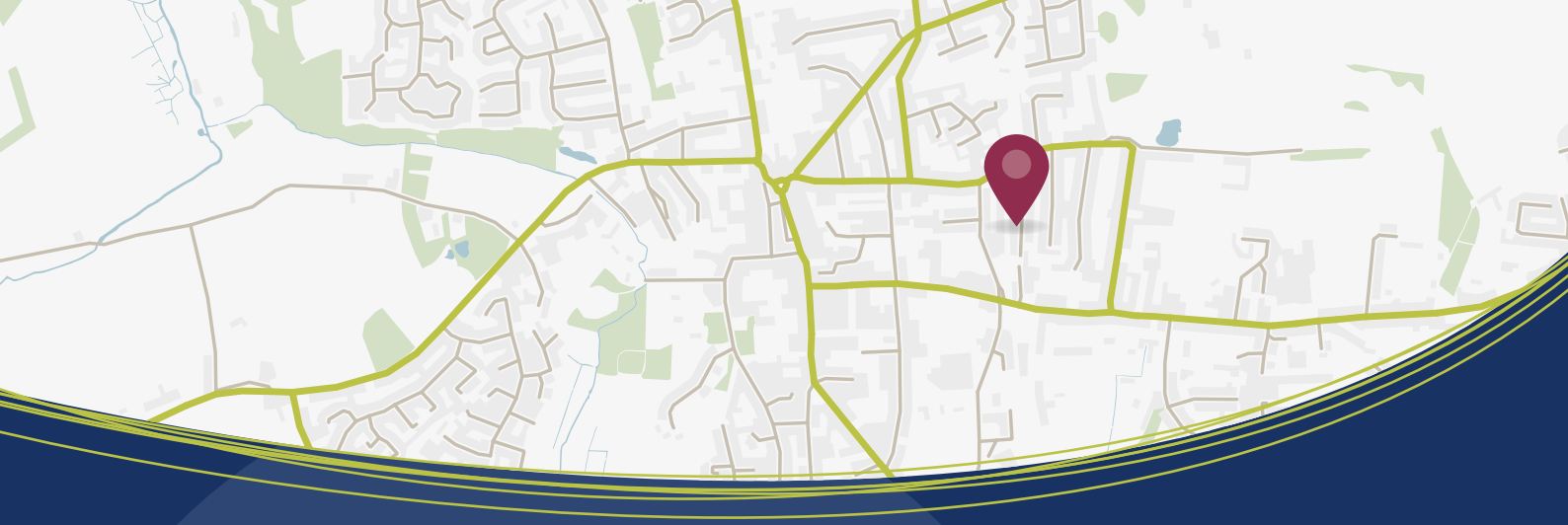


Independence, is a way of living





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www.carechoices.co.uk

Search for care in your area

With so many providers to choose from, where do you start?

- Find care providers quickly and easily
- Search by location and care need
- Information on care quality
- Links to inspection reports
- Additional information, photos and web links
- Brochure requests

CareChoices

Mental health

If you are worried about your mental health, it's important to remember that you aren't alone.

Lots of people have difficulties with their mental health and there's help and advice available in Leeds to support you.

Your GP should be your first point of contact if you want confidential advice or services.

Alternatively, contact one of the following organisations for free help and support.

Leeds Mind
Clarence House, 11 Clarence Road,
Horsforth LS18 4LB
Tel: **0113 305 5800** • Web: **www.leedsmind.org.uk**
Email: **info@leedsmind.org.uk**

MindWell
Provides quick and easy access to the latest information on mental health for all adults in Leeds, including GPs, employers and other professionals.
Web: **www.mindwell-leeds.org.uk**

Physical disability

If you have a physical disability or a long-term illness, adult social care and other organisations in the independent and not-for-profit sectors may be able to signpost you to, or provide you with, a range of services to help you live as independently as possible. There are also services available to support someone who may be your carer.



Czajka Care



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- Short stays or long term care
- Physiotherapy
- Rehabilitation kitchen
- In-house Salon
- Sensory and games rooms
- Modern and tastefully decorated
- Wide range of activities
- Wi-fi and computer equipment
- Outdoor decking area

Staveley Birkleas Nursing Home

For young adults with physical disabilities

Staveley Birkleas provides registered nursing support with an active lifestyle, rehabilitation and atmosphere, supporting adults from the age of 18 to 65.

For more information regarding the range of services that we can provide please visit www.czajka.co.uk, call us on 01274 599564 or send us an email at info@czajka.co.uk

Sensory services

BID Services is commissioned by Leeds City Council to assess people's sensory needs and support people with sensory impairments. The service provides flexible, reliable support to enable service users to maximise their independence, reduce social isolation and maintain their health and wellbeing. It provides:

- information, advice and guidance;
- assessment and support planning;
- communicator guides;
- equipment and assistive technology;
- employment advice and support;
- hearing aid repair service;
- social work for deaf adults;
- hospital-based Eye Clinic Liaison Service; and
- access to local social groups.

For more information, contact **BID Services**.
Tel: **0113 288 5750**
Email: **leedsinfo@bid.org.uk**
Web: **www.bid.org.uk/leeds-local-services/leeds-hearing-sight-loss-support-service**

Advocacy

Advocates can give advice, support and information to people of any age. They help you to voice your concerns and guide you through difficult or challenging times. You should consider using the services of an advocate if you feel unsure or concerned when you are faced with making an important decision about your care.

Advocates are not there to tell you what to do or to make decisions for you, but to help you express your views and make your own decisions. Councils have a legal obligation to provide an advocate to you if you need one at any stage of your care and support planning with them.

Advonet
Unity Business Centre, 26 Roundhay Road LS7 1AB
Tel: **0113 244 0606**
Email: **office@advonet.org.uk**
Web: **www.advonet.org.uk**

Planning for end of life

Although the subject of dying is often painful to contemplate, planning for the end of life can be a good way to share your wishes and help your family to know what you would like. Good planning for all your needs should mean that you can convey your wishes, including where you would like to die if you choose. You may wish to remain in your own home or care home in your last days and not be admitted to hospital.

When choosing a service, you should consider its end of life care philosophy and policies. Enabling people to die in comfort and with dignity is a core part of providing care. The way care professionals approach the process will be incredibly important for you, your family and carers.

The service should have an open approach to end of life care. It should initiate conversation with you and your family and work with your GP to ensure your needs and wishes are discussed and planned for. An end of life care plan should also be drawn up, as it is vital to establish your preferences and choices.

You could use the Preferred Priorities for Care (PPC) document to help with outlining your wishes. The PPC document is designed to help you prepare for the future and gives you an opportunity to think about, talk about and write down your preferences and priorities for care at the end of life.

It is also important to know that all health and social care staff must be trained in communication regarding end of life care and will be trained in assessing the needs of individuals and carers. It is worth asking care providers whether they are working towards The Gold Standards Framework. This can be used in various settings, for example

hospitals, primary care and care homes, to improve the co-ordination and communication between different organisations involved in providing care for someone near the end of their life.

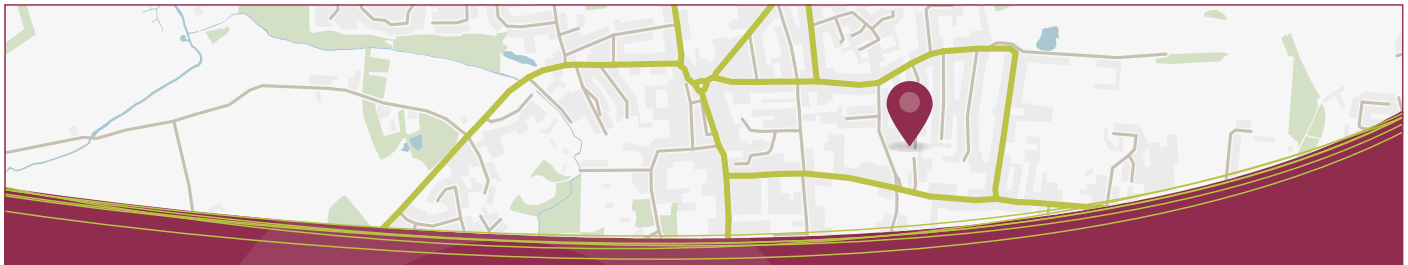
Planning for your funeral

While you are thinking about the future, you may want to consider writing down your wishes for your funeral. This can help to alleviate pressures on your family. They may appreciate knowing your wishes and that they can make sure they are considered at your funeral. By detailing your wishes, your family can be comforted by the fact that they don't need to make all the decisions about what you would have liked or wonder whether they are making the right choices. Hospice UK outlines information to help make funeral arrangements easier at **www.hospiceuk.org** (search 'how to arrange a funeral').

You do not have to instruct a funeral director but, if you do, ensure that the director you choose is a member of either the National Association of Funeral Directors or the National Society of Allied and Independent Funeral Directors, who have strict members' guidelines.

See page 78 for details of organisations that may be able to help you plan for the end of your life or your funeral.





Search for care in your area

www.carechoices.co.uk

With so many providers to choose from, where do you start?

- Find care providers quickly and easily
- Search by location and care need
- Information on care quality
- Links to inspection reports
- Additional information, photos and web links
- Brochure requests

CareChoices



www.burlingtoncare.com #caringforyourfamily

HIGHFIELD CARE CENTRE
1 Leeds Road, Allerton Byswater,
Castleford WF10 2DY
T: **01977 552601**
E: **manager.highfield@burlingtoncare.com**

RASTRICK HALL & GRANGE
Close Lea Avenue, Rastrick,
Brighouse HD6 3DE
T: **01484 722718**
E: **manager@rastrickcare.co.uk**

PRIESTLEY CARE HOME
Market Street, Birstall, Batley WF17 9EN
T: **01924 440265**
E: **manager.priestly@burlingtoncare.com**

THE HAWTHORNES
Mill Lane, Birkenshaw, Bradford BD11 2AP
T: **01274 680033**
E: **manager.hawthornes@burlingtoncare.com**

THE SYCAMORES
Norton Road, Wakefield WF1 3PB
T: **01924 376475**
E: **manager.sycamores@burlingtoncare.com**

YORK HOUSE
Old Bank Road, Earlsheaton,
Dewsbury WF12 7AH
T: **01924 467825**
E: **manager.yorkhouse@burlingtoncare.com**

Burlington Care operate 26 care homes across Yorkshire, North Lincolnshire, Nottinghamshire, and the North East. We provide a range of care and support services for our residents, some of whom live with dementia or have nursing needs.

Burlington Care have a reputation for providing the highest quality care. Our digital person-centred care plans identify each resident as an individual in order that we meet their needs with reassurance and support.

Our West Yorkshire homes are purpose built with all rooms en-suite designed specifically to:

- create a familiar environment;
- allow ease of orientation;
- offer freedom and security;
- provide practicality.

We strive to make life in a Burlington care home fulfilling and as stimulating as possible, working with the residents to ensure dignity, independence and choice in every aspect of their daily life.

Burlington Colleagues are well trained to deliver person-centred care, spending time getting to know each resident to understand their likes, dislikes and what is important to them.

Residents are encouraged to live an active and fulfilled life and to continue doing the things they've always loved; and the things that they thought they could no longer enjoy.

Searching for a care home can be a challenge; we aim to remove that by sharing the many positive reviews we have received and invite you in to see for yourself.





BURLINGTON CARE
Caring for your family

Care homes checklist

© 2023 Care Choices Ltd

	Fees per week	Quality rating*
Home 1	£	
Home 2	£	
Home 3	£	

We suggest that you take paper with you when visiting care homes so that you can make notes. You can download and print this checklist at **www.carechoices.co.uk/checklists**

Staff

- What is the minimum number of staff that are available at any time?
- Are staff respectful, friendly and polite?
- Do staff have formal training?
- Are the staff engaging with residents?

Activities

- Can you get involved in activities you enjoy?
- Is there an activities co-ordinator?
- Does the home organise any outings?
- Are residents escorted to appointments?
- Do the residents seem entertained?
- Does the home have a varied activities schedule?

Life in the home

- Is the home adapted to suit your needs?
- Can you bring your own furniture?
- Are there enough plug sockets in the rooms?
- Are there restrictions on going out?
- Is there public transport nearby?
- Does the home provide any transport?
- Can you make/receive calls privately?
- Can you decide when to get up and go to bed?
- Does the home allow pets?
- Does the home use Digital Care Planning accessible to families?

Personal preferences

- Is the home too hot/cold? Can you control the heating in your room?
- Is the décor to your tastes?
- Are there restricted visiting hours?
- Is there somewhere you can go to be alone?
- Does the home feel welcoming?

Catering

- Can the home cater for any dietary requirements you may have?
- Does the menu change regularly?
- Can you eat when you like, even at night?
- Can you have food in your room?
- Is there a choice of food at mealtimes?
- Is alcohol available/allowed if you want it?
- Can visitors join you for meals?

Fees

- Do your fees cover all of the services and activities?
- Are fees likely to change regularly?
- Is the notice period for cancellation of the contract reasonable?
- Could you have a trial period?
- Can you keep your room if you go into hospital?
- Can you handle your own money?

*See page 58.



TRUST US TO ARRANGE A WONDERFUL WELCOME

Our care team know what every resident will love

anchor

Who Cares? We do, and we always will

Berkeley Court care home, Leeds LS8 3QJ | 0113 350 9971
Simon Marks Court care home, Wortley, Leeds LS12 4BE | 0113 511 7969
Visit anchor.org.uk/care-homes

Residential dementia care checklist

© 2023 Care Choices Ltd

	Fees per week	Quality rating*
Home 1	£	
Home 2	£	
Home 3	£	

We suggest that you take paper with you when visiting care homes so that you can make notes. Please use this checklist in conjunction with the care homes checklist on page 47. You can download and print this checklist at **www.carechoices.co.uk/checklists**

Design

- Are there clear signs throughout the home?
- Has the home been designed or adapted for people with dementia?
- Are the home and grounds secure?
- Are there prompts outside the residents' rooms to help people identify their own?
- Is the décor familiar to your loved one?

Choices

- Do residents get choice in terms of what they wear each day?
- Are residents encouraged to be independent?
- Can residents decide what to do each day?
- Can residents have a say in the décor of their room?

Activities

- Are residents able to join in with household tasks like folding washing?
- Are there activities on each day?
- Can residents walk around outside on their own?
- Are residents sitting in front of the TV or are they active and engaged?
- Are there rummage boxes around?

Health

- Can residents get help with eating and drinking?
- How often does the home review residents' medication?
- Does the home offer help if a resident needs assistance taking medication?
- Do GPs visit the home regularly?

Staff

- Are staff trained to identify when a resident might be unwell?
- Are staff trained to spot when someone needs to go to the toilet?
- Do the staff have any dementia specific training/experience?
- Will your loved one have a member of staff specifically responsible for their care?

Approach to care

- Does the home follow a specific approach to dementia therapy, for example, validation therapy?
- Will the home keep you informed about changes to your loved one's care?
- Does the home have a specific approach to end of life care?
- Does the home keep up to date with best practice in dementia care?

*See page 58.



Let us take care of you

Joan thought choosing a care home would be the hardest decision she'd ever make.
Turned out to be the easiest.

www.westwardcare.co.uk

Call 0113 331 4830

At Westward Care, each of our locations offer a flexible range of person centred services including:

Headingley Hall
HEADINGLEY



- Residential Care
- Apartments with Care and Support
- Respite Care and Holiday Stays
- Specialist Dementia Support

Shire Oak Road,
Headingley, Leeds LS6 2DD
Telephone 0113 275 9950

Southlands
ROUNDHAY



- Apartments with Care and Support
- Respite Care and Holiday Stays

Wetherby Road,
Roundhay, Leeds LS8 2JU
Telephone 0113 265 5876

Pennington Court
BEESTON



- Nursing Care and Residential Care
- Apartments with Care and Support
- Respite Care and Holiday Stays

Hunslet Hall Road,
Beeston, Leeds LS11 6TT
Telephone 0113 228 4040

Our facilities are proud to be associated with the following organisations.

Leeds Care Association

CARE ENGLAND
Representing independent care providers





Twitter @WestwardCare
Facebook Westward Care

Care homes

All care homes and agencies providing care at home in England must be registered with the independent regulator, the Care Quality Commission (CQC). The CQC inspects every care home and home care agency, publishing a report along with a rating. CQC quality ratings must be displayed at the operator's premises and on its website. You can also find inspection reports and ratings for all services on the CQC's website (**www.cqc.org.uk**).

Types of care home

Care homes (personal care only)
If you need someone to look after you 24 hours a day but don't need nursing care, a care home offering only personal care may be the best option. Personal care includes bathing, feeding, dressing and help with moving. It is a good idea to have a needs assessment before you choose a care home to ensure it is the best way to meet your needs. See page 14 for more on assessments.

Care homes with nursing
A care home with nursing provides the same care and support as a care home offering personal care, but with 24-hour nursing staff on hand. If you think you may need nursing care in a home, you will need to be visited by a social worker or a care manager to work out what care you will need.

This visit might be in your own home, or in hospital if you've been ill, or in a care home. You will be fully involved in planning for your care needs.

If, after a needs assessment, a care home providing nursing care is the best solution for you, a social worker will give you information to help you find a home which meets your care requirements. The cost of the nursing care part of your fees may be paid by the NHS to the home directly: the current amount is £209.19 per week. This figure may change over the lifetime of this Directory – check with adult social care.

For help with finding care homes and care homes with nursing in your area, visit **www.carechoices.co.uk**

Activities in care homes

The word 'activity' can imply many different things but, in the context of a care home, it should mean everything a resident does from when they open their eyes in the morning until they go to sleep at night. Activities should stimulate residents emotionally, physically and mentally and, in a good care home, should encompass all aspects of daily life. They can range from choosing what to wear, to helping with tasks around the home or garden, to listening to the radio or joining in with an art or exercise class.

Above all, activities provide a point of interest, fun and challenge to each day. They should enable people to participate in daily life, be engaged and maintain hobbies or activities they have enjoyed throughout their life, as well as offering the opportunity to try something new, if they wish.

Lots of care homes now employ a dedicated activity co-ordinator. What they do and how they do it varies from one home to another. Increasingly, they are fully integrated into the staff team, play a key part in developing care plans and ensure that all staff appreciate the part they play in delivering high-quality activity provision. Ensure you speak to any potential providers about the activities they provide in their care home.



Care homes and dementia

A good care home will follow the concept of a person-centred approach to care for people with dementia. This means that the unique qualities and interests of each individual will be identified, understood and accounted for in any care planning.

The person with dementia will have an assessment and an ongoing personalised care plan, agreed across health and social care. This should identify a named care co-ordinator and addresses their individual needs.

They must also have the opportunity to discuss and make decisions, together with their carers, about the use of advance statements, advance decisions to refuse treatment, Lasting Powers of Attorney and Preferred Priorities for Care. For more information on these last two topics, see pages 57 and 44 respectively.

It is important that care and support options are tailored to the needs of the individual. Make sure staff know the person you care for by providing life story books, telling staff about their likes and dislikes and providing belongings that bring comfort and have meaning for them.

Within the home, much is down to the attitude and skills of the manager and the staff. Do they provide an environment that enables a person with dementia to exercise choice and personal preferences even in the later stages of the condition? Who is the person in charge of championing dementia care best practice in the home? Further questions to consider are included in the residential dementia care checklist on page 49.

Design and technology

The design of a care home specialising in dementia needs to be based on small group living, preferably with accommodation on one level and with opportunities to go in and out of the building within a safe environment. Plenty of natural light and an easy way of finding one's way around the building and grounds are essential for minimising disorientation. →



Live Safe and Well

Avery Healthcare offers a safe and supportive environment where residents can flourish, make new friends, maintain contact with their local communities and live a life of possibility.

- Residential, dementia, and respite care
- Nutritionally balanced seasonal menus
- Spacious, beautifully decorated bedrooms
- Stimulating schedule of daily activities and entertainment
- Highly trained staff teams

Aire View Care Home
Kirkstall
0113 853 1635

Grove Park Care Home
Headingley
0113 853 1634

averyhealthcare.co.uk

Avery | CHA CAREHOMEAWARDS WINNER 2022

Staff training
Dementia-specific training is essential to ensure that care home staff understand how best to support and care for people with dementia.

Ask about the Dementia Friends Ambassador and, if the home does not have a specific Dementia Lead, ask whether it has the necessary experience to support someone to live well with dementia.

Paying for care

Figures in this section are subject to change from October 2025. See page 5 for more information.

When a local authority provides or arranges your care services, you may be asked to contribute towards the cost of care at home or in a care home, depending on your personal circumstances.

Financial assessment

To determine whether you will need to contribute towards the cost of your support, the council will conduct a financial assessment. This will look at your capital, savings and income. Most people are likely to have to contribute something towards the cost of their care. The value of your home is included as part of your capital in this assessment if you are moving into residential care, except in limited circumstances. It is not included if you are receiving care in your own home.

If you choose not to have a financial assessment, you will be responsible for paying the full cost of your care and support. If you have capital and savings of less than £14,250, you may be asked to contribute part of your income and the local authority may meet the shortfall.

If you have capital and savings of between £14,250 and £23,250, you are likely to have to contribute towards the cost of your care. You may need to contribute part of your income, and a sliding scale operates whereby you contribute £1 for each £250 you have in capital and savings above the lower figure.

If your capital and savings amount to more than £23,250, you will likely have to pay the full cost of your care yourself. However, you are still entitled to an assessment of your needs by the council, and you may be able to get some support with funding your care – see page 23.

If you are eligible for support from the council and you are moving into a care home or care home with nursing, you will be given a choice of homes that charge the amount the council would usually pay for someone with your needs. If the home you choose charges a fee in excess of the local authority's funding limit, you will need to find someone else to meet the additional amount. This is often referred to as a 'third party payment' or 'top-up' (explained further on page 56).

Running out of money

If your capital and savings are likely to reduce to £23,250 through payment of care home fees, you must let the council know well in advance. It must undertake an assessment of your circumstances before deciding if it will contribute.

If you become eligible for the council's support with funding your care, and the home you are living in charges more than the council's fee levels, you must find someone to help pay the difference. This is known as a 'top-up' or 'third party payment' – see page 56 for more information. If funds for a top-up are not available, you will need to find accommodation which can meet your needs at the local authority fee level.

Understanding your rights before moving into care is essential. There are several financial products and

specialist companies that may be able to help. It is important to seek independent financial and legal advice before committing yourself to anything. See page 56 for more information.

Non-means-tested support

Some support may be available to you without the council needing to look into your finances.

Benefits
Attendance Allowance and Personal Independence Payments are non-means-tested, non-taxable benefits from the Department for Work and Pensions. There are different rates depending on the level of your needs. Everyone who needs care should consider claiming these benefits.

You cannot usually get Attendance Allowance if you live in a care home and your care is paid for by your local authority. You can still claim Attendance Allowance if you pay for all your care home costs yourself.

If you are entitled to the mobility component of Personal Independence Payment, this payment will not stop once you are in a care home and is not included in your financial assessment. You may also want to consider applying for Universal Credit (if you are under pension age) or Pension Credit (if you are over pension age).

NHS Continuing Healthcare
NHS Continuing Healthcare is fully funded care and support, provided and paid for by the NHS. To be eligible, your needs must be primarily health related and are likely to be severe. If you are eligible for NHS Continuing Healthcare, you can receive the services in any setting, including your own home or in a care home. The NHS will pay if you need healthcare from a community nurse or a therapist as well as personal care to help you at home.

Self-funding your care

Paying for care can be an expensive and long-term commitment, so the council strongly recommends that you seek specialist information and advice before entering into any arrangements. It is important that you seek specialist advice from appropriately qualified and regulated financial advisers – see page 56 for suggested contacts.

Twelve-week property disregard
If your former home is included in your financial assessment but your other capital and savings are less than £23,250, and your income is not enough to meet your care home fees, the council may share the cost of the first 12 weeks of permanent care, provided it agrees that care is needed.

Deferred Payment Agreements
After the twelve-week property disregard period, you may be offered a Deferred Payment Agreement. This allows you to delay selling your former home during your lifetime. Any fees paid by the council will be charged against the value of your home and must be repaid once the house is sold or from your estate. Interest is payable throughout the period of the loan and there is also a one-off fee to join the scheme, which covers all legal and administrative costs for the lifetime of the loan. The council may limit the amount of the loan, depending on the equity in your property.

NHS Nursing Care Contribution
Whether you are a temporary or permanent resident, if you live in a care home that provides nursing care, you may be entitled to a non-means-tested Registered Nursing Care Contribution (sometimes referred to as Funded Nursing Care) towards the cost of your nursing care. This is paid directly to the home.



Third party payments

If you are eligible for the council's support, you will be offered a choice of homes that meet the local authority's funding rates. If you decide to live in a more expensive home and someone is able to make an additional payment for you, they will have to pay the local authority the difference between its rate and the amount the home charges. This additional payment is called a 'top-up' or 'third party payment'.

You are not allowed to make this additional payment yourself, except in limited circumstances, so the responsibility usually falls to a family member, friend or charity.

Before anyone agrees to pay your additional non-care charge (top-up), they should be aware that the amount may increase, usually once a year, and they need to be confident that they can sustain the payments for as long as they are required. They will need to sign a contract with the council to confirm that they are able to do this. If the additional payments stop being paid for any reason, then you should seek help and advice from your council or advocate. You may have to move to a cheaper home within the local authority's funding levels.

If you are already resident in a care home, and no additional non-care charge (top-up) was required at the time you became a resident, the home may seek to introduce one at a later date, which would need to be agreed first with the local authority. This may happen if a change to your arrangements is made at your request or with your agreement, for example if you move to a nicer room.

It is important to note that councils have a duty to offer you a place at a home that accepts their funding rates. If no such place is available, an additional non-care charge (top-up) should not be charged.

Seeking financial advice

Planning for your future care and support needs can be complicated and funding care can be expensive. Professional advice may be helpful in enabling you (and your family) to identify the most suitable and cost-effective solution.

Everyone is encouraged to seek unbiased, expert advice from independent financial advisers to help work out how to pay for long-term care. Independent financial advisers are regulated by the Financial Conduct Authority (FCA) and must take shared responsibility for the suitability of any product they recommend.

Unlike advisers who are tied to particular providers, specialist care-fees advisers can offer advice on products from across the whole market. A list of independent financial advisers who are accredited by the Society of Later Life Advisers can be found at **www.societyoflaterlifeadvisers.co.uk** or you can call **0333 202 0454**.

There are also several organisations that will provide free advice about funding care and support. These are a good place to start if you are looking for information and want to see what sort of options are available.

Age UK
Tel: **0800 055 6112**
Web: **www.ageuk.org.uk/moneymatters**

Citizens Advice
Web: **www.citizensadvice.org.uk**

Money Helper
Tel: **0800 138 7777**
Web: **www.moneyhelper.org.uk**



Important information

Finding care in your area

Looking for care in your area? Want to know the quality rating of providers you're considering? Care Choices, publisher of this Directory, has a website providing comprehensive details of care providers as well as essential information.

You can search by postcode, county or region for care homes, care homes with nursing and home care providers that meet your needs across the country.

Your search can be refined by the type of care you are looking for and the results can be emailed to you. They can also be saved and emailed to others.

The website includes detailed information for each care provider, including the address, phone number and the service's latest CQC inspection report and rating (see page 58), indicating the quality of care provided.

You can also view an electronic version of this Directory on the site and have it read to you by using the 'Recite Me' function.
Visit **www.carechoices.co.uk**

How solicitors can help

A solicitor can give you impartial advice about wills, gifts, estate planning and powers of attorney. Some can also offer guidance on immediate and long-term care plans, ensuring (if applicable) the NHS has made the correct contribution to your fees.

Lasting Powers of Attorney (LPAs) allow you to appoint someone you trust to make decisions about your personal welfare, including healthcare and consent to medical treatment, and/or your property and financial affairs. An LPA is only valid once registered with the Office of the Public Guardian. It allows a person of your choice to make decisions on your behalf at a time when you may be unable to do so.

The Court of Protection can issue Orders directing the management of a person's property and financial affairs if they are incapable of managing their own affairs and should they not have an LPA. The Court procedure is presently very slow, and the fees are quite expensive, so preparing an LPA is always advisable, providing you have somebody sufficiently trustworthy to appoint as your attorney.

An 'advance directive' allows you to communicate your wishes in respect of future medical treatment, but it is not legally binding. You may instead wish to make a living will, properly known as an 'advance decision', setting out treatment that you do not want to receive in specified circumstances, which would legally have to be followed, even if you die as a result.

Any proposed gift out of your estate needs careful consideration of the benefits, risks and implications, particularly on any future liability for care costs or tax liability.

If you don't have your own solicitor, ask family or friends for their recommendations. Contact several firms, explain your situation and ask for an estimate of cost and an idea of timescales involved. Many firms will make home visits if necessary and will adapt their communications to meet your needs. It's important to find a solicitor who specialises in this area of the law. Citizens Advice offers an advice service and will be able to recommend solicitors in your area. Visit **www.citizensadvice.org.uk**

Comments, compliments and complaints

You should feel able to complain about any aspect of your support that affects your happiness or comfort. This might be anything from the way you are treated by staff to the quality of the food you are served. You should also feel free to make comments and suggestions about possible improvements to your surroundings and the services provided.

➔ Making a complaint should not be made difficult for you and should not affect the standard of care that you receive whether in your own home or in a care home or care home with nursing. Care services are required under national essential standards of quality and safety to have a simple and easy-to-use complaints procedure.

If you are concerned about the care that you, a friend or a relative are receiving, it makes sense to speak to the manager of the service about your concerns before you take any further action. The problem may be resolved quite easily once they are made aware of it. However, if you need to make a formal complaint, you should initially contact the registered owners of the service. They have a duty to respond to any complaints made.

If you have a complaint about a breach of regulations, contact your local office of the Care Quality Commission (see below for more information about the CQC).

If your local authority has arranged and funded a place for you in a care home or has contributed to a home care service, another option is to speak to your social care department. Call **0113 222 4405**, email **Complaints.SOCS@leeds.gov.uk** or write to The Complaints Manager, Leeds City Council, Adults and Health Complaints, 4th Floor East, Merrion House, 110 Merrion Centre LS2 8BB.

If you have been unable to resolve your complaint, you can contact the Local Government and Social Care Ombudsman (LGSCO) on **0300 061 0614** and ask them to assist you.

The Local Government and Social Care Ombudsman looks at complaints about councils and some other authorities and organisations, including adult social care providers (such as care homes and home care providers). It is a free service, and its job is to investigate complaints in a fair and independent way.

Inspecting and regulating care services

Health and social care services must be registered to show that they meet a set of standards. The Care Quality Commission (CQC) is the independent regulator of health and social care in England. It registers care providers and inspects and rates services. When things go wrong, the CQC can also take action to protect people who use services.

After an inspection of a care home or home care agency, the CQC publishes a report of what it found. The report looks at how well the service meets the CQC's five key questions: Is the service safe? Effective? Caring? Responsive to people's needs? Well led?

Each care home and home care agency will get an overall rating of outstanding, good, requires improvement or inadequate. It will also get ratings for each key question. The ratings mean you can easily see where a service is performing well and where it needs to improve.

It's always a good idea to check inspection reports and ratings when choosing a care service.

You can find reports and ratings on the CQC's website (**www.cqc.org.uk**). Care providers must also display their latest rating at their premises and on their website.

You can also tell the CQC about your experiences of care – good or bad. It can use your information to see where it should inspect next and what to look out for when it does. If you want to share your experience of care, visit **www.cqc.org.uk/share**

Tel: **0300 061 6161**
Email: **enquiries@cqc.org.uk**
Web: **www.cqc.org.uk**
Write to: The Care Quality Commission, Citygate, Gallowgate, Newcastle upon Tyne NE1 4PA



Out-of-county care

You can choose a care home outside your home county. You may want to be closer to friends and family members, or you may want to relocate to another part of the country. If your care home place is state funded, speak to the local authority about who is responsible for your care fees, especially if you choose a care home in another region.

Any home you choose must be suitable for your assessed needs and comply with the paying authority's terms and conditions. You should seek further advice before making your decision.

For help finding care providers in Leeds and other regions, visit **www.carechoices.co.uk**

Protecting vulnerable adults

Vulnerable adults may experience abuse, neglect and worse. A vulnerable adult is a person aged 18 years or over who may be unable to take care of themselves or protect themselves from harm or from being exploited.

What is adult abuse?
Abuse is mistreatment that violates a person's human and civil rights. The abuse can vary, from treating someone with disrespect in a way which significantly affects the person's quality of life to causing actual physical suffering. It can happen anywhere – at home, in a care home or a care home with nursing, a hospital, in the workplace, at a day centre or educational establishment, in supported housing or in the street.

Forms of abuse could be physical, sexual, psychological, emotional or financial. It could also cover the issues of modern slavery, self-neglect and institutional abuse – where the abuse affects more than one person within an organisation and is not addressed by the service's management.

Who might be causing the abuse?
The person who is responsible for the abuse may be known to the person abused and could be:

- a paid care worker or volunteer;
- a health worker, social care or other worker;
- a relative, friend or neighbour;
- another resident or service user;
- an occasional visitor or someone who is providing a service; or
- someone who deliberately exploits vulnerable people.

If you think someone is being abused, call adult social care on **0113 222 4401**. Your concerns will be taken seriously and will receive prompt attention, advice and support. The adult social care team is available Monday, Tuesday, Thursday and Friday, 9.00am to 5.00pm; and Wednesday, 10.00am to 5.00pm. Outside these hours you can:

- call the Emergency Duty Team on **0113 378 0644**, email **edt.ss@leeds.gov.uk**; or
- call the police on **101**, or **999** if it is an emergency.

If the abuse is also a crime, such as assault, racial harassment, rape or theft, you should involve the police to prevent someone else from being abused. If the police are involved, adult social care will work with them to support you.

If you are worried about contacting the police, you can contact adult social care on **0113 222 4401** to talk things over first. If immediate action is needed, dial **999**.

You can also:

- contact the Care Quality Commission (CQC) on **0300 061 6161** if the vulnerable adult is living in a registered care home, care home with nursing or receiving home care services; or
- let a public service professional, such as a social worker, community nurse, GP, probation officer or district nurse, know your concerns. They have responsibilities under the county's adult protection procedure and can advise you about what to do next.

The Disclosure and Barring Service (DBS)

There is a barring system for all those intending to work or working with children and vulnerable adults. This service combines the criminal records checking and barring functions. For disclosure information and services, visit **www.gov.uk/dbs**

Care home owners, home care agencies and employment agencies that supply care workers are required to request checks as part of a range of pre-employment checks, including disclosures from the DBS.

Care providers and suppliers of care workers are also required to refer workers to the DBS where, in their view, the individual has been guilty of misconduct that harmed or placed at risk of harm, a vulnerable adult. People who know they are confirmed on the list but seek employment in care positions will face criminal charges, including possible imprisonment. It is also an offence for an employer or voluntary organisation to knowingly employ a barred person in a regulated activity role.

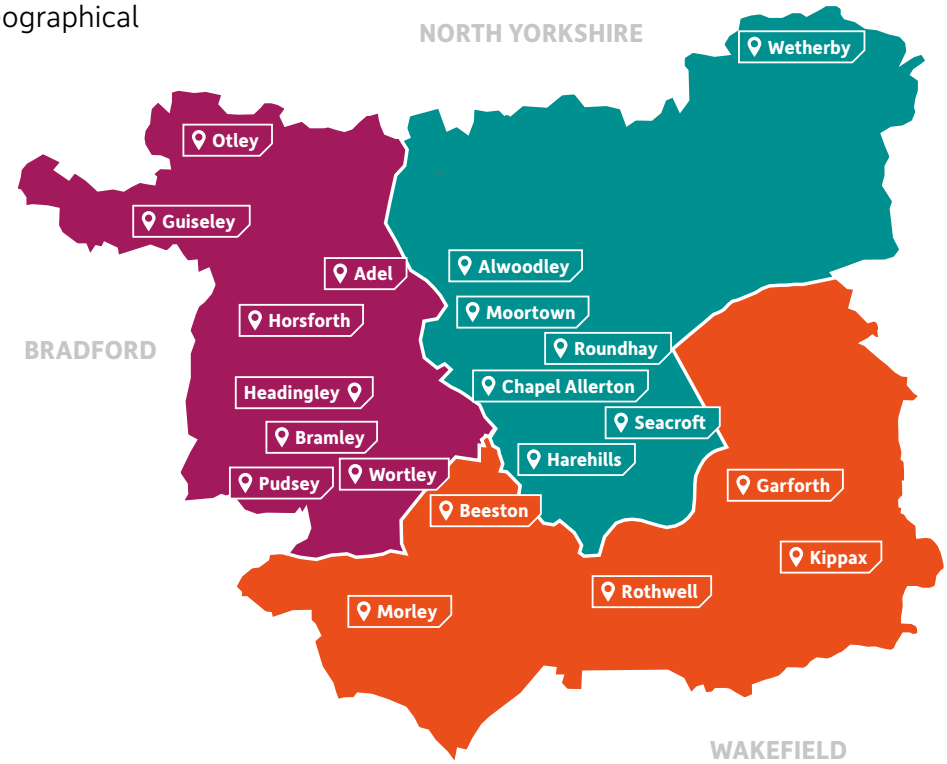




Residential care in Leeds

This Directory is divided into the geographical areas listed on this map.

Home care providers can be found beginning on page 25.



East/North East	**61**
West/North West	**67**
South/East	**71**

East/North East Leeds care homes

Adrian House – Leeds
15-17 Spencer Place, Leeds LS7 4DQ
Tel: 0113 249 0341
OP LDA

Berkeley Court
Chatsworth Road, Harehills, Leeds LS8 3QJ
Tel: 0113 350 9971 **Advert page 48**
OP D YA

Carr Croft Care Home
Stainbeck Lane, Chapel Allerton, Leeds LS7 2PS
Tel: 0113 278 2220
OP D

Copperfields
Cross Green Lane, East End Park, Leeds LS9 0BA
Tel: 0113 531 2200
OP D PD MH YA

Cranmer Court
Cranmer Bank, Leeds LS17 5LD
Tel: 0113 237 0024
OP PD LDA SI

Cranmer Scheme
Lynda Cohen House, 1 Cranmer Road,
Leeds LS17 5PX
Tel: 0113 237 1052
D LDA

Dyneley House LCA
10 Allerton Hill, Chapel Allerton, Leeds LS7 3QB
Tel: 0113 268 1812
OP

Errol House
155 High Street, Boston Spa, Wetherby LS23 6BH
Tel: 01937 849392
PD LDA YA

Harewood Court Nursing Home
89 Harehills Lane, Chapel Allerton,
Leeds LS7 4HA
Tel: 0113 226 9380
OP D PD YA

House of Light
13 Allerton Park, Leeds LS7 4ND
Tel: 0113 268 1480
LDA

Leeds Jewish Welfare Board – 248 Lidgett Lane
Leeds LS17 6QH
Tel: 0113 268 1542
LDA

Millcroft House
Moresdale Lane, Seacroft, Leeds LS14 6TJ
Tel: 07494 078127
OP MH YA

Service User Bands	**OP** Older people (65+)	**D** Dementia	**PD** Physical disability	**LDA** Learning disability, autism
	MH Mental health	**SI** Sensory impairment	**YA** Younger adults	**AD** People who misuse alcohol or drugs

LCA Leeds Care Association member – see page 7 | **Advertisers are highlighted**



Windsor Court Luxury Care Home

Residential and dementia care

Feel part of a friendly new community ...

With exceptional standards of 24 hour residential and dementia care and all inclusive fees, Windsor Court makes a real difference to the lives of our residents, assisting them to remain independent and ensuring they enjoy an active lifestyle with likeminded people.

Expect more ...

- ✓ Purpose built homes with spacious, en-suite bedrooms and plenty of social areas
- ✓ All inclusive fees for complete peace of mind
- ✓ Full and varied daily programme of activities
- ✓ Nutritious food, daily laundry and housekeeping

Other Ideal Carehomes to Consider in West Yorkshire



Ashworth Grange
Dewsbury WF13 2SU
01924 869 970



Hepworth House
Wakefield WF3 4NG
01924 973 699



Lydgate Lodge
Batley WF17 6EZ
01924 355 020



Newfield Lodge
Castleford WF10 4BJ
01977 524 267

Windsor Court Care Home

01937 586 651

Sandbeck Way, Wetherby, LS22 7DN
windsor.court@idealcarehomes.co.uk | idealcarehomes.co.uk

ideal carehomes

East/North East Leeds care homes continued

Neville House
12 Montreal Avenue, Chapel Allerton, Leeds LS7 4LF
Tel: 0113 262 9764
OP

Oak Tree Lodge
Foundry Approach, Gipton, Leeds LS9 6BT
Tel: 0113 249 1583
OP D YA

Oakhaven Care Home
213 Oakwood Lane, Leeds LS8 2PE
Tel: 0113 240 2894
OP D PD

Osman House
48 Station Road, Scholes, Leeds LS15 4BT
Tel: 0113 887 9765
OP PD MH YA

Paceys, The
1 Wakefield Road, Swillington, Leeds LS26 8DT
Tel: 0113 286 3050
PD LDA YA

RecoveryHub@EastLeeds
Seacroft Green, Seacroft, Leeds LS14 6JL
Tel: 0113 378 2203
OP D

Roundhay Wood Apartments
51-53 Gledhow Wood Road,
Roundhay, Leeds LS8 4DG
Tel: 01977 329623
LDA MH YA

Scott Hall Grove
83-85 Scott Hall Grove, Potternewton,
Leeds LS7 3HJ
Tel: 0113 262 6025
OP PD LDA MH SI YA AD

Springfield LCA
1 Lowther Avenue, Garforth, Leeds LS25 1EP
Tel: 0113 286 3415
OP D MH YA

St Anne's Community Services
– Cherry Tree Dispersed
71 Hallfield Lane, Wetherby LS22 6JS
Tel: 01937 586723
LDA

Terry Yorath House
18 Devonshire Close,
Roundhay, Leeds LS8 1BF
Tel: 0113 266 2445
OP PD LDA YA

United Response
– 2a St Alban's Close
Harehills, Leeds LS9 6LE
Tel: 0113 240 1837
PD LDA

Wharfedale House
– Care Home Physical Disabilities
16 Wharfedale Lawns, Wetherby LS22 6PU
Tel: 01937 585667
OP PD YA

Windsor Court
Sandbeck Way, Wetherby LS22 7DN
Tel: 01937 586651 **Advert page 62**
OP D

Wykebeck Court Bupa Care Home
543 York Road, Leeds LS9 6NH
Tel: 0113 5119688 **Advert page 64**
OP D YA

East/North East Leeds care homes with nursing

Aberford Hall LCA
Oakwood Green, Roundhay, Leeds LS8 2QU
Tel: 0113 232 3225
OP YA

Ashfield Nursing and Residential Home LCA
3 Ashfield, Wetherby,
Leeds LS22 7TF
Tel: 01937 584724
OP

Brandon House
Tongue Lane, Meanwood,
Leeds LS6 4QD
Tel: 0113 278 7103
OP D PD SI

Elmwood Bupa Care Home
3 Wetherby Road, Oakwood,
Leeds LS8 2JU **Advert page 64**
Tel: 0113 5116752
OP

Embracing Independent Lifestyles (EIL)
– Thorn Mount Nursing Home
Thorn Mount, Leeds LS8 3LR
Tel: 0113 320 2937
OP D MH YA AD

Gledhow
145 & 147 Brackenwood Road, Gledhow,
Leeds LS8 1SF
Tel: 0113 288 8805
OP D

Service User Bands	OP Older people (65+)	D Dementia	PD Physical disability	LDA Learning disability, autism
	MH Mental health	SI Sensory impairment	YA Younger adults	AD People who misuse alcohol or drugs

LCA Leeds Care Association member – see page 7 **Advertisers are highlighted**



Safety Promise

We follow strict UK infection control standards. Roll out available vaccines. Carry out regular tests and make sure our team always have PPE. **That's our Safety Promise you can rely on.**

Bupa

Your local Bupa care homes in Leeds

We're here to help make your search for a care home easier. In our homes, you can expect a safe and welcoming environment. We encourage independence, while also offering a helping hand. We offer a range of sociable activities and really get to know everyone, so you know you have a place to call home.



Elmwood Care Home
Oakwood



Sunnyview House Care Home
Beeston



Wykebeck Court Care Home
Leeds

Call us for advice on care today

0113 511 4951

Lines are open 8am to 6.30pm Monday to Friday, 9am to 12.30pm Saturday. Closed Sunday and bank holidays. We may record or monitor our calls.

Look in listings for further information

☑ All types of funding welcome ☑ No health insurance needed

Q122069 CS 02455

my family our needs

www.myfamilyourneeds.co.uk

For parents and carers of children with additional needs and those who support them.



Harrogate Lodge Care Home is a *happy* place to live

"My Mother was transferred here from an emergency placement at another nursing home. The difference was stark. The staff at Harrogate Lodge were genuinely interested in giving my Mother a personal service and making her stay as fulfilling as they could. The staff are invariably caring and are a credit to the home and their profession." December 2022

Our Care Team offers 24-hour Nursing Dementia Care provided by teams trained in the complexities of looking after those living with dementia.



Call today on: 0113 348 6029

Harrogate Lodge Care Home
25 Harrogate Road, Chapel Allerton,
Leeds, West Yorkshire, LS7 3PD
www.fshc.co.uk/harrogatelodge

Four Seasons Health Care

Harewood Court Nursing Home
89 Harehills Lane, Chapel Allerton,
Leeds LS7 4HA
Tel: 0113 226 9380
OP D PD YA

Harrogate Lodge Care Home
25 Harrogate Road, Chapel Allerton,
Leeds LS7 3PD
Tel: 0113 239 2173
Advert page 64
OP

John Sturrock
Walter Crescent, Richmond Hill,
Leeds LS9 8NG
Tel: 0113 249 1681
OP D MH YA

Kingston Nursing Home
7 Park Crescent, Roundhay, Leeds LS8 1DH
Tel: 0113 266 6520
OP D PD YA

Oakwood Hall
Oakwood Grange Lane, Leeds LS8 2PF
Tel: 0113 235 9079
MH

Park Avenue Care Home
8 Park Avenue, Leeds LS8 2JH
Tel: 0113 212 0602
OP D PD LDA MH SI YA

Park Lodge
10 Park Avenue, Roundhay, Leeds LS8 2JH
Tel: 0113 265 9353
OP YA

Sabourn Court Care Home
Oakwood Grove, Leeds LS8 2PA
Tel: 0113 265 8398
OP YA

Seacroft Grange Care Village LCA
The Green, Seacroft,
Leeds LS14 6JL
Tel: 0113 345 2300
OP D PD YA

Seacroft Green Care Village LCA
Seacroft Crescent, Seacroft,
Leeds LS14 6PA
Tel: 0113 426 1230
OP D PD LDA SI YA

St Anne's Community Services – Benedicts
Ashfield, Wetherby LS22 7TF
Tel: 01937 588895
LDA

Wetherby Manor
St James Street,
Wetherby LS22 6RS
Tel: 01914 605219
OP D

Wykebeck Court Bupa Care Home
543 York Road,
Leeds LS9 6NH
Tel: 0113 5119688
Advert page 64
OP D YA



Service User Bands	OP Older people (65+)	D Dementia	PD Physical disability	LDA Learning disability, autism
	MH Mental health	SI Sensory impairment	YA Younger adults	AD People who misuse alcohol or drugs

LCA Leeds Care Association member – see page 7

Advertisers are highlighted



Everyone deserves uncompromising care. That's the passionate belief of the experts in our care home.

That's why you'll find our people are well-trained in a variety of skills. They're dedicated people who want to celebrate life and improve well-being. And it's why support is given with kindness, respect and dignity.

These are the things that mean the most.
And because they matter to you, they matter to us.

COOKRIDGE COURT
BARCHESTER HEALTHCARE

barchester.com/Cookridge
Iveson Rise, Cookridge, Leeds, LS16 6NB

Residential • Dementia • Respite

Call Cookridge Court on 0113 2136 391 to find out how we can help

PARKFIELD HEALTHCARE
NURSING & RESIDENTIAL CARE SERVICES

Adel Grange Residential Home

Adel Grange Close, Leeds LS16 8HX

Inspected and rated Good CareQuality Commission



- Situated in a residential area in Adel, North Leeds
- Family run Care Home established over 30 years
- Providing care for thirty older adults
- Two homes across the Leeds/Bradford area offering Nursing, Residential and Respite Care
- Inter-active Dementia friendly environment with outdoor space and quiet areas

Tel: **0113 261 1288** • Fax: **0113 2674398** • Email: **adelgrange@parkfieldhealthcare.com**

Westfield Manor Nursing Home

43 Westfield Lane, Idle, Bradford BD10 8PY

- Situated in a residential area in Idle, Bradford
- Family run Care Home established over 30 years
- Providing care for twenty five older adults
- Two homes across the region offering Nursing, Residential and Respite Care
- Inter-active Dementia friendly environment with outdoor space and quiet areas



Inspected and rated Good CareQuality Commission

Tel: **01274 610442** • Email: **westfieldmanor@parkfieldhealthcare.com**

parkfieldhealthcare.com

West/North West Leeds care homes

Acacia Court LCA
Crawshall Hill, Pudsey, Leeds LS28 7BW
Tel: 0113 255 9933
OP

Adel Grange Residential Home
Adel Grange Close, Adel,
Leeds LS16 8HX
Tel: 0113 261 1288
Advert page 66
D

Aire View Care Home
29 Broad Lane, Kirkstall,
Leeds LS5 3ED
Tel: 0113 388 5440
Advert page 53
OP D PD

Airedale Care Home LCA
Church Lane, Pudsey, Leeds LS28 7RF
Tel: 0113 257 2138
OP D PD MH SI YA

Alexandra Court Residential Home
333 Spen Lane, West Park, Leeds LS16 5BB
Tel: 0113 274 3661
OP D MH SI

Ashcroft House – Leeds LCA
18 Leeds Road, Bramhope,
Leeds LS16 9BQ
Tel: 0113 284 2822
Advert below right
OP D

Beech Hall
1 Far Fold Lane, Armley,
Leeds LS12 3UE
Tel: 0113 224 4621
Advert pages 6 & 48
OP D

Cookridge Court
Iveson Rise, Lawnswood,
Leeds LS16 6NB
Tel: 0113 2136 391
Advert page 66
OP D PD

Farfield Drive
3a Farfield Drive, Farsley, Leeds LS28 5HN
Tel: 0113 262 6025
OP PD LDA MH SI YA AD

Grove Park Care Home LCA
100 Grove Lane, Headingley,
Leeds LS6 2BG
Tel: 0113 278 9612
Advert page 53
OP D PD MH SI YA

Halcyon Court Care Home
55 Cliffe Road, Headingley,
Leeds LS6 2EZ
Tel: 0113 274 3006
Advert pages 6 & 48
OP D YA

Headingley Hall Care Home LCA
5 Shire Oak Road, Headingley,
Leeds LS6 2DD
Tel: 0113 275 9950 **Advert inside front cover and pages 50 & 51**
OP

Hillcrest Residential Home
12 Hill Top Road, Leeds LS12 3SG
Tel: 0113 263 9002
OP D YA

Hillside House
15 Wood Lane, Headingley, Leeds LS6 2AY
Tel: 0113 278 7401
LDA MH YA

Hutton Manor Care Home
Crawshaw Road, Pudsey LS28 7UB
Tel: 0113 831 4176 **Advert page 46**
OP D PD SI YA

Kirkside House
1 Spen Lane, Kirkstall, Leeds LS5 3EJ
Tel: 0113 278 4131
OP LDA MH YA AD

Kirkside Lodge
1 Spen Lane, Kirkstall, Leeds LS5 3EJ
Tel: 0114 327 8683
LDA MH SI

Kirkstall Court
119-129 Vesper Road, Kirkstall, Leeds LS5 3LJ
Tel: 0113 259 1111
OP D PD YA

Manor House Residential Home
Hall Lane, Old Farnley, Leeds LS12 5HA
Tel: 0113 231 0216
OP

Mineral Cottage Residential Home Ltd
520 Whitehall Road, New Farnley, Leeds LS12 5HZ
Tel: 0113 229 3561
LDA



ASHCROFT HOUSE
Residential Care Home

18 Leeds Road, Bramhope,
Leeds LS16 9BQ
0113 2842822
www.ashcroft-house.co.uk
enquiries@ashcroft-house.co.uk

Our comfortable home is staffed by committed, well trained, well motivated care staff providing quality 24 hour care in a warm, friendly environment.

A varied menu of wholesome home cooked food catering for individual dietary requirements.

We offer a range of regular activities and outings for our residents and there are two lounges and a beautiful conservatory to relax in.

Why not give us a call to arrange a visit and see for yourself if Ashcroft House is the place for you.

Service User Bands	OP Older people (65+)	D Dementia	PD Physical disability	LDA Learning disability, autism
	MH Mental health	SI Sensory impairment	YA Younger adults	AD People who misuse alcohol or drugs

LCA Leeds Care Association member – see page 7 — **Advertisers are highlighted**

Red Court Care Home & The Grove Care Home, Pudsey



Exceptional, Personalised Care.

The Grove Care Home
www.thegrove.org.uk

- Opened in November 2017.
- Unique Courtyard layout.
- 63 En-Suite bedrooms.
- 8 Dayrooms.
- Colourful decor.
- Latest technology.
- Luxurious furnishings.

Red Court Care Home
www.redcourt.org.uk

- Same ownership since opening 38 years ago.
- Always had Good CQC rating.
- 39 bedrooms.
- Elegant building which oozes atmosphere.
- Homely and friendly ambiance.

Both Care Homes are located in the large park-like grounds of Grove House. This historic building, dating from the 18th Century, has been extensively refurbished and includes a **large function room** and **terrace** to be enjoyed by the residents of both Care Homes.









"To all the staff at Red Court, we would like to say thank you for all the exceptional care you have given mum over the last three years. It meant a great deal to us to know that she was safe, happy and well looked after. Thanks also for always supporting us and making us feel so welcome, we really appreciated it".

Tel: 0113 433 3020

Chapeltown, Pudsey, West Yorkshire, LS28 7RZ

West/North West Leeds care homes continued

Olive Lodge
Bedford Court, Broadgate Lane, Horsforth,
Leeds LS18 4EJ
Tel: 0113 259 3800 **OP D PD SI**

Options, The Thicket
West Chevin Road, Otley LS21 3HA
Tel: 01943 851424 **LDA YA**

Outwood, The
12 Outwood Lane, Horsforth, Leeds LS18 4JA
Tel: 0113 258 6144 **LDA MH YA**

Paisley Lodge
Hopton Mews, Armley, Leeds LS12 3UA
Tel: 0113 263 2488 **Advert page 74** **OP**

Primrose Court
Orchard Way, off Oxford Road, Guiseley,
Leeds LS20 9EP
Tel: 01943 875690 **OP D**

Raynel Drive
9 Raynel Drive, Cookridge, Leeds LS16 6BS
Tel: 0113 262 6025 **OP PD LDA MH SI YA AD**

RecoveryHub@NorthWestLeeds
Silver Lane Surgery, 1 Suffolk Court, Silver Lane,
Yeadon, Leeds LS19 7JN
Tel: 0113 378 3128 **OP D PD MH SI YA**

Red Court Care Home & The Grove Care Home – Pudsey
Chapeltown, Pudsey, Leeds LS28 7RZ
Tel: 0113 433 3020 **Advert page 68** **OP D**

Rievaulx House Care Centre LCA
Thornhill Road, Wortley, Leeds LS12 4LL
Tel: 0113 220 5000 **OP**

Sense – 1 Ashley Green
Upper Wortley Road, Wortley, Leeds LS12 4LF
Tel: 0113 279 6027 **PD LDA SI**

Sense – 138 Bradford Road
Pudsey, Leeds LS28 6EP
Tel: 0113 239 3142 **PD LDA SI**

Sense – 509 Leeds and Bradford Road
Bramley, Leeds LS13 2AG
Tel: 0113 255 8215 **OP PD LDA SI YA**

Signhealth Constance Way
2 Constance Way, Leicester Place, Leeds LS7 1HX
Tel: 0113 245 7991 **OP MH SI YA**

Simon Marks Court
Lynwood Garth, Lynwood View, Wortley,
Leeds LS12 4BE **Advert page 48**
Tel: 0113 511 7969 **OP D**

Spinney Residential Home, The
21 Armley Grange Drive, Armley,
Leeds LS12 3QH
Tel: 0113 279 2571 **OP**

Spring Gardens
Westbourne Grove, Otley, Leeds LS21 3LJ
Tel: 01943 464497 **OP**

St Anne's Community Services – Cardigan Road
66 Cardigan Road, Leeds LS6 3BJ
Tel: 0113 275 2124 **LDA**

St Anne's Community Services – Croft House
155 Town Street, Leeds LS18 5BL
Tel: 0113 258 0131 **LDA**

Summerfield Court
55b Summerfield Drive, Bramley,
Leeds LS13 1AJ
Tel: 0113 236 2229 **PD MH SI YA AD**

Tealbeck House
Tealbeck Approach, Crow Lane, Otley,
Leeds LS21 1RJ
Tel: 0800 085 4329 **OP D**

West/North West Leeds care homes with nursing

Adel Manor Care Centre
Adel Manor Gardens, Adel,
Leeds LS16 7FP
Tel: 01619 272940 **OP D PD YA**

Champion House – Care Home with Nursing Physical Disabilities
Clara Drive, Calverley, Pudsey LS28 5QP
Tel: 01274 612459 **OP PD YA**

Service User Bands	**OP** Older people (65+)	**D** Dementia	**PD** Physical disability	**LDA** Learning disability, autism
	MH Mental health	**SI** Sensory impairment	**YA** Younger adults	**AD** People who misuse alcohol or drugs

LCA Leeds Care Association member – see page 7 **Advertisers are highlighted**

Charlton Court Nursing Home
477-479 Bradford Road,
Pudsey, Leeds LS28 8ED
Tel: 01274 661242 **OP D PD LDA**

Claremont Care Home
New Street, Farsley LS28 5BF
Tel: 0113 236 0200 **Advert page 4** **OP D YA**

Corinthian House LCA
Green Hill Lane, Upper Wortley,
Leeds LS12 4EZ
Tel: 0113 223 4602 **OP D YA**

Gables Nursing Home, The LCA
231 Swinnow Road, Pudsey LS28 9AP
Tel: 0113 257 0123 **OP D PD**

Ghyll Royd Nursing Home
New Ghyll Royd, Guiseley, Leeds LS20 9LT
Tel: 01943 870720 **Advert below** **OP D**

A Purpose Built Care Home Providing High Quality Care

SPELLMAN CARE



Ghyll Royd Nursing Home

Ghyll Royd Nursing Home is set in a semi-rural area of Guiseley, Otley and Ilkley. The Home accommodates 76 residents across both general nursing, and a dedicated Dementia Care Community.

- 'Good' rating from the CQC (Care Quality Commission)
- Home-cooked meals, cooked on site using local produce and suppliers
- Dedicated activity coordinators
- Family-owned Home with kind and caring staff
- Homely environment, with on-going maintenance and refurbishment

Telephone: 01943 870720
www.spellmancare.co.uk

Kindness | Dignity | Compassion

Green Lane Intermediate Care Centre
Green Lane, New Wortley, Leeds LS12 1JZ
Tel: 0113 231 1755 **OP D PD**

Headingley Nursing Home
15 Cardigan Road, Headingley, Leeds LS6 3AE
Tel: 0113 230 496 **OP D PD YA**

Mount St Joseph – Leeds
Shire Oak Road, Headingley, Leeds LS6 2DE
Tel: 0113 278 4101 **OP**

Owlett Hall
Bradford Road, Drighlington, Bradford BD11 1ED
Tel: 0113 285 9710 **OP D PD YA**

RecoveryHub@NorthWestLeeds
Silver Lane Surgery, 1 Suffolk Court, Silver Lane,
Yeadon, Leeds LS19 7JN
Tel: 0113 378 3128 **OP D PD MH SI YA**

St Anne's Community Services – Rockhaven
57 Batchelor Lane, Leeds LS18 5NF
Tel: 0113 258 4984 **LDA**

St Luke's Care Home
Upper Carr Lane, Calverley, Leeds LS28 5PL
Tel: 0113 256 3547 **D PD MH**

Sunningdale Nursing Home
Town Street, Rawdon, Leeds LS19 6PU
Tel: 0113 250 5003 **OP D**



Service User Bands	**OP** Older people (65+)	**D** Dementia	**PD** Physical disability	**LDA** Learning disability, autism
	MH Mental health	**SI** Sensory impairment	**YA** Younger adults	**AD** People who misuse alcohol or drugs

LCA Leeds Care Association member – see page 7 **Advertisers are highlighted**

South/East Leeds care homes

Alexander Residential Home
Victoria Road, Morley, Leeds LS27 9JJ
Tel: 0113 253 2046
OP D

Ardsley House
55a Royston Hill, East Ardsley,
Wakefield WF3 2HN
Tel: 01924 835220
LDA YA

Augustus Court LCA
Church Gardens, Church Lane, Garforth,
Leeds LS25 1HG
Tel: 0113 385 0000
OP D YA

Carlton House
24 Wakefield Road, Rothwell Haigh,
Leeds LS26 0SF
Tel: 0113 282 7110
LDA YA

Cedars Care Home LCA
Church Side, Methley LS26 9BH
Tel: 01977 512993
OP D MH

Coach House Care Home, The LCA
58 Lidgett Lane, Garforth,
Leeds LS25 1LL
Tel: 0113 232 0884
OP

Cross Heath Grove
2 Cross Heath Grove, Beeston,
Leeds LS11 8UQ
Tel: 0113 271 8194
OP PD LDA MH SI YA AD

Daisy Vale House
Daisy Vale Terrace, Thorpe,
Wakefield WF3 3DS
Tel: 01924 822209
OP LDA YA

Daniel Yorath House
1 Shaw Close, Garforth, Leeds LS25 2HA
Tel: 0113 287 3871
OP YA

Dolphin Lane
1 Dolphin Lane, Thorpe,
Wakefield WF3 3DN
Tel: 01924 872080
LDA YA

Dolphin Manor
Stonebrigg Lane, Rothwell, Leeds LS26 0UD
Tel: 0113 282 4942
OP

Elmet House
2 Northwood Gardens, Colton, Leeds LS15 9HH
Tel: 0113 264 5288
OP D PD MH SI YA

Fairfax Road
19 Fairfax Road, Leeds LS11 8SY
Tel: 0113 277 8842
OP LDA YA

Ferndale Care Home LCA
Britannia Road, Morley,
Leeds LS27 0DW
Tel: 0113 253 3196
OP D YA

Heathcotes (Hembrigg Park)
Bridge Street Close, Morley,
Leeds LS27 0EY
Tel: 0113 253 1544
PD LDA MH SI YA

Heathcotes (Kirklands)
Kirklands, Rooms Lane, Morley,
Leeds LS27 9PA
Tel: 0113 253 3917
PD LDA MH SI YA

Heathcotes (Morley)
Bridge Street Close, Morley, Leeds LS27 0EX
Tel: 0113 252 6406
PD LDA SI YA

Highfield Care Centre
1 Leeds Road, Allerton Bywater,
Castleford WF10 2DY
Tel: 01977 552601 **Advert page 46**
OP

Hollies, The LCA
27 Church Lane, Garforth,
Leeds LS25 1NW
Tel: 0113 287 1808
OP D

Knowle Manor
Tennyson Avenue, Morley, Leeds LS27 8QB
Tel: 0113 253 4740
OP

Larchfield
Joseph Street,
Leeds LS10 2AD
Tel: 0113 277 2284
OP D MH YA

Lofthouse Grange and Lodge
340 Leeds Road, Lofthouse,
Wakefield WF3 3QQ
Advert page 74
Tel: 01924 822272
OP D LDA YA

Service User Bands	**OP** Older people (65+)	**D** Dementia	**PD** Physical disability	**LDA** Learning disability, autism
	MH Mental health	**SI** Sensory impairment	**YA** Younger adults	**AD** People who misuse alcohol or drugs

LCA Leeds Care Association member – see page 7 **Advertisers are highlighted**

Victoria House Care Home







Victoria House is one of the most reputable providers of Residential, Dementia, Transitional and Respite Care for the elderly in the South West of Leeds.

We have a dedicated, experienced and very caring team. The majority of staff have been with us since we opened. All our staff are selected not just for their professional skills but because they have a genuine interest in the welfare of others and are able to relate to older people.

Victoria House specialises in:

- Residential Care
- Dementia Care
- Transitional Care
- Respite Care

All our bedrooms are decorated to a high standard. The bedrooms are all fully furnished with en-suite and are equipped with call systems and TV aerial.

Victoria Care Leeds
Low Grange Crescent, Belle Isle, Leeds, West Yorkshire, LS10 3EB

T: 0113 2708 529

E: jackie@victoriahouseleeds.co.uk

South/East Leeds care homes continued

Meadowbrook Manor LCA
147-149 Wakefield Road, Garforth,
Leeds LS25 1NE
Tel: 0113 232 0054
OP

Morley Manor Residential Home
Brunswick Street, Morley,
Leeds LS27 9DL
Tel: 0113 253 0309
OP D

Nesfield Lodge
45 Nesfield Road, Belle Isle,
Leeds LS10 3LG
Tel: 0113 277 6880
Advert page 74
OP D

Oaklands Residential Home LCA
14 Pinfold Lane, Mickeltown Methley,
Leeds LS26 9AB
Tel: 01977 515451
OP D PD SI YA

Oulton Manor
3 Wakefield Road, Oulton,
Leeds LS26 8EL
Tel: 0113 511 7866
Advert page 6
OP D YA

Springfield House Retirement Home LCA
Springfield Avenue, Morley,
Leeds LS27 9PW
Tel: 0113 252 1969
OP

St Armands Court LCA
25 Church Lane, Garforth,
Leeds LS25 1NW
Tel: 0113 287 1808
OP

St Philips Close
1 St Philips Close, Leeds LS10 3TR
Tel: 0113 277 8069
OP LDA YA

Stone Gables Care Home
Street Lane, Gildersome, Leeds LS27 7HR
Tel: 0113 252 9452
OP D PD SI

UBU – 67 Elland Road
Morley, Leeds LS27 7QS
Tel: 0113 252 6561
OP PD LDA SI

United Response – 14 Lingwell Approach
Middleton, Leeds LS10 4TJ
Tel: 0113 277 8517
PD LDA

Victoria House Residential Home
Low Grange Crescent, Belle Isle,
Leeds LS10 3EB
Tel: 0113 2708 529
Advert page 72
OP D

Wakefield Road
7 Wakefield Road, Garforth,
Leeds LS25 1AN
Tel: 0113 512 6852
LDA MH

Woodhouse Cottage
5 Woodhouse Lane, East Ardsley, Wakefield WF3 2JS
Tel: 01924 824119
LDA YA

Woodhouse Hall
14 Woodhouse Lane, East Ardsley,
Wakefield WF3 2JS
Tel: 01924 870601
OP PD LDA YA

South/East Leeds care homes with nursing

Aspen Hill Village
Church Street, Hunslet, Leeds LS10 2AY
Tel: 0113 277 1042
OP D YA

Atkinson Court Care Home
Ings Road, Cross Green, Leeds LS9 9EJ
Tel: 0113 391 8800
OP D YA

Colton Lodges Care Home LCA
2 Northwood Gardens, Colton,
Leeds LS15 9HH
Tel: 0113 264 5288
OP D

Green Acres Care Home
Rigton Drive, Burmantofts, Leeds LS9 7PY
Tel: 0113 248 3334
OP D YA

Middleton Park Lodge
Acre Close, Middleton,
Leeds LS10 4HT
Tel: 0113 271 2307
Advert page 74
OP PD

Moorleigh Nursing Home
278 Gibson Lane, Kippax, Leeds LS25 7JN
Tel: 0113 286 3247
D PD SI

Service User Bands	OP Older people (65+)	D Dementia	PD Physical disability	LDA Learning disability, autism
	MH Mental health	SI Sensory impairment	YA Younger adults	AD People who misuse alcohol or drugs

LCA Leeds Care Association member – see page 7 | **Advertisers are highlighted**

Orchard Care Homes in *your* Area

ORCHARD™
Care Homes

Nesfield Lodge

Dementia | Respite

Belle Isle, LS10 3LG
Tel: **0113 277 6880**



Paisley Lodge

Residential | Dementia | Respite

Armley, LS12 3UA
Tel: **0113 263 2488**



Lofthouse Grange & Lodge

Residential | Dementia | Respite

Lofthouse, WF3 3QQ
Tel: **01924 822272**



Middleton Park Lodge

Residential | Nursing | Respite

Middleton, LS10 4HX
Tel: **0113 271 2307**



Castleford Lodge

Residential | Nursing | Dementia | Respite

Castleford, WF10 5DF
Tel: **01977 668448**





I have been so impressed with the friendliness, caring attitude and overall professionalism of each and every member of staff. I am leaving here knowing my mom is safe, happy and contented. I cannot thank them enough.

★★★★★ Daughter of resident, Middleton Park Lodge, September 2021
(source: carehome.co.uk)

Call us today to see how we can help with your care needs.
orchardcarehomes.com

Mulgrave House Nursing Home
9-11 Springfield Street, Rothwell,
Leeds LS26 0BD
Tel: 0113 282 1937
OP D PD MH SI

Pennington Court Nursing Home LCA
Hunslet Hall Road, Beeston,
Leeds LS11 6TT
Tel: 0113 228 4040
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OP

Ravensdale
Naburn Walk, Whinmoor,
Leeds LS14 2DA
Tel: 0113 273 9620
OP PD MH YA

RecoveryHub@SouthLeeds
Atha Crescent, Leeds LS11 7DB
Tel: 0113 843 5777
OP D PD MH SI

Sunnyside Nursing Home
41 Marshall Terrace, Crossgates, Leeds LS15 8EA
Tel: 0113 260 2867
OP YA

Sunnyview House Bupa Care Home
Manor Field, Beeston, Leeds LS11 8QB
Tel: 0113 5116863 **Advert page 64**
OP D YA

Willowbank Nursing Home LCA
5-7 Barwick Road, Leeds LS15 8SE
Tel: 0113 264 7924
OP YA



Service User Bands	**OP** Older people (65+)	**D** Dementia	**PD** Physical disability	**LDA** Learning disability, autism
	MH Mental health	**SI** Sensory impairment	**YA** Younger adults	**AD** People who misuse alcohol or drugs

LCA Leeds Care Association member – see page 7 **Advertisers are highlighted**

Useful local contacts

Adult Social Care – Leeds City Council
Tel: **0113 222 4401**
Email: **leedsadults@leeds.gov.uk**
Out-of-hours emergencies: **0113 378 0644**
Web: **www.leeds.gov.uk**

Age UK Leeds
Works across Leeds and the district to support older people to enjoy later life.
Tel: **0113 389 3000**
Email: **info@ageukleeds.org.uk**
Web: **www.ageuk.org.uk/leeds**

Alzheimer's Society – Memory Support Worker Service
Supports people with a diagnosis of dementia, their carers and families, and professionals in health and social care.
Tel: **0113 231 1727**
Email: **leeds@alzheimers.org.uk**

Care and Repair Leeds
Provides services to help older and disabled people on low incomes to live independently. Services include home maintenance and minor repairs, home adaptations, support and advice and living aids.
Tel: **0113 240 6009**
Email: **enquiries@care-repair-leeds.org.uk**
Web: **www.care-repair-leeds.org.uk**

Carers Leeds
Provides support to unpaid adult carers in Leeds. An advice line runs Monday to Thursday, 9.00am to 5.00pm; and Friday, 9.00am to 4.30pm.
6-8 The Headrow LS1 6PT
Tel: **0113 380 4300**
Email: **advice@carersleeds.org.uk**
Web: **www.carersleeds.org.uk**

Citizens Advice Leeds
Provides free, independent advice and information to anyone living or working in the Leeds Metropolitan District and surrounding areas. Advice and information are given on a wide range of subjects, including welfare benefits, debt, housing and employment.
Tel: **0808 278 7878**
Web: **www.citizensadviceleeds.org.uk**

Community Hubs
Quick face-to-face queries can be made on topics such as documentation and ID, housing repairs, employment and library services. For a full list of hubs that are currently open, visit the website below.
Web: **www.leeds.gov.uk/community-hubs**

Feel Good Factor Leeds
Provides activities, projects and services to improve access to health opportunities.
53 Louis Street, Chapeltown LS7 4BP
Tel: **0113 350 4200**
Email: **office@fgfleeds.org**
Web: **www.fgfleeds.org**

Leeds Centre for Integrated Living
Aims to improve quality of life for people with disabilities, remove barriers that restrict choice and control, support people to meet their personal objectives and enable disabled people to develop their abilities and confidence. Can also support people to manage a Direct Payment.
Cartelli House, 2 Arthur Street, Stanningley LS28 6JY
Tel: **0113 231 1125** • Web: **www.leedscil.org.uk**

Leeds Care Association
The member body for care providers in Leeds.
Tel: **0113 287 3490**
Email: **info@leedscare.co.uk**
Web: **www.leedscare.co.uk**

Leeds Directory
An online directory offering information on a wide range of local services. The directory also has an 'activities calendar' which contains information on local groups and events. The directory is supported by a helpline, available Monday to Friday, 9.00am to 5.00pm.
Tel: **0113 378 4610**
Email: **leedsdirectory@leeds.gov.uk**
Web: **www.leedsdirectory.org**

Leeds Money Information Centre
Provides details of all the organisations and charities across Leeds providing free and independent debt advice.
Web: **www.leeds.gov.uk/leedsmic**

Neighbourhood Networks

Community-based, locally led organisations enabling people over 60 to live independently and take an active role within their communities. These groups aim to reduce social isolation, provide opportunities for volunteering, offer information and advice, promote health and wellbeing and improve people's quality of life. Details of your local Neighbourhood Network can be found on the Leeds Directory by searching 'neighbourhood networks' (see page 76).

William Merritt Disabled Living Centre and Mobility

Provides impartial information, advice and assessment on equipment and practical aspects of daily living for disabled people of all ages, their carers, professionals and older people.
Tel: **0113 350 8989**
Email: **info@wmdlc.org**
Web: **www.wmdlc.org**

Useful national contacts

Age UK

Tel: **0800 055 6112**
Web: **www.ageuk.org.uk**

Al-Anon Family Groups

Worried about someone's drinking? Help and hope for families and friends of alcoholics.
Helpline: **0800 008 6811** (10.00am to 10.00pm).
Email: **helpline@al-anonuk.org.uk**
Web: **www.al-anonuk.org.uk**

Alzheimer's Society

Dementia Connect support line: **0333 150 3456**
Monday to Wednesday, 9.00am to 8.00pm; Thursday and Friday, 9.00am to 5.00pm; and Saturday and Sunday, 10.00am to 4.00pm.
Web: **www.alzheimers.org.uk**

Association of Charitable Organisations

A national umbrella body for benevolent charities.
Tel: **0207 255 4480**
Email: **info@aco.uk.net**
Web: **www.aco.uk.net**

British Institute of Learning Disabilities (BILD)

Committed to improving the quality of life for people with a learning disability.
Tel: **0121 415 6960**
Email: **enquiries@bild.org.uk**
Web: **www.bild.org.uk**

Care Choices

Free, independent assistance with finding care providers. Searchable website.
Web: **www.carechoices.co.uk**

Care Quality Commission

Independent regulator of care services in England.
Tel: **0300 061 6161** • Email: **enquiries@cqc.org.uk**
Web: **www.cqc.org.uk**

Carers Trust

Works to improve support, services and recognition for anyone living with the challenges of caring, unpaid, for a family member or friend who is ill, frail, disabled or has mental health or addiction issues.
Tel: **0300 772 9600** • Email: **info@carers.org**
Web: **www.carers.org**

Carers UK

The voice of carers.
Tel: **0808 808 7777** • Email: **advice@carersuk.org**
Web: **www.carersuk.org**

Citizens Advice

Practical, reliable, up-to-date information on a wide range of topics.
Tel: **0800 144 8848**
Web: **www.citizensadvice.org.uk**

Dementia Adventure

Dementia Adventure thinks differently about dementia. It believes that with the right support, everyone with dementia can get outdoors, experience the wellbeing benefits of nature and enjoy more active and fulfilled lives. Dementia Adventure offers supported holidays and dementia training for family and friends, professionals and organisations.
Tel: **01245 237548**
Web: **www.dementiaadventure.org**

Elderly Accommodation Counsel
Helps older people make informed choices about meeting their housing and care needs.
Web: **www.housingcare.org**

Friends of the Elderly
A charity that supports older people who have a range of practical needs.
Tel: **0207 730 8263**
Email: **enquiries@fote.org.uk**
Web: **www.fote.org.uk**

Homecare Association
Professional association of home care providers from the independent, voluntary, not-for-profit and statutory sectors.
Tel: **0208 661 8188**
Email: **helpline@homecareassociation.org.uk**
Web: **www.homecareassociation.org.uk**

Hourglass
Works to protect, and prevent the abuse of, vulnerable older adults.
Helpline: **0808 808 8141**
Web: **www.wearehourglass.org**

Independent Age
Produces a wide range of guides and factsheets for older people, their families and carers.
Tel: **0800 319 6789**
Email: **advice@independentage.org**
Web: **www.independentage.org**

My Family, Our Needs
The lifestyle site for families, carers and practitioners supporting children and young adults with additional needs.
Web: **www.myfamilyourneeds.co.uk**

National Activity Providers Association (NAPA)
Promotes the importance of activities for older people.
Tel: **01494 590421**
Email: **info@napa-activities.co.uk**
Web: **https://napa-activities.co.uk**

National Association of Funeral Directors
Web: **www.nafd.org.uk**

National Society of Allied and Independent Funeral Directors
Web: **www.saif.org.uk**

NHS 111
You should call NHS **111** if you:

- need medical help fast, but it is not a 999 emergency;
- do not know who to call for medical help or you do not have a GP to call; or
- require health information or reassurance about what to do next.

For less urgent health needs, you should still contact your GP in the usual way. The 111 service is also available via 'Typetalk' **18001 111**.

Playlist for Life
A music and dementia charity based in Glasgow and covering the whole of the United Kingdom. Its aim is to ensure everyone living with dementia has access to a personalised playlist and for everyone who cares for them to know how to use it. The charity offers free advice and resources to anyone affected by dementia who could benefit from the power of music. It also provides training for health and social care professionals looking to deliver person-centred care using personalised music.
Tel: **0141 404 0683**
Email: **info@playlistforlife.org.uk**
Web: **www.playlistforlife.org.uk**

Registered Nursing Home Association (RNHA)
Campaigns for high standards in nursing home care.
Tel: **0121 451 1088**
Email: **info@rnha.co.uk**
Web: **http://rnha.co.uk**

Relatives and Residents Association, The
Exists for older people needing, or living in, residential care and the families and friends left behind.
Tel: **0207 359 8136**
Email: **helpline@relres.org**
Web: **www.relres.org**

SANE
Advice on mental health issues.
Tel: **0300 304 7000** (SANEline, open 4.00pm to 10.00pm, 365 days a year).
Email: **support@sane.org.uk**
Web: **www.sane.org.uk**

Silver Line, The
A 24-hour telephone befriending and advice line.
Tel: **0800 470 8090**
Web: **www.thesilverline.org.uk**

Veterans' Gateway
The first point of contact for Armed Forces personnel, veterans and their families seeking information about employability, finances, personal relationships, befriending and more.
Tel: **0808 802 1212**
Web: **www.veteransgateway.org.uk**



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Published by: Care Choices Limited, Valley Court, Lower Road, Croydon, Nr Royston, Hertfordshire SG8 0HF. Tel: 01223 207770.

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HEALTHCARE GROUP

UNITY PLUS LIVE-IN CARE

Round the clock care at home

Providing specialist care and support for young and elderly adults

We cover all of Yorkshire and pride ourselves on delivering bespoke care and support to those with learning disabilities from the comfort of their own home.

Our professional services are uniquely tailored to each individual to ensure they retain their independence for as long as they are able to.

We also provide quality, person-centred elderly care to individuals with dementia and mental health conditions.

Specialist care categories include:

- Dementia
- Learning disabilities
- Mental health conditions
- Physical disabilities
- Sensory impairment

U = Unique
N = Niche
I = Independence
T = Tailored
Y = You ....

Regulated by Care Quality Commission

Tel: **0330 127 1848**
www.unityplus.co.uk
102 Kirkstall Road, Leeds LS3 1JA

Blossom
HOME CARE



PREMIUM, PERSONALISED HOME CARE

Blossom Home Care offers premium home care services that let you carry on being you, on your terms, where you most want to be: in your own home, surrounded by everything that's precious to you.

50 minute minimum care visits

Set visit times - on time, every time

Holistic care plans built around your needs & wishes

App based monitoring system for loved ones

We are a multiple award-winning brand

Blossom Home Care are officially one of the best providers of palliative care nationwide and have won numerous awards for our nurse-led home care services.



If you want to find out more about how our superb carers can help you, please contact us today.

blossomhomecare.co.uk

01234 56789

hello@blossomhomecare.co.uk