

Carers Reference Group
Friday 20th April 2018
BAFF Office, Sugar Mills Business Park, Beeston, Leeds

Present at the meeting Jackie Hartley, Family Carer Louise Mills, Adult Social Care Lynn Bailey, Family Carer and Facilitator Madeleine Fahy, Through The Maze Shirley Evison, Family Carer Yvonne Ugarte, Family Carer Kausar Iqbal, Family Carer	Guests Luke Beaumont, Through the Maze Anna-Marie Garbutt, Health For All Apologies Becky Mitchell, Family Carer Maureen Lumb, Family Carer Maire Sykes, Family Carer Liz Davis, Family Carer
1.	Welcome and introductions
	Lynn thanked everyone for coming to the meeting and asked everyone to introduce themselves. The group gave a special welcome to Luke, who attended for the Through the Maze agenda item and to Anna-Marie, who is the Bee Together Co-ordinator on the Time to Shine Community Learning Disabilities Project, within Health for All.
2.	Minutes of the extra meeting held 9th February 2018 and matters arising
	The group checked the minutes for errors or omissions. The minutes were agreed as accurate. Matters arising 2.1 • Previous minutes item no. 5 - Emergency support for Carers. Shirley and Kausar stated that they still have the Housing 21 cards and wondered when their records will be transferred to the new scheme. Action: Louise to contact Ian Brooke-Mawson for advice. 2.2 • Previous minutes item no. 6 - Being Me Project Group – Carers briefly discussed who could attend on behalf of the group. As the carers already attend a lot of meetings, taking on any more commitments needs careful consideration and will be discussed later. There followed a brief conversation about expanding the carers reference group and whether new members would be able to attend other meetings and provide feedback. This will be discussed later.
3.	Future agenda planning
	Louise asked Carers to suggest future agenda items. The following items/guest speakers were added to the list: Respite – what is the current situation, especially around emergency respite and for pre-planned essential hospital treatment

	• Dental treatment – how many dental surgeries have easy read documents – this item could be discussed at the health task group • Dignity – example; person given bottle for hot drink • Medication – over prescribing risperidone • Overeating – what is being done to support people with learning disabilities make healthier choices • Family planning and maternity advice for people with learning disabilities • Dying Matters – people with learning disabilities should be supported to discuss their wishes, especially around cultural beliefs. Click here for details of a free event in May. • Invite Projects Manager, Women's Health Matters • CAB (Kate) to talk about minimum earnings for people with learning disabilities
4.	Through the Maze
4.1	Madeleine handed out copies of the Leeds learning disabilities week timetable of events, which is also on the website. Click here for the link.
4.2	Luke helped members load the Through the Maze app. onto their mobiles (for those who requested it). The app. has a useful diary of events– it is important to remember that event organisers must keep Through the Maze informed of any changes and people must check details with the event organiser, before attending an event.
4.3	The Carer's page on the website was updated a few years ago and carers were asked to see if anything needed changing. There was also a discussion about how external partners could contact carers if they wanted to ask for advice. It was agreed that Lynn and Louise's email addresses would be added to the website and they would contact carers, if anyone wanted to contact them. Actions: Luke to update the website.
4.4	Louise talked about some of the videos made by and including people with learning disabilities and queried whether they could be added to the website. These could be used in raising awareness of learning disability and family carer matters. Action: Luke to look into this. Update: Luke added two videos to the website: Click here to see the Travel Training video. See Any other Business for the second video.
4.5	Through the Maze provide sign posting support to the Learning Disabilities Care Management Team and this has received a lot of positive feedback.
5.	Any other business or news
5.1	Jackie shared the great news that Kelly had won a gold in the gymnastics competition. Carers were pleased to hear about this and it was agreed that a Good News Update would be added to all future meeting agendas.
5.2	Feel Good scheme – Women's Health Matters run a city wide health and well-being education course for women with learning disabilities.

5.3	The next Partnership Board meeting is on 19th June and will be a shared event to include the Peoples Parliament and Being Me Strategy launch. Carers talked about having a slot on the agenda. This item to be discussed later to finalise who would like to present and what they would like to say. Action: Louise to ensure this is added to the agenda.
5.4	Attendees at the Health Task Group meeting heard about the Health Facilitation Scheme (from Leeds and York NHS Foundation Trust) – the team are working with GPs to improve access to health services and accessible information.
5.5	Mia: Daughters of Fortune at Live Art Bistro. This is a Mind the Gap production, performed by four learning-disabled artists. Fri 27 - Sat 28 Apr 2018. Details on Through the Maze.
5.6	At the Tenfold meeting 19th April, there was an announcement that Leeds Mencap and Carers Leeds are to jointly host a monthly Carer's meeting at The Vinery. Reference Group members suggested inviting Carers Leeds, (Elaine – LD lead), to join this group. Action: Louise to contact Elaine.
5.7	Being Me Strategy refresh – Kath Lindley and Councillor Ogilvie took the strategy to the Executive Board and received positive feedback and support. You can see the Executive Board video by clicking here
5.8	Bee Together – Anna- Marie Garbutt came to meet the carers and introduced the Bee Together project. It is funded by the Time to Shine Project aimed at reducing isolation in older people with learning disabilities. Anna Marie handed out leaflets and invited everyone to contact her for more information.
Date of next meetings	
	• 8th June 2018 – Carers Reference Group meeting – venue to be confirmed • 19th June 2018- Learning Disability Partnership Board, Peoples Parliament and Strategy launch – Civic Hall • 7th September 2018 – Carers Reference Group meeting • 23rd November 2018 – Carers Reference Group meeting