Learning Disability Partnership Board
Tuesday 25th September 2018
Hillside, Beeston, Leeds
Notes from the meeting

	Who came to the meeting (and signed the attendance list)
	Joint Chairs Councillor Asghar Khan, Chris Charlton and Bernadette Spellman **Elected member** Councillor Sandy Lay **Partnership Board Stewards** Alan Hicks Jonathan Butler
	Learning Disability Peoples Parliament Anne Pliener, Advonet David Norman Annette Probets Ann Shuter Janet Simpson Jon Rudette Robin Lumb Julie Hill
	Tenfold Kath Lindley (and Being Connected – Employment Lead) Madeleine Fahy, Through the Maze Tina Turnbull, People Matters Angela Davies, Tenfold (Forum Central)
	Theme Leads Being Connected – Transport – David Crake Being Connected – Employment – Kath Lindley Being Connected – Being Safe – Mandy Haigh Being Connected – Socialising – Cathy Wintersgill (and Person Centred Planning Lead)

Carers Reference Group
Lynn Bailey, Better Action for Families
Maureen Lumb, Family Carer
Shirley Evison, Family Carer
Jackie Hartley, Family Carer
Kausar Iqbal, Family Carer
Maire Sykes, Family Carer

NHS
Leeds and York Partnership
NHS Foundation Trust

Guest Speaker
Julie Royle Evatt, Health Facilitation Team, Leeds and York NHS Partnership Foundation Trust
Michelle Evans, Health Facilitation Team, Leeds and York NHS Partnership Foundation Trust

Statutory Services
Janet Wright, Head of Service, Adults and Health
Lauren Lewis, (Contracts) Adults and Health
Danielle Mitchell, (Contracts) Adults and Health
Steve Bardsley, Service Delivery Manager, Adults and Health
Jane Flaherty, Department of Work and Pensions

Supporting the Board
Louise Mills, Adults and Health

Who told us they could not come to the meeting

Cllr Keith Wakefield
Liz Davis, Family Carer
Victoria Treddenick, Leeds CCGs
Dr Sam Browning, Leeds
Alison Conyers, Leeds Teaching Hospital Trust
Andrew Garrick, Care Management, Adults and Health
Lynne Collins, Affinity Trust
Max Naismith, Leeds City Council

	Welcome and introductions – Bernadette Spellman, Chris Charlton and Councillor Asghar Khan
 	Bernadette welcomed everyone to the meeting. Chris introduced the new joint chair, Councillor Asghar Khan. Councillor Khan said he was pleased to be the new joint chair. He told us about where he has worked and his current role. He was elected as Councillor in 2011 and in 2018, became Deputy Member for Adults and Health. Councillor Khan welcomed Councillor Sandy Lay to the meeting and thanked the previous joint-chair, Councillor Adam Ogilvie for all his hard work. Chris read out the rules of the meeting and asked if anyone was unhappy about having their photograph taken. No one objected.
 tenfold Awards	**Business and finance update by Janet Wright** Janet talked about some of events that had taken place over the summer, such as the sponsored walk, football, Council Chamber Takeover and Tenfold Awards. These events showed how well different organisations work together. They also showed how much people with learning disabilities enjoy being active, socialising and getting out into the community. Janet also talked about how Leeds spends money on learning disability services. Here are some key points; (all presentations attached with the minutes).

- The Council has always tried to protect the money for learning disability services. Other services have had their money cut.
- Every year, more people will need learning disability services.
- Now, 14% of people being supported by the learning disability Pooled Budget are over the age of 65. When the Pooled Budget started, there weren't any over 65.
- Leeds currently gets £120 million for learning disabilities. Most of the money goes on support packages. Leeds has 5 support packages that cost over £250k a year.
- The money the government have given us won't be enough. We need to spend less money and look at how we can do things differently. Janet would like to hear from anyone with ideas on how we can do this.
- Leeds has already saved £18m by asking providers to work differently.

Council Chamber Takeover Day Pledges – update by Kath Lindley

Lots of important decision makers came to the Takeover Day to listen to people with learning disabilities and hear about the new Being Me strategy.

People with learning disabilities talked about what is important to them and what works well, such as being able to work. Some speakers talked about difficult things such as being bullied and feeling very

lonely. They shared ideas about what people could do to help. Everyone was asked to think about what they could do to make a difference. People said that they were really moved by the speeches. 52 people pledged to help make things better. Here are some of the things they offered to do;

"Work with other providers to promote and develop friendships outside of the home/provider – pooling resources to create more social opportunities" HFT

"Continuing to raise awareness of learning disabilities, autism and reasonable adjustments" Leeds Teaching Hospital Trust

"Work with the Learning Disability Peoples Parliament/Partnership Board to give a voice with the Police through the force's Strategic Independent Advisory Group: West Yorks. Police

"*Create in roads to volunteer with West Yorkshire Police" West Yorkshire Police.*

The Board Members will contact the pledge makers about their offers of support.

After the presentation, People Matters shared the good news that one of the pledge makers, Leeds Teaching Hospital Trust, had offered an apprenticeship to two of their members.

Councillor Khan said the Board is doing some great work and should share the good news with more people. He offered to do this, using his own Twitter account.

Themed Task Group

Each theme leader updated the board on progress.

<u>Being Safe – update from Mandy Haigh</u>

- Leeds People First have been working on the theme until the Task Group is set up. Councillor Ritchie has agreed to Co-Chair the Task Group.

- Members have been doing a performance about Hate and Mate crime at schools. They hope to do one at Leeds University. Anyone interested in seeing the performance can contact Mandy.

- Safe Places Scheme - Members met with Carol Benson and talked about;
    - employing people to quality-check the Safe Places
    - doing a Safe Places trail around Leeds to remind people of where they are
    - finding Safe Places to open on an evening
    - Pryzm Night club wants to become a Safe Place. Members will talk to the manager.
    - Your Health Matters are making an easy read map of the Leeds Safe Places.

Being Connected – Travel update by David Crake

<u>Travel Training</u>

- 130 people have been referred for travel training. 75 people passed the training.

- Rachel Akhtar, an Independent Travel Training Coordinator, is working with the travel team two days a week.

- Easy read travel training leaflets have been developed and sent to all council buildings. They hope more people will be supported to try the

training. For more information people can email travelproject.team@leeds.gov.uk

- In July, there was a big travel event in Leeds market. People were able to try using travel apps. and learn how to get to different places. Lots of people said the 'treasure hunt' activity was good.

Travel Ambassadors

- The 3 travel ambassadors now have ID badges. They have been doing lots of voluntary work and helping people connect with friends. Bernadette is a Travel Ambassador and talked about how she showed people around Leeds and wants to run travel workshops.

Next Steps – the task group will;

- Set up a meeting with all transport services such as buses, taxis and trains to see how they can work together.
- Develop a learning disability travel guide, like the dementia guide
- See if the Travel Ambassadors can be paid for their work

Councillor Khan thanked the group and said their work will help build people's confidence and reduce people feeling lonely.

Being Connected – Employment Task Group – update from Kath Lindley

- The Task Group has a wide range of members with lots of knowledge and ideas.
- They have been looking at the national figures on people with learning disabilities in paid work. They want to find out what is stopping so many people getting jobs.

- People with learning disabilities and their families talked about some of the things that make getting paid work difficult such as
  - not being able to use a bus pass before 9:30
  - the complicated benefits system
  - discrimination at work
  - needing more support at work
- The Task Group want to see more networking between employers and learning disability services and may hold an Employment Fair next year.

Being Connected –Socialising Task Group update by Cathy Wintersgill

Cathy shared some national data:

- 3% of people with learning disabilities live with a partner compared to 70%
- ¾ of young disabled people said they are lonely
- 30% of people with a learning disability spend less than an hour out of their home on a Saturday.

The Task Group have talked about what stops people having a social life and agreed to focus on four main things;

- Accessible information sharing point
- Flexible staff rotas 24/7
- Linking people into their communities
- More inclusive activities at evenings and weekends

They have set up a Facebook group for members to share information about events.

Health Check Flyer

Health update – Julie Royle Evatt and Michelle Evans, Health Facilitation Team, Leeds and York NHS Foundation Trust

Julie and Michelle work with services such as GP practices and health teams, helping them to make reasonable adjustments for people with a learning disability. They came to show the Board the new look "Get Checked Out" website. It is designed to get people with learning disabilities, families and professionals working together to improve health and wellbeing and access to health services.

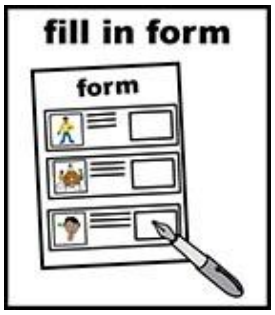
The website contains easy read information about a lot of things such as

- having annual health checks
- going for screening, such as bowel or breast screening
- young people going through transitions
- taking medicine
- preparing for end of life
- learning disability reports and the law

People with learning disabilities should be invited to have a health check every year.

The website reminds health professionals about using reasonable adjustments to make sure that people get the most out of their health appointments.

Members were shown how to use the website and asked for feedback. Julie and Michelle set up an information stall for people to visit at the end of the meeting.



Future meetings – what does the Board want to do?

Janet asked Board Members to talk about how they want future meetings to be organised – do they want to go back to themed meetings or do they have any other ideas. Each member was given a questionnaire to complete and to say whether they would like to host a meeting themselves. The results will be shared later.

Partnership Board Business

- Minutes of the meeting held 19th June were agreed as an accurate record of the meeting.

- Task Group Leads will produce updates to share with Board members 4 times a year. This will mean we have more time at the meetings to talk about other things.

Dates of next meetings

- Tuesday 11th December – Hillside, Beeston
- Tuesday 12th March 2019 – venue to be confirmed