



**A business run by
people with
disabilities,
supported by**



**Interested in becoming a trainee?
You can learn important skills that will help
achieve your goals, whatever they are.
Look inside to find out more!**

Information for Potential Trainees

By becoming a trainee at Nourishing People, you will be in charge of the business, all of it, and supported through every task.

You will gain experience that will help you volunteer or even get a job!

Our trainees run all parts of the business from producing snacks, finding customers, planning routes and delivering sales. You will have a voice in any decisions that are made.

Even this leaflet was made by a trainee!

You will learn what are called 'transferable skills'. These are skills that you will be able to use in every part of your life including paid work!

Some of the skills you will learn are:

Teamwork	Independent Travel
Confidence	Customer Service
Communication Skills	Health and Safety
Maths and English	Money Handling
IT Skills	Workplace Behaviour

Everyone is welcome with us no matter your background or disability.

If you are interested in joining us then our details are on the back of this leaflet.

Information for Support/Family

All trainees will receive regular information, advice and guidance including a one to one meeting with a coordinator on first contact to identify their support needs, expectations and to create a plan moving them towards their employment goals. These will be reviewed regularly with the trainee, their families/carers and other professionals as appropriate throughout their traineeship.

We also offer regular IAG for all of our members

The goal of the program is to give people real world employment experience and prepare them for their individual pathways.

Referrals can be made by contacting us via the information overleaf.

Trainees can attend 1-3 days per week

10.30am to 3.30pm

The Cost per session is £55.00

Funding is available long term, through Leeds Adult Social Services. We can assist with applications to this service.

Short term grant funding places are available with limited spaces.



For further details visit our website at

www.peoplesmattersleeds.co.uk

Email us at

info@peoplesmattersleeds.co.uk

Or call 0113 2346896

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