

Minutes
Carers Reference Group Meeting at Beeston Community Centre
Coffee and a Chat
11th June 2021

In attendance :

Lynn Bailey, Madeleine Fahy, Jackie Hartley, Yvonne Ugarte, Kausar Iqbal, Suzanne Jackson Bailey, Becky Mitchell & Diana Barnes

LB started the meeting and explained the rules about leaving the room, wearing a mask and hand sanitising.

Also everyone was made aware of which door to leave from.

Everyone had had their temperature taken when entering the building in reception.

As there wasn't an agenda, **LB** went around the room to see if anyone had anything specific to talk about or discuss.

SJB & DB – Motorbility and Driving lessons.

LB – Mental Health and lack of resources or for people with learning disabilities.

LB talked about how good that nearly all the Baff groups had started again, the only one was the walking group because transport is still an issue. Everyone understood how difficult it is to travel safely on public transport now especially since the restrictions on the buses and trains have eased. A lot of people are not comfortable about sitting next to people that they do not know.

SJB spoke about she has had a good experience when contacting the Motability team, they gave some good advice about learning to drive and getting a car etc.

LB spoke about the worry of lack of accessible mental health services for people with learning disabilities. As the lockdown continues to ease people's mental health is going to decline and more help is needed. Access to counselling sessions should be available.

Also mentioned was that some peoples DWP payments had been delayed and now people have been asked to spend money rapidly. It was agreed that the DWP should have given an extension as people could not spend their money last year as a lot of people were not leaving their own houses.

LB spoke about a recent meeting with LIPPY about adults with learning disabilities and carers making a video about death and grief. The video will either be on YOUTUBE, Facebook or just for your own personal use. More details to follow when LB gets them.

LB announced that Stacy Atkinson was the new Chairperson of Baff, Paul Broadbent the Treasurer and Jackie Hartley was the secretary.

LB explained to everyone that she has been in meetings with Claire Nixon from Advonet to talk about a joint Ribby Hall weekend.

LB also confirmed that there would also be the Ribby Hall event for Carers in February.

LB suggested that the next meeting would be in about 8 weeks' time and hopefully back at Beeston Community Centre rather than on zoom. LB will try and contact Rosie Boardman to talk about the Carers Reference Group and the Partnership Board.

Actions MF to send YU reasonable adjustment leaflet about Covid vaccine.