

Being Me Strategy (2018-2021)



Theme Progress Update

Theme: Being Well **Date:** 15th September 2023 10.30 – 12.30

Attendees:

Co-Chair Ian Buttery

Co-Chair Victoria Treddenick Senior Pathway Integration Manager (ICB)

Lucy Insam Public Health Team (LCC)

Andrew Walker Service Manager (Linking Leeds)

Emma Jackson Patient Engagement Team (LCH)

Holly Larkin (LYPFT)

Lisa Smith Learning Disability Lead (LCH)

Alison Conyers Learning Disability Lead (LTHT)

Kayley Bennett–Whitmore and the Health Group at (Leep1)

Yesrab Jumma – Commissioning Team (LCC)

Matt Bellbrough – Community Partner, Leeds (Mencap).

Audrey Okyere-Fosu - Project Manager for Health Equality & LeDeR Leeds (ICB)

Dominique Burley – Senior Development Worker for Learning Disabilities (Forum Central)

Amy Hirst – Facilitator (LYPFT)

Christina Billingham – notes and administration support (ICB)



action plan

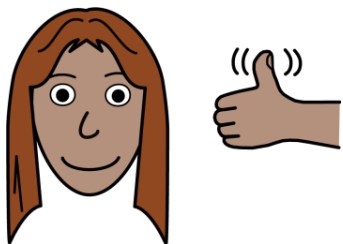


Action Tracker

Action:	Update:	Who:
Invite Kiran Patel (Long Covid Team) to "What's on Your Mind" meeting.	Ellie to invite Kiran Patel to "What's on Your Mind" when the "Asking You" workplan list is more established. Updates to follow in due course as work progresses. Ellie has left the group check if Jimmy Knott will be able to follow up in future.	
Task and finish group to produce easy read right care right place document for Leeds	Keep on tracker for update. Victoria to check progress and re-circulate asking people to email any comments to Alison Conyers. Complete	Alison Conyers Victoria Treddenick
Dementia Training link and presentation to be shared with meeting group.	Dominique will let the group know when the Dementia training can be brought back.	Dominique Burley
Share Easy Read booklets about sugar and carbohydrates to link in with Diabetes resource	Julie to check if there is any information uploaded on the Diabetes website. Victoria to contact Nina about the booklets if they are not available.	Julie Royal-Evatt Victoria Treddenick/ Nina Davies

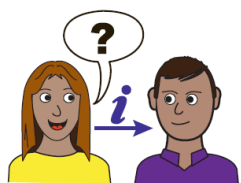
	Julie shared a link to all the documents for the diabetes part of the website. https://www.learningdisabilityservice-leeds.nhs.uk/get-checked-out/resources/your-health/my-health-a-z/diabetes/	
Link Diabetes information with Cancer Support Team in LCH.	Keep on tracker for update	Lisa Smith
All invited to get in touch about suitable Health and Care Champion representative for Leeds. Link in when Diabetes Champions in place.	Victoria to check with Nina if anyone has been in touch.	All/Nina Davies/Victoria Treddenick
Consider incorporating a visit to one of the low sensory sessions into the Healthy Living Programme.	Victoria has passed on Ian's contact details to Martin to get in touch when they are looking at doing some more sensory work. Keep on tracker for future updates.	Martin Lee/Rachel Brighton
Consider lived experience input for Active Leeds sessions.	Martin has received Ian's contact details and said that he will be in touch when they are looking at doing some more sensory work. Keep on tracker for future updates.	Martin Lee
Share flyer about Feel Good Friday's to let people know sessions are available	Hazel to forward flyer to Victoria.	Hazel Bailey/Victoria Treddenick
Share "Winter Action Group" communication	To follow	Rachel Brighton/Victoria Treddenick
Julie Royle-Evatt's to put Long Covid leaflet in Primary Care Bulletin so GPs are aware. Information includes support with discussion in GP appointment and referral details.	Julie shared link to Long Covid documents. https://www.learningdisabilityservice-leeds.nhs.uk/get-checked-out/resources/your-health/my-health-a-z/long-covid/	Julie Royle-Evatt's

Being Well Café at Hamara Poster and dates will be shared with the group. Share with people who attend your groups/services	Julie to share a poster with Victoria. Julie to add Victoria to the circulation list.	Julie Royle-Evatt
Share information leaflet for Change Service Work through Heritage funding	Victoria to chase up with Wendy.	Wendy Cork
Appointment letter, look at including a separate map with information about where to go.		Lisa Smith
Share updated version of the appointment letter with the group.		Christina Billingham
Bigger Better Labels, Share a poster with networks when it is published. Amy Hirst to share posters for people to feedback.		Victoria Treddenick Amy Hirst
Covid Vaccinations, Share vaccination information when it is available. Victoria Treddenick and Amy Hirst to link in with Julie Royle-Evatt and Shaun Webster about asking the Involvement Team if they can include Peer Support to talk about their experience around getting the covid vaccination for the Learning Disability Partnership Board October agenda.		Victoria Treddenick

Check if there is anything available about wellbeing in employment for people with Learning Disability and Autism (could be a future topic).		
Look at inviting someone to come to the group and talk about eyes so the group can feed back to the Partnership group.		Victoria Treddenick
	Welcome and introductions. Victoria Treddenick and Ian Buttery Ian Buttery welcomed everyone to the meeting.	
	I am supported to have good health. Reviewing Health Services Lived experience feedback/issues. • Digital Hospital Passports - Alison Conyers The Digital Hospital Passport helps health care staff to be able to access background information so they can support people with Learning Disability in their Hospital and Community appointments. There are two different types of Passports, one is for people with Learning Disability and the other is for Autistic people without a Learning Disability.	

There is a form to complete with some easy read questions designed so that people can choose what information they would like to be included in their Hospital Passport. The form needs to go back to Alison Conyers at LTHT so they can be added to medical records. There is some information in the form about how to return to Alison.

You can find the form here: <https://www.leedsth.nhs.uk/assets/f0d8568d44/learning-disability-health-passport-2023.pdf>



Health Task Group priorities

Learning Disability Partnership Board Strategy Update - Victoria Treddenick

The Strategy document was shared with the agenda it sets out a list of all the themes and services that are being developed for people with Learning Disability and Autism.



Leep1 have been helping to develop some online digital awareness mandatory training for health care staff, feedback from the training is positive because it is raising awareness about how improvements can be made to services.

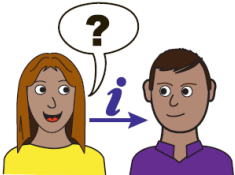


I have good communication with health experts and receive reasonable adjustments when I need them.

Appointment letter - Emma Jackson (LCH)

Information in the letter has been reduced to make communication clearer for people attending their appointments.

Easy Reads can be sent out along with an appointment letter.

	Feedback from the group was about being clear an interpreter can be arranged before the appointment date and making sure the appointment time and date is very clear. It was noted that work is ongoing to develop technology so symbols can be included in future. Action: Lisa Smith to look at including a separate map with information about where to go. Action: Christina Billingham to share the updated version of the letter with the group.
	I have good communication with health experts and receive reasonable adjustments when I need them. Bigger Better Labels update – Shaun Webster and Amy Hirst. Shaun is working on a project about helping people with Learning Disability to be able to understand their medication labels and be more independent. Shaun is linking in with the pharmacy team, testing labels with larger writing, co-designing some posters to show people what support they can get from pharmacy, networking making connections to get articles published in pharmacy magazines. The next stage in the work is about raising awareness if anyone can help, please get in touch. You can watch Shaun’s video here: link to follow. Action: Victoria Treddenick to share a poster with networks when it is published. Action: Amy Hirst to share posters for people to feedback.
	I am supported to access the right services to keep healthy. Annual Health Checks – Victoria Treddenick

Victoria explained people with Learning Disability are entitled to have a physical Annual Health Check at their GP practice to get checked out and ask questions about their health. It is important to let the GP know so they can flag up on their records and send reminders to invite people by text.

Winter Vaccinations – Victoria Teddenick

Flu Vaccinations.

All GP Practices are offering Flu Vaccinations.

Covid Vaccinations

The Health Facilitation Team are working through how to deliver Covid vaccinations.

The Health Facilitation Team can support people with Learning Disability to get their vaccination.

The group suggested that people might need more information to help make the decision to get the Covid vaccination, especially if they have experienced side effects.

Action: Victoria Treddenick will send out the vaccination information to everyone when it is available.

Action: Victoria Treddenick and Amy Hirst to link in with Julie Royle-Evatt and Shaun Webster about asking the Involvement Team if they can include Peer Support to talk about their experience around getting the covid vaccination. Dominique Burley suggested including formal pathway where people can report vaccine side effects.



Learning Disability Partnership Board October agenda

Being Well Theme - what we think is important to include:

- Winter vaccinations
- Annual Health Checks
- Hospital Passport
- Population Board – can anyone support facilitation?

The group suggested having some time on the agenda to talk about why it is important to have Winter Vaccinations and Annual Health Checks and include lived experience feedback. An activity to colour-in a poster could help support with interactive discussions.

Adam Stewart - ICB involvement Team will be speaking about feedback from the workshop involvement report and how it will help set priorities for the Population Boards.

Action: Victoria Treddenick to check if there is anything is available about wellbeing in employment for people with Learning Disability and Autism (could be a future topic).

Action: Victoria Treddenick to look at inviting someone to come to the group and talk about eyes so the group can feed back to the Partnership group.



Any other business

Victoria Treddenick explained the Well Being Group meeting will be hybrid starting from next year so that people can have a choice to join in person or virtually on Teams.

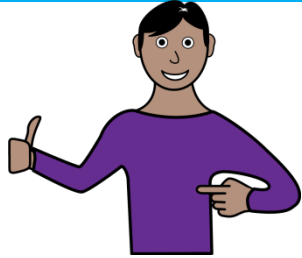
A suitable meeting room has been arranged at Merrion House in Leeds City Centre.

We will start putting on the agenda where the meetings are held so people will know.



Things that are not going well (including actions that cannot be completed):

Actions have been added to the tracker.



How can the Partnership Board help?



Who else (outside the Partnership Board) can help us with these issues?

2023 Meeting dates:

1 December at 10.30 – 12.30

This meeting will be on Teams.

The meetings will be recorded, if you join the meeting, you are giving your consent for the recording.