

WHEELCHAIR SKILLS COURSE



What you will learn

- The wheelchair skills course from Experience Community is designed for wheelchair users of all abilities, from novices to those seeking advanced skills.
- Topics covered include:
 - Appropriate pushing techniques
 - Manoeuvring in tight spaces
 - Navigating through doors
 - Negotiating slopes, steps, and challenging terrain
- The course progresses at a comfortable pace, gradually building confidence and introducing new elements when participants are ready.
- The course is led by disabled staff with lived experience of wheelchair use.
- Non-disabled staff and volunteers will support the course to ensure a safe experience.



When and Where

Fearnville Leisure Centre
Oakwood Lane, Leeds
LS8 3LF

Every Wednesday from 2nd April - 7th May
PM (13:00-15:00) or Eve (18:00-20:00)

Limited spaces, book early to avoid disappointment!

BOOK NOW



07930819943 or 01484841438



info@experiencecommunity.co.uk



WALK IT. RIDE IT.

Fearnville

